

Female 18 to 24

50 Free					Club Rec: :28.08		Belanger, Natalie		1500 Free		Club Rec: 20:08.13		Daigle, Marie-Pier		
Natalie Belanger	24	MONTREAL	06/26/1997	:28.08	Marie-Pier Daigle	20	NATL 2013	05/17/2013	20:08.13	Carley Kenwell	24	NATIONALS	05/16/2008	21:06.02	
Tori Temple	19	PROVINCIAL	03/26/2011	:28.55	Alienor De Steur	24	Gatineau	03/25/2017	21:22.24	Cleo Watt	23	NATL 2011	05/23/2011	22:20.00	
Serena Palmer	22	NATL 2011	05/23/2011	:28.94	Anne Marie Pearce	22	NATIONALS	05/16/2008	22:37.51	Veronique Bezaire	24	TROIS	04/20/2001	22:57.47	
Jacinda Smit	22	NATL 2011	05/23/2011	:28.95	Susie Leamen	24	NATL 2011	05/23/2011	24:45.45	Jasmine Hasselback	20	NATIONALS	05/20/2005	25:05.83	
Kathleen Perron	22	PROVINCIAL	03/26/2011	:29.98	Jean-Phil Lambert Ste	23	QUE PROV	04/13/2012	25:40.80	Jill Tymchak	24	TROIS	04/20/2001	26:54.93	
Chantelle Boduel	20	PROVINCIAL	03/26/2011	:30.11	50 Back					Club Rec: :32.69		Daigle, Marie-Pier			
Marie-Pier Daigle	20	NATL 2013	05/17/2013	:30.21	Marie-Pier Daigle	20	NATL 2013	05/17/2013	:32.69	Kathleen Perron	22	PROVINCIAL	03/26/2011	:32.80	
Marlee Palmer	19	NATL 2011	05/23/2011	:30.25	Tori Temple	19	PROVINCIAL	03/26/2011	:32.99	Natalie Belanger	24	MONTREAL	06/26/1997	:33.03	
Alienor De Steur	23	TECH Dec16	12/04/2016	:30.26	Alienor De Steur	24	CMSC 2017	05/12/2017	:33.58	Jacinda Smit	22	NATL 2011	05/23/2011	:34.28	
Veronique Bezaire	24	TROIS	04/20/2001	:30.29	Jacinda Smit	22	NATL 2011	05/23/2011	:34.28	Alison Miles	19	OntProv'09	03/20/2009	:36.30	
100 Free					Club Rec: 1:03.40		Smit, Jacinda		100 Back		Club Rec: 1:09.36		Daigle, Marie-Pier		
Jacinda Smit	22	NATL 2011	05/23/2011	1:03.40	Marie-Pier Daigle	20	NATL 2013	05/17/2013	1:09.36	Chantelle Boduel	20	PROVINCIAL	03/26/2011	1:09.59	
Natalie Belanger	24	MONTREAL	06/26/1997	1:03.48	Kathleen Perron	22	PROVINCIAL	03/26/2011	1:09.59	Natalie Belanger	24	MONTREAL	06/26/1997	1:10.54	
Marlee Palmer	19	NATL 2011	05/23/2011	1:04.71	Tori Temple	19	PROVINCIAL	03/26/2011	1:11.66	Kathleen Perron	20	OntProv'09	03/20/2009	1:11.66	
Rachael Shallhorn	24	PROV	03/30/2012	1:04.85	Alienor De Steur	24	CMSC 2017	05/12/2017	1:12.92	Jacinda Smit	22	NATL 2011	05/23/2011	1:12.92	
Tori Temple	19	PROVINCIAL	03/26/2011	1:04.95	Jacinda Smit	22	NATL 2011	05/23/2011	1:12.92	Rachael Shallhorn	24	PROV	03/30/2012	1:14.14	
Marie-Pier Daigle	20	NATL 2013	05/17/2013	1:05.13	Alison Miles	19	OntProv'09	03/20/2009	1:16.41	Alienor De Steur	24	CMSC 2017	05/12/2017	1:14.19	
Serena Palmer	22	NATL 2011	05/23/2011	1:05.54	Isabelle Coda	24	TECHNOSPO	10/19/1996	1:16.54	Tori Temple	19	PROVINCIAL	03/26/2011	1:14.59	
Kathleen Perron	20	OntProv'09	03/20/2009	1:06.36	Jasmine Hasselback	20	NATIONALS	05/20/2005	:37.09	Alison Miles	19	OntProv'09	03/20/2009	1:16.41	
Aleksandra Ostojic	19	NATIONALS	05/15/2009	1:06.52	Anne Marie Pearce	22	NATIONALS	05/16/2008	:37.24	Isabelle Coda	24	ETOBICOKE	04/28/1996	1:16.54	
Eryn Sylvester	24	TECH DEC17	12/03/2017	1:07.34	200 Back					Club Rec: 2:34.34		Smit, Jacinda			
200 Free					Club Rec: 2:15.48		Temple, Tori		200 Back		Club Rec: 2:34.34		Smit, Jacinda		
Tori Temple	19	PROVINCIAL	03/26/2011	2:15.48	Jacinda Smit	22	NATL 2011	05/23/2011	2:34.34	Tori Temple	19	PROVINCIAL	03/26/2011	2:34.55	
Jacinda Smit	22	NATL 2011	05/23/2011	2:19.69	Tori Temple	19	PROVINCIAL	03/26/2011	2:34.55	Marie-Pier Daigle	20	NATL 2013	05/17/2013	2:35.39	
Marlee Palmer	19	NATL 2011	05/23/2011	2:20.54	Marie-Pier Daigle	20	NATL 2013	05/17/2013	2:35.39	Alienor De Steur	24	Tech Feb17	02/05/2017	2:47.27	
Rachael Shallhorn	24	PROV	03/30/2012	2:23.71	Alienor De Steur	24	CMSC 2017	05/12/2017	1:14.19	Anne Marie Pearce	22	NATIONALS	05/16/2008	2:56.27	
Aleksandra Ostojic	19	NATIONALS	05/15/2009	2:28.02	Heidi Ray	24	MONTREAL	06/26/1997	3:02.29	Heidi Ray	24	MONTREAL	06/26/1997	3:02.29	
Holly Hutchings	24	TECH	11/23/2003	2:30.98	Jessica Cawthorn	23	CMSC 2017	05/12/2017	3:03.40	Jessica Cawthorn	23	CMSC 2017	05/12/2017	3:03.40	
Alienor De Steur	24	TECH DEC17	12/03/2017	2:31.13	Maggie Pelyk	19	CMSC 2015	05/18/2015	3:13.23	Maggie Pelyk	19	CMSC 2015	05/18/2015	3:13.23	
Jenny (dob) Scott	24	TECH	03/12/2005	2:31.67	Angele St Louis	20	QUE PROV	04/19/2002	3:23.68	Angele St Louis	20	QUE PROV	04/19/2002	3:23.68	
Veronique Bezaire	24	TROIS	04/20/2001	2:32.08	Jill Tymchak	24	TROIS	04/20/2001	3:58.88	Jill Tymchak	24	TROIS	04/20/2001	3:58.88	
Kathleen Perron	22	PROVINCIAL	03/26/2011	2:33.20	50 Breast					Club Rec: :38.06		Hutchings, Jackie			
400 Free					Club Rec: 5:10.96		Ostojic, Aleksandra		50 Breast		Club Rec: :38.06		Hutchings, Jackie		
Aleksandra Ostojic	19	NATIONALS	05/15/2009	5:10.96	Jackie Hutchings	23	QUE PROV	04/03/2004	:38.06	Serena Palmer	22	NATL 2011	05/23/2011	:38.63	
Alienor De Steur	24	CMSC 2017	05/12/2017	5:21.66	Serena Palmer	22	NATL 2011	05/23/2011	:38.63	Kathleen Perron	22	PROVINCIAL	03/26/2011	:39.60	
Carley Kenwell	24	NATIONALS	05/16/2008	5:22.37	Kathleen Perron	22	PROVINCIAL	03/26/2011	:39.60	Anne Marie Pearce	22	NATIONALS	05/16/2008	:41.24	
Jenn Gilbert	24	HULL	03/22/1997	5:41.87	Anne Marie Pearce	22	NATIONALS	05/16/2008	2:56.27	Alienor De Steur	24	Tech Feb17	02/05/2017	:41.34	
Veronique Bezaire	24	TROIS	04/20/2001	5:42.63	Heidi Ray	24	MONTREAL	06/26/1997	3:02.29	Carley Kenwell	24	NATIONALS	05/16/2008	:42.21	
Cleo Watt	23	NATL 2011	05/23/2011	5:46.62	Jessica Cawthorn	23	CMSC 2017	05/12/2017	3:03.40	Isabelle Coda	24	TECHNOSPO	10/19/1996	:42.99	
Susie Leamen	24	NATL 2011	05/23/2011	5:57.54	Maggie Pelyk	19	CMSC 2015	05/18/2015	3:13.23	Melissa Langevan	21	NATIONALS	05/16/2003	:44.10	
Tiia Bishop	24	QUE PROV	04/21/2006	6:06.78	Angele St Louis	20	QUE PROV	04/19/2002	3:23.68	Cleo Watt	23	NATL 2011	05/23/2011	:44.36	
Jean-Phil Lambert Ste	23	QUE PROV	04/13/2012	6:14.65	Jill Tymchak	24	TROIS	04/20/2001	3:58.88	Stacey Zembrycki	24	TECH	01/19/2002	:44.77	
Angele St Louis	20	QUE PROV	04/19/2002	6:47.33	800 Free					Club Rec: 11:11.40		Kenwell, Carley			
800 Free					Club Rec: 11:11.40		Kenwell, Carley		800 Free		Club Rec: 11:11.40		Kenwell, Carley		
Isabelle Coda	24	TECHNOSPO	02/08/1997	10:27.17	Isabelle Coda	24	TECHNOSPO	02/08/1997	10:27.17	Carley Kenwell	24	NATIONALS	05/16/2008	11:11.40	
Carley Kenwell	24	NATIONALS	05/16/2008	11:11.40	Carley Kenwell	24	NATIONALS	05/16/2008	11:11.40	Alienor De Steur	24	Gatineau	03/25/2017	11:15.52	
Alienor De Steur	24	Gatineau	03/25/2017	11:15.52	Alienor De Steur	24	Gatineau	03/25/2017	11:15.52	Cleo Watt	23	NATL 2011	05/23/2011	11:34.96	
Cleo Watt	23	NATL 2011	05/23/2011	11:34.96	Anne Marie Pearce	22	NATIONALS	05/15/2009	11:54.42	Anne Marie Pearce	23	NATIONALS	05/15/2009	11:54.42	
Anne Marie Pearce	23	NATIONALS	05/15/2009	11:54.42	Justine Schweizer	23	CMSC 2016	05/20/2016	12:07.54	Justine Schweizer	23	CMSC 2016	05/20/2016	12:07.54	
Justine Schweizer	23	CMSC 2016	05/20/2016	12:07.54	Jenn Gilbert	24	MONTREAL	06/26/1997	12:07.85	Jenn Gilbert	24	MONTREAL	06/26/1997	12:07.85	
Jenn Gilbert	24	MONTREAL	06/26/1997	12:07.85	Susie Leamen	24	NATL 2011	05/23/2011	12:36.22	Susie Leamen	24	NATL 2011	05/23/2011	12:36.22	
Susie Leamen	24	NATL 2011	05/23/2011	12:36.22	Jasmine Hasselback	20	NATIONALS	05/20/2005	13:21.66	Jasmine Hasselback	20	NATIONALS	05/20/2005	13:21.66	
Jasmine Hasselback	20	NATIONALS	05/20/2005	13:21.66	Erin Down	24	TECHNOSPO	12/12/1998	13:50.91	Erin Down	24	TECHNOSPO	12/12/1998	13:50.91	
Erin Down	24	TECHNOSPO	12/12/1998	13:50.91	100 Breast					Club Rec: 1:22.23		Hutchings, Jackie			
100 Breast					Club Rec: 1:22.23		Hutchings, Jackie		100 Breast		Club Rec: 1:22.23		Hutchings, Jackie		
Jackie Hutchings	23	TECH	01/17/2004	1:22.23	Jackie Hutchings	23	TECH	01/17/2004	1:22.23	Lauren Manders	21	TECH Apr16	04/17/2016	1:24.71	
Lauren Manders	21	TECH Apr16	04/17/2016	1:24.71	Lauren Manders	21	TECH Apr16	04/17/2016	1:24.71	Holly Hutchings	24	TECH	11/23/2003	1:25.50	
Holly Hutchings	24	TECH	11/23/2003	1:25.50	Holly Hutchings	24	TECH	11/23/2003	1:25.50	Isabelle Coda	24	ETOBICOKE	04/28/1996	1:26.12	
Isabelle Coda	24	ETOBICOKE	04/28/1996	1:26.12	Isabelle Coda	24	ETOBICOKE	04/28/1996	1:26.12						

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Anne Marie Pearce	22	NATIONALS	05/16/2008	1:29.18	Natalie Deschesnes	19	QUE PROV	04/16/2010	2:55.52
Alienor De Steur	24	TECH DEC17	12/03/2017	1:29.55	Jenny (dob) Scott	24	TECH	03/12/2005	2:58.74
Carley Kenwell	24	NATIONALS	05/16/2008	1:29.71	Anne Marie Pearce	23	NATIONALS	05/15/2009	3:02.00
Josee Lemieux	24	Nat99	05/14/1999	1:32.11	400 IM	Club Rec: 5:26.04	Palmer, Marlee		
Melissa Langevan	21	NATIONALS	05/16/2003	1:34.87	Marlee Palmer	19	NATL 2011	05/23/2011	5:26.04
Stacey Zembrycki	24	TECH	01/19/2002	1:35.22	Tori Temple	19	PROVINCIAL	03/26/2011	5:36.11
200 Breast	Club Rec: 2:55.63	Palmer, Marlee			Isabelle Coda	24	ETOBICOKE	04/28/1996	5:39.75
Marlee Palmer	19	NATL 2011	05/23/2011	2:55.63	Alison Miles	19	OntProv'09	03/20/2009	5:47.84
Jackie Hutchings	23	QUE PROV	04/03/2004	2:56.04	Aleksandra Ostojic	19	NATIONALS	05/15/2009	5:49.35
Carley Kenwell	24	NATIONALS	05/16/2008	3:08.67	Lauren Manders	21	TECH Apr16	04/17/2016	5:53.15
Anne Marie Pearce	22	NATIONALS	05/16/2008	3:12.47	Natalie Deschesnes	19	QUE PROV	04/16/2010	6:08.70
Melissa Langevan	21	NATIONALS	05/16/2003	3:23.16	Anne Marie Pearce	23	NATIONALS	05/15/2009	6:21.29
Tiia Bishop	24	QUE PROV	04/21/2006	3:31.01	Justine Schweizer	24	CMSC 2017	05/12/2017	6:31.58
Cleo Watt	23	NATL 2011	05/23/2011	3:36.01					
Jasmine Hasselback	20	NATIONALS	05/20/2005	3:42.26	Female 25 to 29				
Jennifer Marcellus	24	NATL 2013	05/17/2013	3:42.95	25 Free				
Josee Poitras	23	NATL 2013	05/17/2013	3:43.04	Michelle Collette	29	TECH	10/19/2002	:18.85
50 Fly	Club Rec: :30.69	Belanger, Natalie			50 Free	Club Rec: :29.57	Coda, Christiane		
Natalie Belanger	24	MONTREAL	06/26/1997	:30.69	Christiane Coda	29	ETOBICOKE	04/28/1996	:29.57
Marie-Pier Daigle	20	NATL 2013	05/17/2013	:31.97	Stephanie Bigelow	25	NATL 2011	05/23/2011	:29.66
Kathleen Perron	22	PROVINCIAL	03/26/2011	:32.51	Carolyn Blanchard	28	TECH	01/19/2002	:29.83
Aleksandra Ostojic	19	OntProv'09	03/20/2009	:33.92	Lindsay Hugenholz	28	TECH	01/19/2002	:29.96
Alienor De Steur	24	CMSC 2017	05/12/2017	:33.96	Holly Hutchings	26	NATIONALS	05/20/2005	:29.96
Jackie Hutchings	23	TECH	01/17/2004	:34.22	Carina (dob) Waycott	25	PROVI	04/06/2003	:30.08
Isabelle Coda	24	TECHNOSPO	10/19/1996	:34.94	Tenille Hoogland	27	QUE PROV	04/15/2005	:30.12
Lauren Manders	21	TECH Apr16	04/17/2016	:35.19	Christine Moore	25	ETOBICOKE	04/28/1996	:30.66
Veronique Bezaire	24	TROIS	04/20/2001	:36.10	Veronique Bezaire	29	QUE PROV	04/21/2006	:30.67
Alison Miles	19	OntProv'09	03/20/2009	:36.44	Issa Pare	28	QUEBEC	04/22/2007	:30.68
100 Fly	Club Rec: 1:15.57	Ostojic, Aleksandra			100 Free	Club Rec: 1:05.17	Pare, Issa		
Aleksandra Ostojic	19	OntProv'09	03/20/2009	1:15.57	Issa Pare	27	QUE PROV	04/21/2006	1:05.17
Chantelle Boduel	20	PROVINCIAL	03/26/2011	1:16.67	Tenille Hoogland	28	QUE PROV	04/21/2006	1:05.21
Kathleen Perron	20	NATIONALS	05/15/2009	1:18.43	Christine Moore	29	Nat99	05/14/1999	1:05.47
Alison Miles	19	OntProv'09	03/20/2009	1:22.26	Christiane Coda	29	ETOBICOKE	04/28/1996	1:05.69
Natalie Deschesnes	19	QUE PROV	04/16/2010	1:22.54	Holly Hutchings	25	QUE PROV	04/03/2004	1:05.75
Justine Schweizer	24	CMSC 2017	05/12/2017	1:24.24	Lindsay Hugenholz	27	TECH	11/17/2001	1:06.03
200 Fly	Club Rec: 2:42.00	Ostojic, Aleksandra			Veronique Bezaire	25	QUE PROV	04/19/2002	1:06.12
Aleksandra Ostojic	19	NATIONALS	05/15/2009	2:42.00	Carolyn Blanchard	28	TECK	03/16/2002	1:06.47
Chantelle Boduel	20	PROVINCIAL	03/26/2011	2:44.10	Alex Grant	26	TECH	12/10/2011	1:07.09
Tori Temple	19	PROVINCIAL	03/26/2011	2:45.53	Katie Saunders	26	PROVINCIAL	03/26/2011	1:07.58
Alison Miles	19	OntProv'09	03/20/2009	2:57.61	200 Free	Club Rec: 2:19.77	Hoogland, Tenille		
Natalie Deschesnes	19	QUE PROV	04/16/2010	3:05.46	Tenille Hoogland	27	NATIONALS	05/20/2005	2:19.77
100 IM	Club Rec: 1:10.53	Belanger, Natalie			Issa Pare	27	QUE PROV	04/21/2006	2:22.23
Natalie Belanger	24	MONTREAL	06/26/1997	1:10.53	Christine Moore	29	Nat99	05/14/1999	2:24.48
Chantelle Boduel	20	PROVINCIAL	03/26/2011	1:12.91	Holly Hutchings	25	TECH	03/13/2004	2:24.85
Marlee Palmer	19	NATL 2011	05/23/2011	1:13.92	Carolyn Blanchard	28	TECK	03/16/2002	2:26.66
Tori Temple	19	PROVINCIAL	03/26/2011	1:14.48	Lindsay Hugenholz	27	TECH	11/17/2001	2:27.01
Kathleen Perron	22	PROVINCIAL	03/26/2011	1:14.58	Katie Saunders	26	NATL 2011	05/23/2011	2:27.19
Jacinda Smit	22	NATL 2011	05/23/2011	1:14.58	Alex Grant	28	NATL 2013	05/17/2013	2:27.24
Isabelle Coda	24	ETOBICOKE	04/28/1996	1:14.75	Isabelle Coda	27	Nat99	05/14/1999	2:28.88
Serena Palmer	22	NATL 2011	05/23/2011	1:15.79	Cindy Box	26	PROVI	04/06/2003	2:29.58
Jackie Hutchings	23	QUE PROV	04/03/2004	1:15.97	400 Free	Club Rec: 4:47.30	Hoogland, Tenille		
Aleksandra Ostojic	19	NATIONALS	05/15/2009	1:17.30	Tenille Hoogland	28	QUE PROV	04/21/2006	4:47.30
200 IM	Club Rec: 2:33.84	Boduel, Chantelle			Issa Pare	27	QUE PROV	04/21/2006	4:57.92
Chantelle Boduel	20	PROVINCIAL	03/26/2011	2:33.84	Christine Moore	28	ETOBICOKE	03/13/1998	5:00.20
Jacinda Smit	22	NATL 2011	05/23/2011	2:34.39	Holly Hutchings	26	NATIONALS	05/20/2005	5:10.74
Isabelle Coda	24	ETOBICOKE	04/28/1996	2:41.38	Katie Saunders	26	NATL 2011	05/23/2011	5:15.84
Jackie Hutchings	23	QUE PROV	04/03/2004	2:42.63	Cindy Box	26	PROVI	04/06/2003	5:16.58
Aleksandra Ostojic	19	NATIONALS	05/15/2009	2:45.38	Jenn Nichols	26	ETOBICOKE	04/28/1996	5:19.13
Marie-Pier Daigle	20	NATL 2013	05/17/2013	2:45.85	Alex Grant	26	NATL 2011	05/23/2011	5:23.59
Holly Hutchings	24	TECH	11/23/2003	2:46.44	Veronique Bezaire	29	QUE PROV	04/21/2006	5:24.00

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Joanne Tognarelli	29	QUE PROV	04/03/2004	5:33.35	Alexandra Nantel-Soucy	29	TECH Dec	12/07/2014	:37.81
800 Free	Club Rec: 10:02.93	Hoogland, Tenille			Pascale Denis	25	OTTAWA-TE	10/16/1999	:39.43
Tenille Hoogland	27	NATIONALS	05/20/2005	10:02.93	Michelle Whitty	29	NATL 2011	05/23/2011	:40.40
Danielle Beland	25	OntProv'09	03/20/2009	10:21.35	Josee Lemieux	27	QUE PROV	04/19/2002	:41.33
Stephanie Bigelow	25	NATL 2011	05/23/2011	10:30.57	Anais Seantel	27	TECH	12/05/2009	:41.63
Christine Moore	26	TECHNOSPO	02/08/1997	10:58.46	Sheryl Slater	28	NY	12/06/1997	:43.07
Veronique Bezaire	29	QUE PROV	04/21/2006	11:16.39	Catherine Desmarais	29	OntProv'09	03/20/2009	:43.62
Cindy Box	26	PROVI	04/06/2003	11:17.13	100 Breast	Club Rec: 1:20.33	Hutchings, Holly		
Julie Mouris	27	NATL 2012	05/18/2012	11:24.62	Holly Hutchings	26	NATIONALS	05/20/2005	1:20.33
Alex Grant	28	NATL 2013	05/17/2013	11:26.72	Stephanie Bigelow	25	NATL 2011	05/23/2011	1:21.57
Reihane Mouris	27	QUE PROV	04/13/2012	11:35.18	Erica Lemieux	26	QUEBEC	04/22/2007	1:23.87
Laurie Strano	29	TECH	07/06/2003	11:56.93	Issa Pare	27	QUE PROV	04/21/2006	1:24.58
1500 Free	Club Rec: 18:36.56	Hoogland, Tenille			Alexandra Nantel-Soucy	29	TECH Dec	12/07/2014	1:25.16
Tenille Hoogland	28	QUE PROV	04/21/2006	18:36.56	Isabelle Coda	27	Nat99	05/14/1999	1:28.53
Danielle Beland	25	OntProv'09	03/20/2009	19:34.98	Michelle Whitty	29	NATL 2011	05/23/2011	1:28.78
Alex Grant	28	NATL 2013	05/17/2013	21:27.99	Alex Grant	26	NATL 2011	05/23/2011	1:29.17
Shannon Davis	28	TECH	12/06/2003	22:54.96	Josee Lemieux	26	TROIS	04/20/2001	1:29.27
Jenn Gilbert	26	Nat99	05/14/1999	22:58.42	Pascale Denis	27	TECH-OTTA	01/27/2001	1:29.62
Genevieve Friesen	28	NATL 2013	05/17/2013	23:06.68	200 Breast	Club Rec: 2:53.27	Hutchings, Holly		
Caroline Corriveau	26	NATL 2011	05/23/2011	23:07.10	Holly Hutchings	26	NATIONALS	05/20/2005	2:53.27
Marielle Fortin-mccuaig	25	NATL 2011	05/23/2011	23:25.58	Erica Lemieux	26	QUEBEC	04/22/2007	2:57.93
Tiia Bishop	27	OntProv'09	03/20/2009	23:40.87	Alex Grant	28	NATL 2013	05/17/2013	3:06.65
Jennifer Crain	29	TECH	06/01/2002	24:08.72	Josee Lemieux	26	TROIS	04/20/2001	3:14.12
50 Back	Club Rec: :33.21	Pepper, Karen			Tiia Bishop	25	QUEBEC	04/22/2007	3:25.24
Karen Pepper	29	BRANTFORD	05/25/1997	:33.21	Carolyn Brown	27	PROVINCIAL	03/26/2011	3:25.56
Christin Sadler	28	CMSC 2015	05/18/2015	:34.47	Shannon Davis	29	RIDEAU SPE	02/21/2004	3:27.43
Issa Pare	28	QUEBEC	04/22/2007	:34.75	Jenn Gilbert	25	ETOBICOKE	03/13/1998	3:30.75
Carolyn Blanchard	28	TECH	01/19/2002	:35.36	Catherine Desmarais	29	NATIONALS	05/15/2009	3:34.72
Christine Moore	25	ETOBICOKE	04/28/1996	:35.77	Erin Down	25	Nat99	05/14/1999	3:35.76
Tenille Hoogland	27	NATIONALS	05/20/2005	:35.81	50 Fly	Club Rec: :30.88	Bigelow, Stephanie		
Holly Hutchings	25	QUE PROV	04/03/2004	:36.92	Stephanie Bigelow	25	NATL 2011	05/23/2011	:30.88
Laurie Strano	29	NATIONALS	05/16/2003	:37.01	Alexandra Nantel-Soucy	29	TECH Dec	12/07/2014	:32.48
Sheryl Slater	28	NY	12/06/1997	:37.32	Christine Moore	28	ETOBICOKE	03/13/1998	:32.83
Katie Saunders	26	PROVINCIAL	03/26/2011	:37.57	Carina (dob) Waycott	25	PROVI	04/06/2003	:32.91
100 Back	Club Rec: 1:11.60	Pepper, Karen			Kate Buddo	26	NATL 2011	05/23/2011	:33.26
Karen Pepper	29	BRANTFORD	05/25/1997	1:11.60	Issa Pare	28	QUEBEC	04/22/2007	:33.38
Christin Sadler	28	CMSC 2015	05/18/2015	1:14.27	Erica Lemieux	26	QUEBEC	04/22/2007	:33.72
Issa Pare	28	QUEBEC	04/22/2007	1:14.72	Veronique Bezaire	29	QUE PROV	04/21/2006	:33.75
Christine Moore	25	ETOBICOKE	04/28/1996	1:15.34	Jenn Nichols	26	ETOBICOKE	04/28/1996	:33.77
Isabelle Coda	25	BRANTFORD	05/25/1997	1:16.87	Katie Saunders	26	NATL 2011	05/23/2011	:33.82
Carolyn Blanchard	28	QUE PROV	04/19/2002	1:17.32	100 Fly	Club Rec: 1:08.57	Bigelow, Stephanie		
Holly Hutchings	25	TECH	01/17/2004	1:18.21	Stephanie Bigelow	25	NATL 2011	05/23/2011	1:08.57
Katy Chancey	28	TECH	01/13/2008	1:22.34	Danielle Beland	25	OntProv'09	03/20/2009	1:08.60
Melissa MacDonald	26	NATL 2013	05/17/2013	1:23.80	Christine Moore	28	ETOBICOKE	03/13/1998	1:11.82
Julie Mouris	27	NATL 2012	05/18/2012	1:24.19	Christiane Coda	29	ETOBICOKE	04/28/1996	1:12.48
200 Back	Club Rec: 2:37.47	Pepper, Karen			Luz Osorio	28	TECH	03/03/2013	1:13.94
Karen Pepper	29	BRANTFORD	05/25/1997	2:37.47	Jenn Nichols	26	ETOBICOKE	04/28/1996	1:15.34
Christine Moore	28	ETOBICOKE	03/13/1998	2:39.51	Erica Lemieux	26	TECH	03/17/2007	1:20.57
Tenille Hoogland	28	QUE PROV	04/21/2006	2:39.93	Julie Mouris	27	NATL 2012	05/18/2012	1:21.38
Christin Sadler	28	CMSC 2015	05/18/2015	2:40.89	Nancy Irvin	29	TECHNOSPO	11/01/1996	1:22.05
Isabelle Coda	27	Nat99	05/14/1999	2:47.87	Veronique Bezaire	25	QUE PROV	04/19/2002	1:22.73
Carolyn Blanchard	28	QUE PROV	04/19/2002	2:49.78	200 Fly	Club Rec: 2:27.98	Bigelow, Stephanie		
Melissa MacDonald	26	NATL 2013	05/17/2013	3:03.56	Stephanie Bigelow	25	NATL 2011	05/23/2011	2:27.98
Shannon Davis	29	RIDEAU SPE	02/21/2004	3:11.15	Danielle Beland	25	OntProv'09	03/20/2009	2:38.21
Lindsay Drennan	27	QUEBEC	04/22/2007	3:22.72	Tenille Hoogland	28	QUE PROV	04/21/2006	2:52.47
Christina Honeywell	27	PROVI	04/06/2003	3:26.97	Shannon Davis	29	QUE PROV	04/03/2004	3:19.56
50 Breast	Club Rec: :37.00	Hutchings, Holly			Marielle Fortin-mccuaig	25	NATL 2011	05/23/2011	3:23.04
Holly Hutchings	26	NATIONALS	05/20/2005	:37.00	Alex Grant	27	QUE PROV	04/13/2012	3:32.62
Stephanie Bigelow	25	NATL 2011	05/23/2011	:37.51	Lindsay Drennan	29	TECH	01/31/2009	3:40.33
Erica Lemieux	26	QUEBEC	04/22/2007	:37.63	Elisabeth Sabo	28	OntProv'09	03/20/2009	3:54.83

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Reihane Sattari	28	QUE PROV	04/13/2012	4:48.32	Carole Michon	33	OntProv'09	03/20/2009	1:07.39
Deborah Durbin	29	CMSC 2016	05/20/2016	5:11.58	Catherine Desmarais	32	QUE PROV	04/13/2012	1:08.51
100 IM	Club Rec: 1:10.22	Bigelow, Stephanie			Claire Laflamme	30	Nat99	05/14/1999	1:08.75
Stephanie Bigelow	25	NATL 2011	05/23/2011	1:10.22	200 Free	Club Rec: 2:23.54	Irvin, Nancy		
Holly Hutchings	26	NATIONALS	05/20/2005	1:14.11	Nancy Irvin	32	ETOBICOKE	03/13/1998	2:23.54
Issa Pare	28	QUEBEC	04/22/2007	1:15.02	Nikki Clarke	34	TECH	03/13/2004	2:25.17
Erica Lemieux	26	QUEBEC	04/22/2007	1:15.13	Alison Shea	34	PROVINCIAL	03/26/2011	2:25.46
Tenille Hoogland	27	QUE PROV	04/15/2005	1:15.96	Veronique Bezaire	32	OntProv'09	03/20/2009	2:26.41
Jenn Nichols	26	ETOBICOKE	04/28/1996	1:16.46	Colleen Patterson	34	TECH-OTTA	11/20/1999	2:27.02
Carina (dob) Waycott	25	PROVI	04/06/2003	1:16.54	Sheryl Slater	31	OTTAWA-TE	03/18/2000	2:28.72
Christine Moore	25	ETOBICOKE	04/28/1996	1:16.58	Whitney Bond	34	TECH	03/13/2004	2:28.75
Isabelle Coda	25	HULL	03/22/1997	1:16.81	Catherine Desmarais	32	QUE PROV	04/13/2012	2:31.95
Alex Grant	26	NATL 2011	05/23/2011	1:18.51	Margot Hall	33	NATIONALS	05/16/2008	2:32.15
200 IM	Club Rec: 2:34.44	Bigelow, Stephanie			Jane Sawchuck	31	PROVI	04/06/2003	2:36.28
Stephanie Bigelow	25	NATL 2011	05/23/2011	2:34.44	400 Free	Club Rec: 5:05.57	Brackstone, Nikki		
Holly Hutchings	25	QUE PROV	04/03/2004	2:40.57	Nikki Brackstone	31	TECH	11/23/2003	5:05.57
Danielle Beland	25	OntProv'09	03/20/2009	2:40.68	Nancy Irvin	32	ETOBICOKE	03/13/1998	5:07.42
Tenille Hoogland	28	QUE PROV	04/21/2006	2:40.78	Colleen Patterson	34	TECH-OTTA	11/20/1999	5:08.30
Christine Moore	27	BRANTFORD	05/25/1997	2:41.25	Catherine Desmarais	33	NATL 2013	05/17/2013	5:21.25
Isabelle Coda	25	HULL	03/22/1997	2:42.06	Veronique Bezaire	32	OntProv'09	03/20/2009	5:23.24
Karen Pepper	29	BRANTFORD	05/25/1997	2:42.34	Isabelle Coda	31	NATIONALS	05/16/2003	5:27.02
Christiane Coda	29	ETOBICOKE	04/28/1996	2:42.61	Carolyn Stewart	33	VICTORIA	05/19/1995	5:32.72
Catherine Campbell	27	QUEBEC	04/22/2007	2:44.06	Nadja Roy	31	TECHNOSPO	04/12/1997	5:36.58
Erica Lemieux	26	QUEBEC	04/22/2007	2:44.06	Bridget Carey	32	NATIONALS	05/20/2005	5:46.67
400 IM	Club Rec: 5:33.42	Hoogland, Tenille			Jamie Wilson	30	NATL 2013	05/17/2013	5:50.80
Tenille Hoogland	28	QUE PROV	04/21/2006	5:33.42	800 Free	Club Rec: 10:37.43	Brackstone, Nikki (dob)		
Danielle Beland	25	OntProv'09	03/20/2009	5:44.96	Nikki Brackstone	31	TECH	12/06/2003	10:37.43
Isabelle Coda	25	BRANTFORD	05/25/1997	5:45.08	Nancy Irvin	30	TECHNOSPO	02/08/1997	10:47.67
Erica Lemieux	26	QUEBEC	04/22/2007	5:53.67	Catherine Desmarais	33	NATL 2013	05/17/2013	11:23.85
Alex Grant	28	NATL 2013	05/17/2013	6:04.23	Nadja Roy	31	TECHNOSPO	02/08/1997	11:25.43
Eryn Sylvester	25	Tech Mar18	03/04/2018	6:15.79	Bridget Carey	31	RIDEAU SPE	02/21/2004	12:04.02
Shannon Davis	29	RIDEAU SPE	02/21/2004	6:27.46	Laurie Strano	32	QUE PROV	04/21/2006	12:06.86
Josee Lemieux	26	TROIS	04/20/2001	6:38.62	Kelly Ogilvie	33	NATL 2013	05/17/2013	12:10.92
Marielle Fortin-mccuaig	25	PROVINCIAL	03/26/2011	6:52.77	Marie Carmelle Ruel	33	QUEBEC	04/22/2007	12:13.72
Lindsay Drennan	27	QUEBEC	04/22/2007	6:59.37	Tiia Bishop	34	CMSC 2016	05/20/2016	12:25.69
Female 30 to 34					Alex Grant	32	Gatineau	03/25/2017	12:27.95
25 Free					1500 Free	Club Rec: 19:36.15	Shea, Alison		
Julie Beaulieu	31	TECH	10/20/2001	:17.40	Alison Shea	32	OntProv'09	03/20/2009	19:36.15
Stephanie Phaneuf	30	TECH	10/20/2001	:17.62	Nadja Roy	31	MONTREAL	06/26/1997	21:06.11
Silvia Valdman	33	TECH	10/18/2003	:22.17	Catherine Desmarais	33	NATL 2013	05/17/2013	21:38.26
50 Free	Club Rec: :29.27	Rowan-Legg, Anne			Carolyn Stewart	33	VICTORIA	05/19/1995	21:51.22
Anne Rowan-Legg	34	PROVINCIAL	03/26/2011	:29.27	Margot Hall	31	QUE PROV	04/21/2006	22:25.11
Carole Michon	31	QUEBEC	04/22/2007	:29.60	Kelly Ogilvie	33	NATL 2013	05/17/2013	23:08.81
Dominique Bruneau	30	TECH Dec	12/07/2014	:29.66	Jamie Wilson	30	NATL 2013	05/17/2013	23:18.01
Veronique Bezaire	32	OntProv'09	03/20/2009	:29.90	Carol Mothersill	33	NATIONALS	05/20/2005	23:25.88
Alison Shea	32	OntProv'09	03/20/2009	:29.90	Alex Grant	32	Gatineau	03/25/2017	23:30.04
Nancy Irvin	30	TECHNOSPO	01/11/1997	:30.20	Erica McEachran	32	NATIONALS	05/16/2008	23:31.24
Whitney Bond	34	TECH	03/13/2004	:30.56	50 Back	Club Rec: :34.18	Pepper, Karen		
Laurie Strano	30	QUE PROV	04/03/2004	:30.82	Karen Pepper	31	ETOBICOKE	03/13/1998	:34.18
Colleen Patterson	33	TECHNOSPO	10/17/1998	:30.95	Anne Rowan-Legg	34	PROVINCIAL	03/26/2011	:34.20
Claire Laflamme	30	TECHNOSPO	03/20/1999	:31.20	Carole Michon	31	QUEBEC	04/22/2007	:34.47
100 Free	Club Rec: 1:04.36	Rowan-Legg, Anne			Colleen Patterson	34	OTTAWA-TE	10/16/1999	:36.16
Anne Rowan-Legg	34	PROVINCIAL	03/26/2011	1:04.36	Marie Carmelle Ruel	33	QUEBEC	04/22/2007	:36.53
Nancy Irvin	32	ETOBICOKE	03/13/1998	1:05.48	Emma Beauchamp	33	PROVINCIAL	03/26/2011	:36.79
Veronique Bezaire	32	OntProv'09	03/20/2009	1:05.63	Laurie Strano	30	QUE PROV	04/03/2004	:37.05
Alison Shea	34	PROVINCIAL	03/26/2011	1:06.59	Isabelle Coda	31	NATIONALS	05/16/2003	:38.08
Whitney Bond	34	TECH	03/13/2004	1:06.90	Kelly Doyle	32	CMSC 2016	05/20/2016	:38.27
Laurie Strano	30	QUE PROV	04/03/2004	1:07.02	Claire Laflamme	30	TECHNOSPO	04/17/1999	:39.19
Colleen Patterson	34	OTTAWA-TE	10/16/1999	1:07.06					

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100 Back	Club Rec: 1:11.30	Pepper, Karen	Veronique Bezaire	32	OntProv'09	03/20/2009	:34.05
Karen Pepper	31	ETOBICOKE 03/13/1998 1:11.30	Margot Hall	34	OntProv'09	03/20/2009	:34.24
Alison Shea	34	PROVINCIAL 03/26/2011 1:14.01	Nancy Irvin	30	TECHNOSPO	01/11/1997	:34.52
Anne Rowan-Legg	34	NATL 2011 05/23/2011 1:14.09	Colleen Patterson	33	TECHNOSPO	10/17/1998	:35.29
Carole Michon	31	QUEBEC 04/22/2007 1:18.00	Tiffany Patterson	30	NATL 2013	05/17/2013	:35.38
Claire Laflamme	30	Nat99 05/14/1999 1:18.65	Whitney Bond	34	TECH	01/17/2004	:35.53
Isabelle Coda	31	NATIONALS 05/16/2003 1:21.05	100 Fly	Club Rec: 1:15.15	Clarke, Nikki		
Kelly Doyle	32	CMSC 2016 05/20/2016 1:22.09	Nikki Clarke	34	TECH	03/13/2004	1:15.15
Colleen Patterson	34	TECH-OTTA 11/20/1999 1:23.31	Nancy Irvin	30	MONTREAL	06/26/1997	1:15.87
Laurie Strano	32	QUE PROV 04/21/2006 1:24.32	Isabelle Coda	31	NATIONALS	05/16/2003	1:19.64
Emma Beauchamp	33	NATL 2011 05/23/2011 1:24.92	Claire Laflamme	30	Nat99	05/14/1999	1:19.67
200 Back	Club Rec: 2:36.97	Pepper, Karen	Margot Hall	33	NATIONALS	05/16/2008	1:19.76
Karen Pepper	31	ETOBICOKE 03/13/1998 2:36.97	Bridget Carey	31	TECH	11/22/2004	1:25.46
Anne Rowan-Legg	34	PROVINCIAL 03/26/2011 2:39.02	Jane Sawchuck	31	NATIONALS	05/16/2003	1:27.50
Isabelle Coda	31	PROVI 04/06/2003 2:50.73	Catherine Desmarais	32	QUE PROV	04/13/2012	1:32.34
Kelly Doyle	32	CMSC 2016 05/20/2016 3:00.89	Nadja Roy	30	HULL	03/30/1996	1:32.67
Carol Mothersill	33	NATIONALS 05/20/2005 3:02.73	Allison Padova	32	TECH	11/22/2004	1:44.31
Bridget Carey	31	QUE PROV 04/03/2004 3:08.75	200 Fly	Club Rec: 2:55.87	Irvin, Nancy		
Emma Beauchamp	33	NATL 2011 05/23/2011 3:12.27	Nancy Irvin	32	ETOBICOKE	03/13/1998	2:55.87
Kelly Ogilvie	33	NATL 2013 05/17/2013 3:17.37	Isabelle Coda	31	NATIONALS	05/16/2003	2:59.22
Amna Khan	34	PROVINCIAL 03/26/2011 3:19.84	Margot Hall	33	NATIONALS	05/16/2008	3:05.48
Lindsay Drennan	33	NATL 2013 05/17/2013 3:23.27	Bridget Carey	32	NATIONALS	05/20/2005	3:10.06
50 Breast	Club Rec: :36.22	Shea, Alison	Jane Sawchuck	31	NATIONALS	05/16/2003	3:17.78
Alison Shea	34	PROVINCIAL 03/26/2011 :36.22	Lindsay Drennan	33	NATL 2013	05/17/2013	3:39.98
Margot Hall	31	QUE PROV 04/21/2006 :40.81	Carol Mothersill	34	QUE PROV	04/21/2006	3:42.92
Christina Sutcliffe	34	QUEBEC 04/22/2007 :41.20	100 IM	Club Rec: 1:12.39	Shea, Alison		
Claire Laflamme	30	TECHNOSPO 03/20/1999 :41.59	Alison Shea	30	TECH	11/03/2007	1:12.39
Kelly Ogilvie	33	NATL 2013 05/17/2013 :42.12	Anne Rowan-Legg	32	OntProv'09	03/20/2009	1:15.76
Catherine Desmarais	31	PROVINCIAL 03/26/2011 :42.49	Carole Michon	33	OntProv'09	03/20/2009	1:17.28
Tiffany Patterson	30	NATL 2013 05/17/2013 :42.97	Claire Laflamme	30	Nat99	05/14/1999	1:18.10
Jane Sawchuck	30	QUE PROV 04/19/2002 :43.88	Margot Hall	33	NATIONALS	05/16/2008	1:18.30
Diane Wilson	33	PROVINCIAL 03/26/2011 :44.07	Isabelle Coda	31	NATIONALS	05/16/2003	1:18.59
Erica McEachran	32	NATIONALS 05/16/2008 :44.08	Nikki Clarke	34	TECH	01/17/2004	1:18.63
100 Breast	Club Rec: 1:19.60	Shea, Alison	Colleen Patterson	33	TECHNOSPO	10/17/1998	1:22.06
Alison Shea	34	PROVINCIAL 03/26/2011 1:19.60	Laurie Strano	30	QUE PROV	04/03/2004	1:22.14
Nikki Brackstone	31	TECH 11/23/2003 1:29.96	Kelly Doyle	32	CMSC 2016	05/20/2016	1:22.51
Margot Hall	31	QUE PROV 04/21/2006 1:30.46	200 IM	Club Rec: 2:36.06	Shea, Alison		
Kelly Ogilvie	33	NATL 2013 05/17/2013 1:31.25	Alison Shea	32	OntProv'09	03/20/2009	2:36.06
Catherine Desmarais	31	PROVINCIAL 03/26/2011 1:32.81	Nikki Brackstone	31	TECH	11/23/2003	2:44.85
Erica McEachran	32	NATIONALS 05/16/2008 1:34.49	Nikki Clarke	34	TECH	01/17/2004	2:45.75
Erica Mceachran	32	INGLIS 03/08/2008 1:36.00	Sheryl Slater	31	OTTAWA-TE	03/18/2000	2:48.31
Tiia Bishop	34	CMSC 2016 05/20/2016 1:38.44	Isabelle Coda	31	NATIONALS	05/16/2003	2:50.35
Jamie Wilson	30	NATL 2013 05/17/2013 1:43.02	Whitney Bond	34	TECH	03/13/2004	2:51.17
Nadia Lalonde	30	Tech Mar18 03/04/2018 1:47.06	Margot Hall	34	OntProv'09	03/20/2009	2:53.31
200 Breast	Club Rec: 2:55.02	Shea, Alison	Bridget Carey	31	QUE PROV	04/03/2004	2:58.45
Alison Shea	34	PROVINCIAL 03/26/2011 2:55.02	Tiffany Patterson	30	NATL 2013	05/17/2013	3:01.31
Margot Hall	33	NATIONALS 05/16/2008 3:09.03	Laurie Strano	30	QUE PROV	04/03/2004	3:02.29
Kelly Ogilvie	33	NATL 2013 05/17/2013 3:11.61	400 IM	Club Rec: 6:00.14	Coda, Isabelle		
Isabelle Coda	31	PROVI 04/06/2003 3:16.73	Isabelle Coda	31	NATIONALS	05/16/2003	6:00.14
Catherine Desmarais	31	PROVINCIAL 03/26/2011 3:18.33	Margot Hall	33	NATIONALS	05/16/2008	6:13.65
Christina Sutcliffe	34	QUEBEC 04/22/2007 3:21.16	Jane Sawchuck	31	NATIONALS	05/16/2003	6:33.82
Erica Mceachran	31	QUEBEC 04/22/2007 3:27.41	Bridget Carey	34	QUEBEC	04/22/2007	6:36.93
Erica McEachran	32	NATIONALS 05/16/2008 3:28.17	Carol Mothersill	34	QUE PROV	04/21/2006	6:43.41
Diane Wilson	33	PROVINCIAL 03/26/2011 3:30.58	Lindsay Drennan	33	NATL 2013	05/17/2013	6:50.55
Tiia Bishop	31	NATL 2013 05/17/2013 3:33.63	Female 35 to 39				
50 Fly	Club Rec: :33.50	Bruneau, Dominique	25 Free				
Dominique Bruneau	30	TECH Dec 12/07/2014 :33.50	Cellidh Snider	37	TECH	10/20/2001	:16.25
Karen Pepper	31	ETOBICOKE 03/13/1998 :33.64	Tracey McIlwaine	37	RIDEAU	02/02/2008	:16.59
Nikki Clarke	34	TECH 01/17/2004 :33.92					
Claire Laflamme	30	Nat99 05/14/1999 :34.04					

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50 Free	Club Rec: :29.75	Rowan-Legg, Anne	Beverly White	37	Nat99	05/14/1999	22:11.75
Anne Rowan-Legg	36	NATL 2013 05/17/2013 :29.75	Julie Lessard Anca	36	QUEBEC	04/22/2007	23:11.16
Melanie Martin-Quevillon	36	PROV 03/30/2012 :29.94	Tiia Bishop	35	CMSC 2017	05/12/2017	23:48.11
Christina Sutcliffe	35	NATIONALS 05/16/2008 :30.43	Nadine Herman	39	NATL 2011	05/23/2011	23:52.24
Kristina Mcllwaine	38	NATL 2013 05/17/2013 :30.67	Diane Barry	39	NATL 2013	05/17/2013	25:11.63
Colleen Patterson	35	TECH-OTTA 10/21/2000 :30.86	Barbara Allen	36	PROVI	04/06/2003	25:20.21
Whitney Bond	39	NATIONALS 05/15/2009 :31.12	50 Back	Club Rec: :32.08	Martin-Quevillon, Melanie		
Jennifer Mcarton	38	TECH 01/07/2006 :31.79	Melanie Martin-Quevillon	36	PROV	03/30/2012	:32.08
Laurie Strano	35	OntProv'09 03/20/2009 :31.99	Jennifer Mcarton	38	QUE PROV	04/21/2006	:34.79
Teresa Kuran Sallion	35	QUE PROV 04/16/2010 :32.00	Anne Rowan-Legg	36	NATL 2013	05/17/2013	:35.14
France Renaud	36	ETOBICOKE 04/28/1996 :32.14	Kristina Mcllwaine	38	NATL 2013	05/17/2013	:36.81
100 Free	Club Rec: 1:06.01	Mcllwaine, Kristina	Teresa Kuran Sallion	35	QUE PROV	04/16/2010	:36.86
Kristina Mcllwaine	37	NATL 2012 05/18/2012 1:06.01	Colleen Patterson	35	TECH-OTTA	10/21/2000	:37.23
Melanie Martin-Quevillon	36	PROV 03/30/2012 1:06.22	France Renaud	36	ETOBICOKE	04/28/1996	:37.39
Rebecca Glennie	39	PROVINCIAL 03/26/2011 1:06.29	Christina Sutcliffe	39	QUE PROV	04/13/2012	:38.12
Whitney Bond	39	NATIONALS 05/15/2009 1:06.35	Laurie Strano	35	OntProv'09	03/20/2009	:38.93
Colleen Patterson	35	TECH-OTTA 10/21/2000 1:07.55	Whitney Bond	39	NATIONALS	05/15/2009	:40.12
Christina Sutcliffe	39	QUE PROV 04/13/2012 1:07.96	100 Back	Club Rec: 1:10.89	Martin-Quevillon, Melanie		
Jennifer Mcarton	38	TECH 01/07/2006 1:08.90	Melanie Martin-Quevillon	36	PROV	03/30/2012	1:10.89
Teresa Kuran Sallion	35	QUE PROV 04/16/2010 1:09.28	Rebecca Glennie	37	OntProv'09	03/20/2009	1:14.69
Laurie Strano	35	OntProv'09 03/20/2009 1:09.87	Jennifer Mcarton	39	QUEBEC	04/22/2007	1:15.60
Carolyn Stewart	39	TECH 11/17/2001 1:12.79	Teresa Kuran Sallion	35	QUE PROV	04/16/2010	1:18.28
200 Free	Club Rec: 2:27.07	Bond, Whitney	Kristina Mcllwaine	37	NATL 2012	05/18/2012	1:18.49
Whitney Bond	39	NATIONALS 05/15/2009 2:27.07	Marie Carmelle Ruel	35	OntProv'09	03/20/2009	1:23.26
Rebecca Glennie	37	OntProv'09 03/20/2009 2:28.62	France Renaud	36	ETOBICOKE	04/28/1996	1:24.31
Kristina Mcllwaine	37	NATL 2012 05/18/2012 2:29.23	Whitney Bond	37	QUEBEC	04/22/2007	1:24.43
Jennifer Mcarton	39	TECH 01/13/2007 2:30.33	Laurie Strano	36	QUE PROV	04/16/2010	1:29.51
Valerie Lloyd	37	TECH 12/04/2010 2:30.43	Jennifer Pritchard	35	NATL 2011	05/23/2011	1:29.90
Colleen Patterson	35	OTTAWA-TE 02/12/2000 2:34.99	200 Back	Club Rec: 2:40.09	Glennie, Rebecca		
Carolyn Stewart	39	CALGARY 05/18/2001 2:35.40	Rebecca Glennie	39	PROVINCIAL	03/26/2011	2:40.09
Catherine Desmarais	37	CMSC 2017 05/12/2017 2:38.02	Jennifer Mcarton	38	QUE PROV	04/21/2006	2:45.25
Christina Sutcliffe	36	OntProv'09 03/20/2009 2:38.81	Kristina Mcllwaine	38	NATL 2013	05/17/2013	2:47.55
Margot Macdonald	38	NATL 2013 05/17/2013 2:39.22	Whitney Bond	37	QUEBEC	04/22/2007	3:02.49
400 Free	Club Rec: 5:09.68	Bond, Whitney	France Renaud	36	ETOBICOKE	04/28/1996	3:05.03
Whitney Bond	39	NATIONALS 05/15/2009 5:09.68	Jennifer Pritchard	35	NATL 2011	05/23/2011	3:14.52
Rebecca Glennie	37	OntProv'09 03/20/2009 5:12.09	Dominique Champeau	39	VICTORIA	05/19/1995	3:19.83
Jennifer Mcarton	37	TECH 11/26/2005 5:17.79	Betsy Simpson	39	QUE PROV	04/03/2004	3:20.71
Colleen Patterson	35	OTTAWA-TE 02/12/2000 5:17.95	Nadine Herman	39	NATL 2011	05/23/2011	3:31.30
Carolyn Stewart	39	ETOBICOKE 04/01/2001 5:19.34	Barbara Allen	35	QUE PROV	04/19/2002	3:36.70
Kristina Mcllwaine	37	NATL 2012 05/18/2012 5:26.84	50 Breast	Club Rec: :41.43	Sutcliffe, Christina		
Beverly White	37	Nat99 05/14/1999 5:40.33	Christina Sutcliffe	35	NATIONALS	05/16/2008	:41.43
Margot Macdonald	38	NATL 2013 05/17/2013 5:43.54	Jennifer Mcarton	37	TECH SPRIN	10/22/2005	:42.53
Christina Sutcliffe	35	NATIONALS 05/16/2008 5:48.40	Jane Taber	39	TECHNOSPO	03/08/1997	:44.82
Valerie Lemieux	38	NATL 2011 05/23/2011 5:50.24	Ceilidh Snider	37	TROIS	04/20/2001	:45.61
800 Free	Club Rec: 10:38.24	Patterson, Colleen	Tobey Audcent	39	TECH	12/01/2013	:45.86
Colleen Patterson	36	TECH-OTTA 02/23/2001 10:38.24	Valerie Lloyd	36	NATIONALS	05/15/2009	:46.27
Jennifer Mcarton	39	QUEBEC 04/22/2007 10:46.53	Jennifer Pritchard	36	QUE PROV	04/13/2012	:47.32
Kristina Mcllwaine	37	NATL 2012 05/18/2012 11:09.57	Dominique Champeau	39	ETOBICOKE	04/28/1996	:47.39
Carolyn Stewart	39	TECH-OTTA 06/09/2001 11:10.69	Andrea Khan	36	QUE PROV	04/03/2004	:47.91
Catherine Desmarais	37	CMSC 2017 05/12/2017 11:32.03	Diane Barry	39	NATL 2013	05/17/2013	:48.13
Lynne Bermel	39	Nat99 05/14/1999 11:50.06	100 Breast	Club Rec: 1:30.85	Sutcliffe, Christina		
Tracey Mcllwaine	38	NATIONALS 05/15/2009 12:40.14	Christina Sutcliffe	35	NATIONALS	05/16/2008	1:30.85
Susan Kelly	35	QUE PROV 04/21/2006 12:47.54	Margot Hall	35	TECH	01/30/2010	1:31.79
Betsy Simpson	39	QUE PROV 04/03/2004 13:22.07	Margot Macdonald	38	NATL 2013	05/17/2013	1:32.27
Barbara Allen	36	NATIONALS 05/16/2003 13:32.64	Jane Taber	39	TECHNOSPO	04/12/1997	1:38.35
1500 Free	Club Rec: 20:20.62	McArton, Jennifer	Tiia Bishop	35	CMSC 2017	05/12/2017	1:40.69
Jennifer Mcarton	38	QUE PROV 04/21/2006 20:20.62	Valerie Lloyd	36	OntProv'09	03/20/2009	1:41.75
Carolyn Stewart	39	ETOBICOKE 04/01/2001 21:31.32	Diane Barry	39	NATL 2013	05/17/2013	1:42.28
Kristina Mcllwaine	38	NATL 2013 05/17/2013 21:45.34	Ceilidh Snider	37	TROIS	04/20/2001	1:42.71
Lynne Bermel	38	TECHNOSPO 12/12/1998 22:04.50	Tobey Audcent	39	TECH	12/01/2013	1:43.41

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Andrea Khan	36	QUE PROV	04/03/2004	1:44.78	Jane Taber	38	TECHNOSPO	11/01/1996	3:20.48
200 Breast	Club Rec: 3:16.29	Macdonald, Margot			400 IM	Club Rec: 6:02.69	Mcllwaine, Kristina		
Margot Macdonald	38	NATL 2013	05/17/2013	3:16.29	Kristina Mcllwaine	38	NATL 2013	05/17/2013	6:02.69
Margot Hall	37	TECH	03/04/2012	3:20.47	Whitney Bond	37	QUEBEC	04/22/2007	6:11.88
Tiia Bishop	35	CMSC 2017	05/12/2017	3:34.51	Margot Macdonald	38	NATL 2013	05/17/2013	6:26.94
Valerie Poulot	39	NATL 2013	05/17/2013	3:39.83	Carolyn Stewart	39	CALGARY	05/18/2001	7:10.41
Josephine Davidson	39	NATL 2013	05/17/2013	3:49.99					
Emma McEachran	35	CMSC 2017	05/12/2017	4:00.16					
Sylvie Jacques	35	NATIONALS	05/16/2008	4:28.78					
Annabelle Mineault	37	NATL 2013	05/17/2013	4:29.95					
Marcia Matsuo	38	PROVINCIAL	03/26/2011	4:49.32					
50 Fly	Club Rec: :32.98	McArton, Jennifer			Female 40 to 44				
Jennifer Mcarton	38	QUE PROV	04/21/2006	:32.98	25 Free				
Christina Sutcliffe	36	OntProv'09	03/20/2009	:34.49	Betsy Simpson	43	RIDEAU	02/02/2008	:15.49
Colleen Patterson	35	TECH-OTTA	10/21/2000	:34.81	50 Free	Club Rec: :29.54	Deliencourt, Sylvie		
Whitney Bond	39	NATIONALS	05/15/2009	:35.54	Sylvie Deliencourt	44	NATIONALS	05/20/2005	:29.54
Teresa Kuran Sallion	35	QUE PROV	04/16/2010	:36.09	Whitney Bond	41	PROVINCIAL	03/26/2011	:30.58
Valerie Lloyd	36	OntProv'09	03/20/2009	:36.74	Marisha Roman	42	NATIONALS	05/15/2009	:30.73
Kristi Farrier	36	QUE PROV	04/03/2004	:37.19	Nikki Clarke	41	NATL 2011	05/23/2011	:30.95
Valerie Lemieux	38	NATL 2011	05/23/2011	:37.38	Betsy Simpson	40	NATIONALS	05/20/2005	:31.23
Susan Kelly	37	NATIONALS	05/16/2008	:38.99	Jennifer Mcarton	40	INGLIS	03/08/2008	:31.38
Donna Woodman	39	TECH	11/04/2006	:39.17	Dominique Champeau	40	TECHNOSPO	04/12/1997	:31.70
100 Fly	Club Rec: 1:12.10	McArton, Jennifer			Claire Laffamme	43	QUE PROV	04/13/2012	:32.66
Jennifer Mcarton	38	QUE PROV	04/21/2006	1:12.10	Teresa Scullion	40	CMSC 2015	05/18/2015	:32.66
Valerie Lloyd	38	PROVINCIAL	03/26/2011	1:25.21	Karen Zerr	44	NATL 2013	05/17/2013	:32.88
Whitney Bond	37	QUEBEC	04/22/2007	1:25.31	100 Free	Club Rec: 1:05.83	Bond, Whitney		
Valerie Lemieux	38	NATL 2011	05/23/2011	1:25.42	Whitney Bond	41	NATL 2011	05/23/2011	1:05.83
Kristi Farrier	36	QUE PROV	04/03/2004	1:28.60	Sylvie Deliencourt	43	QUE PROV	04/03/2004	1:06.28
Carolyn Stewart	39	CALGARY	05/18/2001	1:37.46	Jennifer Mcarton	40	NATIONALS	05/16/2008	1:07.08
Allison Padova	35	TECH	01/13/2007	1:47.25	Nikki Clarke	41	PROVINCIAL	03/26/2011	1:07.62
Vicky Smallman	36	TECH	03/13/2004	1:55.44	Marisha Roman	42	NATIONALS	05/15/2009	1:07.66
Nathalie Ayotte	36	NATL 2011	05/23/2011	1:58.45	Teresa Scullion	41	CMSC 2016	05/20/2016	1:09.79
Helen Rooney	37	OntProv'09	03/20/2009	2:00.20	Rebecca Glennie	41	NATL 2013	05/17/2013	1:10.17
200 Fly	Club Rec: 2:47.37	McArton, Jennifer			Christine Charron	41	TECH Feb18	02/04/2018	1:10.88
Jennifer Mcarton	38	QUE PROV	04/21/2006	2:47.37	Carolyn Stewart	40	QUE PROV	04/19/2002	1:11.32
Margot Hall	35	TECH	01/30/2010	3:10.84	Dominique Champeau	41	MONTREAL	06/26/1997	1:13.30
Margot Macdonald	38	NATL 2013	05/17/2013	3:17.35	200 Free	Club Rec: 2:27.03	Clarke, Nikki		
Valerie Lloyd	38	NATL 2011	05/23/2011	3:20.48	Nikki Clarke	41	PROVINCIAL	03/26/2011	2:27.03
Valerie Lemieux	38	NATL 2011	05/23/2011	3:20.48	Whitney Bond	41	NATL 2011	05/23/2011	2:27.30
100 IM	Club Rec: 1:13.56	Glennie, Rebecca			Christine Charron	41	TECH Feb18	02/04/2018	2:30.90
Rebecca Glennie	39	PROVINCIAL	03/26/2011	1:13.56	Jennifer Mcarton	40	TECH	01/13/2008	2:31.29
Jennifer Mcarton	39	QUEBEC	04/22/2007	1:16.16	Sylvie Deliencourt	44	Rideauspee	02/19/2005	2:35.23
Teresa Kuran Sallion	35	QUE PROV	04/16/2010	1:18.90	Carolyn Stewart	43	NATIONALS	05/20/2005	2:39.83
Christina Sutcliffe	36	OntProv'09	03/20/2009	1:20.00	Genevieve Mackwood	44	TECH	11/22/2004	2:40.04
Whitney Bond	39	NATIONALS	05/15/2009	1:20.62	Dominique Champeau	41	BRANTFORD	05/25/1997	2:41.56
Colleen Patterson	35	TECH-OTTA	10/21/2000	1:22.82	Betsy Simpson	44	TECH	03/07/2009	2:42.87
Margot Hall	37	TECH	03/04/2012	1:23.15	Khadija Cutcher	40	QUE PROV	04/13/2012	2:46.93
Kristi Farrier	37	TECH SPRIN	10/22/2005	1:27.37	400 Free	Club Rec: 5:03.58	Mcarton, Jennifer		
Laurie Strano	36	QUE PROV	04/16/2010	1:27.39	Jennifer Mcarton	40	NATIONALS	05/16/2008	5:03.58
Dominique Champeau	39	ETOBICOKE	04/28/1996	1:28.54	Rebecca Glennie	41	NATL 2013	05/17/2013	5:10.20
200 IM	Club Rec: 2:38.48	Glennie, Rebecca			Nikki Clarke	41	PROVINCIAL	03/26/2011	5:15.73
Rebecca Glennie	39	PROVINCIAL	03/26/2011	2:38.48	Whitney Bond	41	NATL 2011	05/23/2011	5:18.44
Jennifer Mcarton	39	QUEBEC	04/22/2007	2:44.13	Genevieve Mackwood	44	QUE PROV	04/03/2004	5:24.94
Anne Rowan-Legg	36	NATL 2013	05/17/2013	2:47.77	Carolyn Stewart	43	NATIONALS	05/20/2005	5:25.70
Whitney Bond	39	NATIONALS	05/15/2009	2:51.77	Dominique Champeau	41	BRANTFORD	05/25/1997	5:42.50
Margot Hall	35	TECH	01/30/2010	2:59.38	Betsy Simpson	43	NATIONALS	05/16/2008	5:52.87
Christina Sutcliffe	35	NATIONALS	05/16/2008	2:59.84	Sheila Wood	41	NATIONALS	05/15/2009	6:05.35
Margot Macdonald	38	NATL 2013	05/17/2013	3:04.45	Donna Woodman	42	OntProv'09	03/20/2009	6:05.57
Catherine Desmarais	36	TECH Jan16	02/07/2016	3:14.75	800 Free	Club Rec: 10:39.14	Mcarton, Jennifer		
Jennifer Pritchard	35	NATL 2011	05/23/2011	3:20.34	Jennifer Mcarton	40	NATIONALS	05/16/2008	10:39.14
					Nikki Clarke	41	NATL 2011	05/23/2011	10:51.68
					Carolyn Stewart	43	NATIONALS	05/20/2005	11:12.94
					Genevieve Mackwood	44	QUE PROV	04/03/2004	11:18.37
					Sylvie Deliencourt	42	TECH	12/06/2003	11:37.32

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Dominique Champeau	41	MONTREAL	06/26/1997	11:58.19	100 Breast	Club Rec: 1:30.43	Mcarton, Jennifer		
Claire Laflamme	43	QUE PROV	04/13/2012	12:02.00	Jennifer Mcarton	40	INGLIS	03/08/2008	1:30.43
Karen Zerr	44	NATL 2013	05/17/2013	12:03.36	Nikki Clarke	41	TECH	01/22/2011	1:30.56
Khadija Cutcher	41	NATL 2013	05/17/2013	12:07.98	Sylvie Deliencourt	43	TECH	01/17/2004	1:31.08
Betsy Simpson	44	NATIONALS	05/15/2009	12:08.78	Marie Anzai	40	QUE PROV	04/21/2006	1:31.42
1500 Free	Club Rec: 20:07.30	Mcarton, Jennifer			Jane Taber	42	Nat99	05/14/1999	1:33.53
Jennifer Mcarton	40	NATIONALS	05/16/2008	20:07.30	Genevieve Mackwood	44	QUE PROV	04/03/2004	1:34.15
Genevieve Mackwood	44	RIDEAU SPE	02/21/2004	21:59.52	Sheila Wood	41	NATIONALS	05/15/2009	1:36.49
Carolyn Stewart	43	NATIONALS	05/20/2005	22:04.43	Kathleen Milne	44	VICTORIA	05/19/1995	1:37.42
Karen Zerr	44	NATL 2013	05/17/2013	22:36.45	Natalie Theriault	42	TECH	01/22/2005	1:38.79
Khadija Cutcher	41	NATL 2013	05/17/2013	23:03.33	Wendy Milford	44	NATIONALS	05/20/2005	1:40.13
Betsy Simpson	44	OntProv'09	03/20/2009	23:14.88	200 Breast	Club Rec: 3:17.79	Mackwood, Genevieve		
Dominique Champeau	41	MONTREAL	06/26/1997	23:25.97	Genevieve Mackwood	44	QUE PROV	04/03/2004	3:17.79
Donna Woodman	41	NATIONALS	05/16/2008	23:55.00	Jane Taber	42	Nat99	05/14/1999	3:25.49
Celine Morin	44	QUE PROV	04/21/2006	24:11.13	Sheila Wood	43	PROVINCIAL	03/26/2011	3:28.39
Julia Konzuk	42	QUE PROV	04/21/2006	24:16.98	Christine Wagg	40	QUEBEC	04/22/2007	3:34.01
50 Back	Club Rec: :34.80	Glennie, Rebecca			Wendy Milford	44	NATIONALS	05/20/2005	3:41.77
Rebecca Glennie	41	NATL 2013	05/17/2013	:34.80	Julia Konzuk	41	NATIONALS	05/20/2005	3:42.60
Jennifer Mcarton	40	NATIONALS	05/16/2008	:35.01	Mary Linda Jarvis	40	QUE PROV	04/21/2006	3:58.82
Marisha Roman	42	OntProv'09	03/20/2009	:35.66	Jennifer Steinberg	42	NATIONALS	05/15/2009	4:09.98
Sylvie Deliencourt	44	NATIONALS	05/20/2005	:36.70	50 Fly	Club Rec: :32.43	Mcarton, Jennifer		
Teresa Scullion	41	CMSC 2016	05/20/2016	:36.73	Jennifer Mcarton	40	NATIONALS	05/16/2008	:32.43
Claire Laflamme	42	NATL 2011	05/23/2011	:38.79	Sylvie Deliencourt	43	RIDEAU SPE	02/21/2004	:33.36
Betsy Simpson	40	NATIONALS	05/20/2005	:38.85	Whitney Bond	41	NATL 2011	05/23/2011	:34.61
Khadija Cutcher	41	NATL 2013	05/17/2013	:39.45	Teresa Scullion	40	CMSC 2015	05/18/2015	:35.43
Dominique Champeau	40	HULL	03/22/1997	:40.20	Marisha Roman	44	NATL 2011	05/23/2011	:35.77
Jane Taber	42	Nat99	05/14/1999	:40.20	Claire Laflamme	43	QUE PROV	04/13/2012	:36.54
100 Back	Club Rec: 1:13.71	Glennie, Rebecca			Dominique Champeau	41	MONTREAL	06/26/1997	:37.16
Rebecca Glennie	41	NATL 2013	05/17/2013	1:13.71	Donna Woodman	42	OntProv'09	03/20/2009	:38.68
Jennifer Mcarton	40	NATIONALS	05/16/2008	1:16.93	Jane Taber	42	Nat99	05/14/1999	:39.01
Marisha Roman	42	NATIONALS	05/15/2009	1:17.28	Pamela Lemay	43	VICTORIA	05/19/1995	:39.56
Teresa Scullion	41	CMSC 2016	05/20/2016	1:20.07	100 Fly	Club Rec: 1:14.05	Mcarton, Jennifer		
Sylvie Deliencourt	44	TECH	04/09/2005	1:24.35	Jennifer Mcarton	41	NATIONALS	05/15/2009	1:14.05
Khadija Cutcher	40	QUE PROV	04/13/2012	1:25.75	Sylvie Deliencourt	44	NATIONALS	05/20/2005	1:15.98
Whitney Bond	41	PROVINCIAL	03/26/2011	1:26.01	Nikki Clarke	41	NATL 2011	05/23/2011	1:19.74
Betsy Simpson	40	TECH	03/12/2005	1:26.97	Whitney Bond	42	QUE PROV	04/13/2012	1:22.00
Dominique Champeau	41	BRANTFORD	05/25/1997	1:27.25	Jane Taber	42	Nat99	05/14/1999	1:29.17
Janice McGuinness	44	TECH	12/05/2009	1:30.00	Bridget Carey	40	NATL 2013	05/17/2013	1:30.09
200 Back	Club Rec: 2:40.49	Glennie, Rebecca			Donna Woodman	40	QUEBEC	04/22/2007	1:32.23
Rebecca Glennie	41	NATL 2013	05/17/2013	2:40.49	Dominique Champeau	40	TECHNOSPO	11/01/1996	1:34.18
Jennifer Mcarton	40	NATIONALS	05/16/2008	2:48.33	Kathleen Milne	44	VICTORIA	05/19/1995	1:34.61
Marie Anzai	40	QUE PROV	04/21/2006	2:57.49	Valerie Lloyd	40	NATL 2013	05/17/2013	1:36.83
Sylvie Deliencourt	43	QUE PROV	04/03/2004	3:03.04	200 Fly	Club Rec: 3:28.19	Carey, Bridget		
Betsy Simpson	44	NATIONALS	05/15/2009	3:04.56	Bridget Carey	40	NATL 2013	05/17/2013	3:28.19
Khadija Cutcher	41	NATL 2013	05/17/2013	3:08.34	Donna Woodman	40	QUEBEC	04/22/2007	3:30.89
Pamela Lemay	43	VICTORIA	05/19/1995	3:26.03	Kathleen Milne	44	VICTORIA	05/19/1995	3:39.68
Bridget Carey	40	NATL 2013	05/17/2013	3:30.75	Pamela Lemay	43	VICTORIA	05/19/1995	3:49.06
Christine Wagg	42	OntProv'09	03/20/2009	3:42.22	Jennifer Steinberg	44	NATL 2011	05/23/2011	3:58.54
Wendy Milford	44	Rideauspee	02/19/2005	3:58.04	100 IM	Club Rec: 1:14.54	Glennie, Rebecca		
50 Breast	Club Rec: :40.99	Roman, Marisha			Rebecca Glennie	41	NATL 2013	05/17/2013	1:14.54
Marisha Roman	42	NATIONALS	05/15/2009	:40.99	Sylvie Deliencourt	44	Rideauspee	02/19/2005	1:17.42
Whitney Bond	41	NATL 2011	05/23/2011	:41.91	Marisha Roman	42	NATIONALS	05/15/2009	1:17.57
Sylvie Deliencourt	43	TECH	01/17/2004	:42.29	Whitney Bond	41	NATL 2011	05/23/2011	1:19.27
Claire Laflamme	43	QUE PROV	04/13/2012	:43.64	Nikki Clarke	41	PROVINCIAL	03/26/2011	1:19.97
Genevieve Mackwood	44	QUE PROV	04/03/2004	:43.76	Teresa Scullion	40	CMSC 2015	05/18/2015	1:23.00
Natalie Theriault	42	TECH	01/22/2005	:43.92	Claire Laflamme	43	QUE PROV	04/13/2012	1:23.39
Jane Taber	41	ETOBICOKE	03/13/1998	:43.96	Jane Taber	42	Nat99	05/14/1999	1:24.23
Sheila Wood	41	NATIONALS	05/15/2009	:43.96	Khadija Cutcher	41	NATL 2013	05/17/2013	1:25.52
Kathleen Milne	44	VICTORIA	05/19/1995	:44.35	Dominique Champeau	40	HULL	03/22/1997	1:27.05
Wendy Milford	44	NATIONALS	05/20/2005	:44.42					

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200 IM	Club Rec: 2:42.64	Glennie, Rebecca	Kelly Robertson	46	NATIONALS	05/15/2009	6:03.79
Rebecca Glennie	41	NATL 2013 05/17/2013	2:42.64	Kathleen Milne	47	ETOBICOKE	03/13/1998 6:07.92
Jennifer Mcarton	40	NATIONALS 05/16/2008	2:45.10	Danielle Takoff	47	NATL 2013 05/17/2013	6:08.69
Nikki Clarke	41	NATL 2011 05/23/2011	2:49.07	Sheila Wood	49	CMSC 2017 05/12/2017	6:17.18
Whitney Bond	41	PROVINCIAL 03/26/2011	2:51.98	800 Free	Club Rec: 10:50.66	Chubb, Courtney	
Marisha Roman	42	NATIONALS 05/15/2009	2:52.76	Courtney Chubb	47	CMSC 2016 05/20/2016	10:50.66
Sylvie Deliencourt	43	RIDEAU SPE 02/21/2004	2:52.77	Jennifer Mcarton	45	NATL 2013 05/17/2013	10:58.15
Marie Anzai	40	QUE PROV 04/21/2006	2:58.21	Fiona Grant	49	NATIONALS 05/15/2009	11:05.85
Teresa Scullion	40	CMSC 2015 05/18/2015	2:59.95	Caroline Ladanowski	46	NATL 2013 05/17/2013	11:08.98
Jane Taber	42	Nat99 05/14/1999	3:09.48	Genevieve Mackwood	45	Rideauspee 02/19/2005	11:25.17
Genevieve Mackwood	44	TECH 11/22/2004	3:10.06	Carolyn Stewart	49	PROVINCIAL 03/26/2011	11:56.08
400 IM	Club Rec: 5:47.17	Mcarton, Jennifer	Claire Laflamme	48	Gatineau	03/25/2017	12:24.54
Jennifer Mcarton	40	NATIONALS 05/16/2008	5:47.17	Kelly Robertson	46	NATIONALS 05/15/2009	12:28.58
Whitney Bond	41	PROVINCIAL 03/26/2011	6:15.71	Kathleen Milne	48	Nat99 05/14/1999	12:44.63
Khadija Cutcher	41	NATL 2013 05/17/2013	6:42.35	Julia Konzuk	47	NATL 2011 05/23/2011	12:58.00
Jennifer Steinberg	42	NATIONALS 05/15/2009	7:48.01	1500 Free	Club Rec: 20:35.66	Chubb, Courtney	
Female 45 to 49			Courtney Chubb	48	CMSC 2017 05/12/2017	20:35.66	
25 Free			Jennifer Mcarton	45	NATL 2013 05/17/2013	20:56.05	
Maria Perron	49	RIDEAU 02/02/2008	:20.52	Caroline Ladanowski	49	CMSC 2016 05/20/2016	21:25.01
50 Free	Club Rec: :29.57	Deliencourt, Sylvie	Fiona Grant	49	NATIONALS 05/15/2009	21:25.40	
Sylvie Deliencourt	47	NATIONALS 05/16/2008	:29.57	Genevieve Mackwood	45	NATIONALS 05/20/2005	21:31.68
Betsy Simpson	45	TECH 01/30/2010	:32.46	Claire Laflamme	48	CMSC 2017 05/12/2017	23:02.33
Claire Laflamme	48	CMSC 2017 05/12/2017	:32.80	Betsy Simpson	45	QUE PROV 04/16/2010	23:31.93
Caroline Ladanowski	46	TECH 03/03/2013	:32.80	Julia Konzuk	45	OntProv'09 03/20/2009	23:42.64
Fiona Grant	49	NATIONALS 05/15/2009	:32.81	Kathleen Milne	48	OTTAWA 06/05/1999	24:14.20
Courtney Chubb	47	CMSC Rly 05/20/2016	:33.11	Wendy Milford	48	NATIONALS 05/15/2009	24:55.29
Wendy Buckner	49	NATIONALS 05/16/2008	:33.62	25 Back			
Anne De Repentigny	47	NATL 2011 05/23/2011	:33.87	Maria Perron	49	RIDEAU 02/02/2008	:27.10
Pamela Lemay	49	HALIFAX, 05/12/2000	:33.89	50 Back	Club Rec: :34.83	Mcarton, Jennifer	
Kathleen Milne	46	MONTREAL 06/26/1997	:34.41	Jennifer Mcarton	45	NATL 2013 05/17/2013	:34.83
100 Free	Club Rec: 1:06.36	Deliencourt, Sylvie	Sylvie Deliencourt	45	RIDEAU 02/19/2006	:37.12	
Sylvie Deliencourt	47	NATIONALS 05/16/2008	1:06.36	Claudie Besner	47	TECH DEC17 12/03/2017	:37.65
Jennifer Mcarton	45	NATL 2013 05/17/2013	1:07.14	Claire Laflamme	48	CMSC 2017 05/12/2017	:38.72
Fiona Grant	49	TECH 12/05/2009	1:11.16	Betsy Simpson	45	QUE PROV 04/16/2010	:40.05
Caroline Ladanowski	46	NATL 2013 05/17/2013	1:12.01	Caroline Chartier	47	TECH Dec16 12/04/2016	:41.53
Betsy Simpson	45	TECH 01/30/2010	1:13.36	Pamela Lemay	49	HALIFAX, 05/12/2000	:41.75
Genevieve Mackwood	45	Rideauspee 02/19/2005	1:15.74	Janice McGuinness	47	QUE PROV 04/13/2012	:42.37
Carolyn Stewart	49	PROVINCIAL 03/26/2011	1:15.75	Danielle Takoff	47	TECH 01/27/2013	:43.06
Anne De Repentigny	47	PROVINCIAL 03/26/2011	1:16.46	Caroline Ladanowski	48	TECH Dec15 12/06/2015	:43.56
Caroline Chartier	48	TECH Mar17 03/05/2017	1:17.28	100 Back	Club Rec: 1:14.34	Mcarton, Jennifer	
Wendy Buckner	49	INGLIS 03/08/2008	1:17.34	Jennifer Mcarton	45	NATL 2013 05/17/2013	1:14.34
200 Free	Club Rec: 2:30.07	Chubb, Courtney	Claudie Besner	47	TECH DEC17 12/03/2017	1:21.41	
Courtney Chubb	47	CMSC 2016 05/20/2016	2:30.07	Sylvie Deliencourt	47	RIDEAU 02/02/2008	1:23.96
Fiona Grant	49	OntProv'09 03/20/2009	2:32.10	Betsy Simpson	45	QUE PROV 04/16/2010	1:25.04
Caroline Ladanowski	46	TECH 03/03/2013	2:34.77	Caroline Chartier	47	TECH Dec16 12/04/2016	1:26.94
Sylvie Deliencourt	45	TECH 11/04/2006	2:40.06	Claire Laflamme	45	TECH 03/02/2014	1:29.22
Genevieve Mackwood	45	QUE PROV 04/15/2005	2:41.23	Danielle Takoff	47	NATL 2013 05/17/2013	1:31.01
Betsy Simpson	45	TECH 01/30/2010	2:42.23	Janice McGuinness	48	NATL 2013 05/17/2013	1:31.02
Claire Laflamme	45	TECH 03/02/2014	2:43.18	Pamela Lemay	49	STE FOY 04/14/2000	1:31.34
Caroline Chartier	48	TECH Mar17 03/05/2017	2:43.98	Caroline Ladanowski	47	TECH 01/26/2014	1:33.66
Carolyn Stewart	49	PROVINCIAL 03/26/2011	2:46.96	200 Back	Club Rec: 2:45.83	Mcarton, Jennifer	
Pamela Lemay	49	HALIFAX, 05/12/2000	2:51.41	Jennifer Mcarton	45	NATL 2013 05/17/2013	2:45.83
400 Free	Club Rec: 5:11.83	Mcarton, Jennifer	Sylvie Deliencourt	45	RIDEAU 02/19/2006	3:05.93	
Jennifer Mcarton	45	NATL 2013 05/17/2013	5:11.83	Betsy Simpson	45	QUE PROV 04/16/2010	3:11.08
Courtney Chubb	48	CMSC 2017 05/12/2017	5:16.22	Danielle Takoff	47	TECH 03/03/2013	3:15.22
Fiona Grant	49	NATIONALS 05/15/2009	5:23.81	Janice McGuinness	48	NATL 2013 05/17/2013	3:16.25
Caroline Ladanowski	48	CMSC 2015 05/18/2015	5:27.07	Pamela Lemay	48	Nat99 05/14/1999	3:22.60
Genevieve Mackwood	45	NATIONALS 05/20/2005	5:27.71	Joan Traversy	48	PROVINCIAL 03/26/2011	3:33.14
Carolyn Stewart	49	PROVINCIAL 03/26/2011	5:41.97	Diane Lacaille	49	NATIONALS 05/20/2005	4:05.66
				Jennifer Steinberg	46	NATL 2013 05/17/2013	4:29.93

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Jamie Lombardo	48	QUEBEC	04/22/2007	4:30.72	Janice McGuinness	48	NATL 2013	05/17/2013	3:35.63
50 Breast	Club Rec: :39.84	De Repentigny, Anne			Pamela Lemay	48	Nat99	05/14/1999	3:43.36
Anne De Repentigny	47	PROVINCIAL	03/26/2011	:39.84	Wendy Milford	49	QUE PROV	04/16/2010	3:52.03
Fiona Grant	49	NATIONALS	05/15/2009	:40.85	Jennifer Steinberg	48	CMSC 2015	05/18/2015	3:59.43
Sylvie Deliencourt	46	TECH	03/17/2007	:41.35	100 IM	Club Rec: 1:16.04	Chartier, Caroline		
Wendy Milford	47	NATIONALS	05/16/2008	:41.79	Caroline Chartier	47	TECH Dec16	12/04/2016	1:16.04
Michelle Cole	46	CMSC 2015	05/18/2015	:42.27	Sylvie Deliencourt	46	QUEBEC	04/22/2007	1:17.46
Kathleen Milne	48	Nat99	05/14/1999	:42.82	Caroline Ladanowski	45	QUE PROV	04/13/2012	1:21.83
Claire Laflamme	45	TECH	04/13/2014	:43.25	Claire Laflamme	48	CMSC 2017	05/12/2017	1:24.27
Caroline Ladanowski	45	TECH	11/11/2012	:43.56	Danielle Takoff	46	TECH	11/11/2012	1:25.25
Margaret Bakish	47	HULL	03/22/1997	:43.67	Michelle Cole	46	CMSC 2015	05/18/2015	1:25.49
Jennifer Mcarton	49	CMSC 2017	05/12/2017	:43.80	Anne De Repentigny	47	PROVINCIAL	03/26/2011	1:25.85
100 Breast	Club Rec: 1:26.85	De Repentigny, Anne			Pamela Lemay	46	MONTREAL	06/26/1997	1:30.57
Anne De Repentigny	47	NATL 2011	05/23/2011	1:26.85	Janice McGuinness	46	PROVINCIAL	03/26/2011	1:30.60
Fiona Grant	49	NATIONALS	05/15/2009	1:28.76	Wendy Buckner	48	TECH	11/03/2007	1:31.89
Sylvie Deliencourt	45	QUE PROV	04/21/2006	1:29.06	200 IM	Club Rec: 2:54.03	Deliencourt, Sylvie		
Wendy Milford	47	NATIONALS	05/16/2008	1:33.48	Sylvie Deliencourt	47	NATIONALS	05/16/2008	2:54.03
Wendy Buckner	49	INGLIS	03/08/2008	1:33.56	Jennifer Mcarton	49	CMSC 2017	05/12/2017	2:57.25
Caroline Ladanowski	45	TECH	12/02/2012	1:33.78	Courtney Chubb	47	TECH Dec16	12/04/2016	2:57.59
Michelle Cole	46	CMSC 2015	05/18/2015	1:34.37	Fiona Grant	48	NATIONALS	05/16/2008	2:57.79
Genevieve Mackwood	45	QUE PROV	04/15/2005	1:35.82	Caroline Ladanowski	46	NATL 2013	05/17/2013	2:59.59
Jennifer Mcarton	49	CMSC 2017	05/12/2017	1:35.87	Genevieve Mackwood	46	QUE PROV	04/21/2006	3:10.26
Courtney Chubb	47	TECH Apr16	04/17/2016	1:36.25	Michelle Cole	46	CMSC 2015	05/18/2015	3:12.00
200 Breast	Club Rec: 3:15.72	Grant, Fiona			Janice McGuinness	48	NATL 2013	05/17/2013	3:14.36
Fiona Grant	49	NATIONALS	05/15/2009	3:15.72	Pamela Lemay	46	MONTREAL	06/26/1997	3:19.76
Anne De Repentigny	47	NATL 2011	05/23/2011	3:17.48	Danielle Takoff	47	NATL 2013	05/17/2013	3:24.12
Genevieve Mackwood	45	Rideauspee	02/19/2005	3:21.52	400 IM	Club Rec: 5:51.00	Mcarton, Jennifer		
Courtney Chubb	48	CMSC 2017	05/12/2017	3:24.28	Jennifer Mcarton	45	NATL 2013	05/17/2013	5:51.00
Michelle Cole	46	CMSC 2015	05/18/2015	3:24.55	Courtney Chubb	48	CMSC 2017	05/12/2017	6:13.08
Caroline Ladanowski	48	TECH Apr	04/19/2015	3:25.07	Caroline Ladanowski	46	NATL 2013	05/17/2013	6:16.88
Wendy Milford	47	NATIONALS	05/16/2008	3:26.68	Genevieve Mackwood	45	NATIONALS	05/20/2005	6:37.43
Sheila Wood	45	NATL 2013	05/17/2013	3:30.64	Michelle Cole	46	CMSC 2015	05/18/2015	6:41.83
Kelly Robertson	46	NATIONALS	05/15/2009	3:35.23	Janice McGuinness	48	NATL 2013	05/17/2013	6:55.50
Kathleen Milne	48	TECH-OTTA	11/20/1999	3:39.52	Pamela Lemay	48	TECHNOSPO	04/17/1999	7:13.42
50 Fly	Club Rec: :32.97	Deliencourt, Sylvie			Jennifer Steinberg	48	CMSC 2015	05/18/2015	8:09.05
Sylvie Deliencourt	46	QUEBEC	04/22/2007	:32.97	Female 50 to 54				
Jennifer Mcarton	49	CMSC 2017	05/12/2017	:34.37	25 Free				
Caroline Ladanowski	47	TECH	03/02/2014	:36.12	Kathleen Milne	50	TECH	10/20/2001	:16.11
Claire Laflamme	48	CMSC 2017	05/12/2017	:37.71	Margaret Bakish	52	TECH	10/20/2001	:16.38
Kathleen Milne	46	MONTREAL	06/26/1997	:37.85	Lynda Hickman	51	TECH	10/20/2001	:20.02
Wendy Buckner	49	INGLIS	03/08/2008	:37.85	Lizanne Collie	54	TECH	10/18/2003	:21.74
Tammy Cooper	49	TECH	12/10/2011	:39.03	Heike Scheffler	52	RIDEAU	02/02/2008	:22.63
Janice McGuinness	47	QUE PROV	04/13/2012	:39.47	50 Free	Club Rec: :30.34	Deliencourt, Sylvie		
Pamela Lemay	46	MONTREAL	06/26/1997	:40.32	Sylvie Deliencourt	51	QUE PROV	04/13/2012	:30.34
Joan Traversy	48	PROVINCIAL	03/26/2011	:40.58	Krista Klassen	54	CMSC 2016	05/20/2016	:31.92
100 Fly	Club Rec: 1:16.88	Chubb, Courtney			Fiona Grant	53	NATL 2013	05/17/2013	:33.78
Courtney Chubb	47	CMSC 2016	05/20/2016	1:16.88	Wendy Buckner	50	NATIONALS	05/15/2009	:34.51
Sylvie Deliencourt	45	QUE PROV	04/21/2006	1:18.05	Kathleen Milne	50	CALGARY	05/18/2001	:34.81
Caroline Ladanowski	47	TECH	03/02/2014	1:23.85	Caroline Ladanowski	50	WillyLee17	11/18/2017	:34.86
Kathleen Milne	48	Nat99	05/14/1999	1:30.25	Genevieve Mackwood	51	NATL 2011	05/23/2011	:35.14
Janice McGuinness	48	NATL 2013	05/17/2013	1:31.74	Margaret Bakish	54	PROVI	04/06/2003	:35.86
Genevieve Mackwood	49	OntProv'09	03/20/2009	1:37.41	Patricia Angus	54	TECHNOSPO	10/17/1998	:36.20
Pamela Lemay	46	MONTREAL	06/26/1997	1:41.68	Celine Morin	50	NATL 2012	05/18/2012	:36.48
Marianne Quain	48	TECH	11/23/2003	1:52.02	100 Free	Club Rec: 1:08.76	Deliencourt, Sylvie		
Jennifer Steinberg	46	NATL 2013	05/17/2013	1:55.73	Sylvie Deliencourt	51	QUE PROV	04/13/2012	1:08.76
200 Fly	Club Rec: 2:53.48	Chubb, Courtney			Fiona Grant	53	NATL 2013	05/17/2013	1:13.61
Courtney Chubb	47	CMSC 2016	05/20/2016	2:53.48	Krista Klassen	53	CMSC 2015	05/18/2015	1:15.04
Caroline Ladanowski	49	CMSC 2016	05/20/2016	3:13.50	Caroline Ladanowski	50	WillyLee17	11/18/2017	1:15.29
Genevieve Mackwood	45	NATIONALS	05/20/2005	3:25.88	Wendy Buckner	50	NATIONALS	05/15/2009	1:16.31
Kathleen Milne	46	TECHNOSPO	03/08/1997	3:30.91					

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Carolyn Stewart	51	NATL 2013	05/17/2013	1:17.18	100 Back	Club Rec: 1:21.35	Delieucourt, Sylvie		
Genevieve Mackwood	51	NATL 2011	05/23/2011	1:18.72	Sylvie Delieucourt	51	NATL 2012	05/18/2012	1:21.35
Kathleen Milne	50	TROIS	04/20/2001	1:19.31	Krista Klassen	54	CMSC 2016	05/20/2016	1:29.22
Margaret Bakish	54	PROVI	04/06/2003	1:20.08	Janice McGuinness	51	CMSC 2016	05/20/2016	1:31.61
Celine Morin	50	QUE PROV	04/13/2012	1:20.96	Patricia Angus	51	HULL	03/30/1996	1:39.72
200 Free	Club Rec: 2:32.81	Grant, Fiona			Margaret Bakish	52	TECH	11/17/2001	1:42.36
Fiona Grant	51	NATL 2011	05/23/2011	2:32.81	Kathleen Milne	50	TECH	11/17/2001	1:47.27
Caroline Ladanowski	50	WillyLee17	11/18/2017	2:41.59	Anne Marie Carter	50	NATIONALS	05/20/2005	1:50.19
Sylvie Delieucourt	50	PROVINCIAL	03/26/2011	2:44.39	Diane Harper	52	NATL 2013	05/17/2013	1:50.32
Genevieve Mackwood	51	NATL 2011	05/23/2011	2:46.32	Maria Perron	54	NATL 2013	05/17/2013	2:00.07
Patricia Angus	51	ETOBICOKE	04/28/1996	2:54.96	Diane Lacaille	50	QUE PROV	04/21/2006	2:00.53
Kathleen Milne	50	CALGARY	05/18/2001	2:55.81	200 Back	Club Rec: 3:04.19	Delieucourt, Sylvie		
Margaret Bakish	54	NATIONALS	05/16/2003	2:56.38	Sylvie Delieucourt	50	PROVINCIAL	03/26/2011	3:04.19
Kelly Robertson	50	NATL 2013	05/17/2013	2:58.25	Janice McGuinness	51	CMSC 2016	05/20/2016	3:11.03
Lynda Hickman	52	TECK	03/16/2002	3:13.52	Diane Harper	52	NATL 2013	05/17/2013	4:03.69
Laurie Bezzubetz	54	CMSC 2016	05/20/2016	3:15.95	Diane Lacaille	50	QUE PROV	04/21/2006	4:19.46
400 Free	Club Rec: 5:20.09	Grant, Fiona			Laurie Bezzubetz	54	CMSC 2016	05/20/2016	4:33.00
Fiona Grant	51	NATL 2011	05/23/2011	5:20.09	Sandra Roberts	54	CMSC 2017	05/12/2017	4:48.55
Genevieve Mackwood	51	NATL 2011	05/23/2011	5:21.11	Cathy Brooks	50	NATIONALS	05/16/2003	4:54.31
Carolyn Stewart	51	NATL 2013	05/17/2013	5:52.63	Brigitte Gagne	51	NATL 2013	05/17/2013	5:44.19
Kathleen Milne	50	TROIS	04/20/2001	6:08.37	50 Breast	Club Rec: :40.62	Grant, Fiona		
Kelly Robertson	50	NATL 2013	05/17/2013	6:08.71	Fiona Grant	51	NATL 2011	05/23/2011	:40.62
Patricia Angus	54	ETOBICOKE	03/13/1998	6:10.08	Sylvie Delieucourt	51	QUE PROV	04/13/2012	:40.71
Margaret Bakish	54	PROVI	04/06/2003	6:10.38	Krista Klassen	53	CMSC 2015	05/18/2015	:41.73
Celine Morin	50	NATL 2012	05/18/2012	6:25.30	Kathleen Milne	52	NATIONALS	05/16/2003	:42.73
Lynda Hickman	52	TECH	04/13/2002	6:47.44	Wendy Buckner	50	OntProv'09	03/20/2009	:42.83
Diane Lacaille	51	QUEBEC	04/22/2007	6:53.03	Margaret Bakish	52	CALGARY	05/18/2001	:43.52
800 Free	Club Rec: 11:10.74	Grant, Fiona			Wendy Milford	51	QUE PROV	04/13/2012	:43.89
Fiona Grant	51	NATL 2011	05/23/2011	11:10.74	Genevieve Mackwood	51	PROVINCIAL	03/26/2011	:44.72
Genevieve Mackwood	51	NATL 2011	05/23/2011	11:48.08	Celine Morin	50	NATL 2012	05/18/2012	:48.14
Carolyn Stewart	51	NATL 2013	05/17/2013	12:13.43	Kelly Robertson	53	CMSC 2016	05/20/2016	:48.48
Kelly Robertson	53	CMSC 2016	05/20/2016	12:34.97	100 Breast	Club Rec: 1:28.80	Grant, Fiona		
Wendy Buckner	50	NATIONALS	05/15/2009	12:40.75	Fiona Grant	51	NATL 2011	05/23/2011	1:28.80
Margaret Bakish	54	PROVI	04/06/2003	12:50.35	Sylvie Delieucourt	50	NATL 2011	05/23/2011	1:32.01
Patricia Angus	54	TECHNOSPO	02/07/1998	12:51.86	Krista Klassen	53	CMSC 2015	05/18/2015	1:32.39
Celine Morin	50	QUE PROV	04/13/2012	13:12.29	Wendy Buckner	50	NATIONALS	05/15/2009	1:33.60
Laurie Bezzubetz	54	CMSC 2016	05/20/2016	13:56.31	Margaret Bakish	54	NATIONALS	05/16/2003	1:34.89
Lynda Hickman	51	TECH	12/08/2001	14:13.52	Wendy Milford	50	NATL 2011	05/23/2011	1:37.92
1500 Free	Club Rec: 21:15.00	Grant, Fiona			Kathleen Milne	53	QUE PROV	04/03/2004	1:38.12
Fiona Grant	51	NATL 2011	05/23/2011	21:15.00	Kelly Robertson	50	NATL 2013	05/17/2013	1:45.10
Genevieve Mackwood	51	NATL 2011	05/23/2011	22:33.05	Patricia Angus	54	TECHNOSPO	06/20/1998	1:48.42
Carolyn Stewart	51	NATL 2013	05/17/2013	23:33.21	Lynda Hickman	52	QUE PROV	04/19/2002	1:54.20
Patricia Angus	51	ETOBICOKE	04/28/1996	23:58.15	200 Breast	Club Rec: 3:12.48	Grant, Fiona		
Kathleen Milne	50	TECH	12/08/2001	24:39.63	Fiona Grant	51	PROVINCIAL	03/26/2011	3:12.48
Wendy Milford	51	NATL 2012	05/18/2012	24:40.70	Sylvie Delieucourt	51	QUE PROV	04/13/2012	3:20.93
Margaret Bakish	52	TECH	12/08/2001	25:43.75	Krista Klassen	54	CMSC 2016	05/20/2016	3:24.56
Anne Marie Carter	50	Rideauspee	02/19/2005	26:32.35	Margaret Bakish	54	PROVI	04/06/2003	3:26.57
Lynda Hickman	52	QUE PROV	04/19/2002	26:55.29	Genevieve Mackwood	53	NATL 2013	05/17/2013	3:28.82
Laurie Bezzubetz	54	CMSC 2016	05/20/2016	27:00.02	Liliana Rusu	54	NATL 2011	05/23/2011	3:36.60
50 Back	Club Rec: :37.55	Delieucourt, Sylvie			Wendy Milford	54	CMSC 2015	05/18/2015	3:38.53
Sylvie Delieucourt	51	NATL 2012	05/18/2012	:37.55	Kelly Robertson	50	NATL 2013	05/17/2013	3:41.78
Krista Klassen	54	CMSC 2016	05/20/2016	:39.28	Debbie Pinard	53	TECH	01/30/2010	3:44.64
Patricia Angus	51	ARNPRIOR	03/24/1996	:44.15	Diane Lacaille	52	NATIONALS	05/16/2008	4:03.31
Janice McGuinness	51	CMSC Rly	05/20/2016	:44.34	50 Fly	Club Rec: :33.36	Delieucourt, Sylvie		
Wendy Moore	50	TECH	04/12/2008	:46.94	Sylvie Delieucourt	51	QUE PROV	04/13/2012	:33.36
Celine Morin	50	QUE PROV	04/13/2012	:47.16	Wendy Buckner	50	OntProv'09	03/20/2009	:36.56
Margaret Bakish	52	TECH-OTTA	01/27/2001	:48.02	Caroline Ladanowski	50	WillyLee17	11/18/2017	:36.95
Anne Marie Carter	50	Rideauspee	02/19/2005	:48.84	Kathleen Milne	50	CALGARY	05/18/2001	:37.85
Kathleen Milne	50	TECH	10/20/2001	:49.82	Krista Klassen	53	CMSC 2015	05/18/2015	:39.71
Maria Perron	54	NATL 2013	05/17/2013	:50.59	Fiona Grant	50	TECH	12/04/2010	:40.27

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Patricia Angus	52	TECHNOSPO	01/11/1997	:40.89	Wendy McCutcheon	56	OntProv'09	03/20/2009	:47.68
Cary Willis	54	PROVINCIAL	03/26/2011	:42.84	Diane Grant	59	TECH	02/19/2011	:48.06
Marianne Quain	50	TECH SPRIN	10/22/2005	:45.07	100 Free	Club Rec: 1:16.27	Bakish, Margaret		
Margaret Bakish	52	TECH	10/20/2001	:46.47	Margaret Bakish	56	QUE PROV	04/15/2005	1:16.27
100 Fly	Club Rec: 1:26.45	Buckner, Wendy			Patricia Angus	55	TECHNOSPO	03/20/1999	1:21.63
Wendy Buckner	50	NATIONALS	05/15/2009	1:26.45	Kathleen Milne	58	NATIONALS	05/15/2009	1:21.86
Patricia Angus	51	ETOBICOKE	04/28/1996	1:29.86	Cary Willis	56	NATL 2013	05/17/2013	1:29.12
Kathleen Milne	50	TROIS	04/20/2001	1:30.51	Wendy Moore	55	NATL 2013	05/17/2013	1:29.67
Janice McGuinness	51	CMSC 2016	05/20/2016	1:32.33	Laurie Bezzubetz	55	CMSC 2017	05/12/2017	1:30.84
Marianne Quain	52	TECH	01/13/2007	1:54.73	Karen March	58	NATL 2013	05/17/2013	1:33.00
Lynne Cohen	52	OntProv'09	03/20/2009	2:03.77	Marianne Quain	56	PROVINCIAL	03/26/2011	1:34.10
Margaret Dupee	53	CMSC 2017	05/12/2017	2:07.16	Wendy Milford	56	CMSC 2017	05/12/2017	1:34.53
200 Fly	Club Rec: 3:22.13	Davis, Patricia			Marian Jordan	55	TECH	12/10/2011	1:44.81
Patricia Angus	54	ETOBICOKE	03/13/1998	3:22.13	200 Free	Club Rec: 2:51.45	Bakish, Margaret		
Janice McGuinness	50	CMSC 2015	05/18/2015	3:27.81	Margaret Bakish	57	QUE PROV	04/21/2006	2:51.45
Genevieve Mackwood	51	NATL 2011	05/23/2011	3:31.00	Kathleen Milne	58	NATIONALS	05/15/2009	2:55.42
Wendy Milford	51	QUE PROV	04/13/2012	3:57.55	Patricia Angus	55	Nat99	05/14/1999	2:59.18
Jennifer Steinberg	50	CMSC 2017	05/12/2017	4:20.81	Laurie Bezzubetz	55	CMSC 2017	05/12/2017	3:11.03
Lynne Cohen	54	PROVINCIAL	03/26/2011	4:33.63	Cary Willis	56	NATL 2013	05/17/2013	3:11.41
100 IM	Club Rec: :54.50	Olafson, Lois			Wendy Moore	55	NATL 2013	05/17/2013	3:19.61
Sylvie Deliecourt	51	NATL 2012	05/18/2012	1:18.59	Karen March	58	NATL 2013	05/17/2013	3:24.99
Krista Klassen	54	CMSC 2016	05/20/2016	1:23.60	Marianne Quain	56	TECH	01/22/2011	3:28.59
Fiona Grant	53	NATL 2013	05/17/2013	1:24.86	Lizanne Collie	56	NATIONALS	05/20/2005	3:46.80
Wendy Buckner	50	TECH	12/05/2009	1:29.30	Celine Morisset	59	CMSC 2017	05/12/2017	3:59.13
Margaret Bakish	54	NATIONALS	05/16/2003	1:30.66	400 Free	Club Rec: 5:49.94	Grant, Fiona		
Janice McGuinness	51	CMSC 2016	05/20/2016	1:30.73	Fiona Grant	57	CMSC 2017	05/12/2017	5:49.94
Kathleen Milne	50	CALGARY	05/18/2001	1:31.78	Colleen Nelson	57	QUE PROV	04/21/2006	5:52.97
Patricia Angus	52	TECHNOSPO	10/19/1996	1:32.45	Margaret Bakish	56	TECH	04/09/2005	6:01.87
Wendy Milford	51	NATL 2012	05/18/2012	1:35.80	Kathleen Milne	58	NATIONALS	05/15/2009	6:15.49
Brigitte Gagne	52	TECH	04/13/2014	1:37.44	Patricia Angus	56	HALIFAX,	05/12/2000	6:26.35
200 IM	Club Rec: 3:00.76	Deliecourt, Sylvie			Laurie Bezzubetz	55	CMSC 2017	05/12/2017	6:39.98
Sylvie Deliecourt	51	NATL 2012	05/18/2012	3:00.76	Cary Willis	56	NATL 2013	05/17/2013	6:45.47
Janice McGuinness	50	CMSC 2015	05/18/2015	3:13.46	Liliana Rusu	58	CMSC 2015	05/18/2015	7:02.66
Wendy Buckner	51	TECH	01/30/2010	3:14.03	Wendy Moore	55	NATL 2013	05/17/2013	7:05.64
Patricia Angus	51	ETOBICOKE	04/28/1996	3:18.82	Marianne Quain	56	PROVINCIAL	03/26/2011	7:34.45
Margaret Bakish	53	QUE PROV	04/19/2002	3:19.78	800 Free	Club Rec: 12:31.29	Bakish, Margaret		
Kathleen Milne	53	TECH	03/13/2004	3:28.99	Margaret Bakish	55	QUE PROV	04/03/2004	12:31.29
Diane Lacaille	52	NATIONALS	05/16/2008	3:52.14	Patricia Angus	56	OTTAWA-TE	02/12/2000	12:56.77
Jennifer Steinberg	50	CMSC 2017	05/12/2017	4:09.41	Laurie Bezzubetz	55	CMSC 2017	05/12/2017	13:25.93
Margaret Dupee	54	Tech Mar18	03/04/2018	4:12.74	Wendy Milford	55	CMSC 2016	05/20/2016	13:56.77
Lynne Cohen	54	PROVINCIAL	03/26/2011	4:20.72	Wendy Moore	55	NATL 2013	05/17/2013	14:30.48
400 IM	Club Rec: 6:50.91	McGuinness, Janice			Celine Morisset	59	CMSC 2017	05/12/2017	16:15.74
Janice McGuinness	50	CMSC 2015	05/18/2015	6:50.91	Lynne Cohen	56	NATL 2013	05/17/2013	16:50.06
Genevieve Mackwood	51	NATL 2011	05/23/2011	6:55.59	Lizanne Collie	56	QUE PROV	04/15/2005	16:52.32
Patricia Angus	52	MONTREAL	06/26/1997	7:08.18	Diane Grant	59	NATL 2011	05/23/2011	17:35.06
Wendy Milford	52	NATL 2013	05/17/2013	7:34.19	Heike Scheffler	55	NATL 2011	05/23/2011	17:56.38
Jennifer Steinberg	50	CMSC 2017	05/12/2017	8:32.77	1500 Free	Club Rec: 22:59.78	Mackwood, Genevieve		
Margaret Dupee	54	Tech Mar18	03/04/2018	8:55.59	Genevieve Mackwood	55	CMSC 2015	05/18/2015	22:59.78
Lynne Cohen	54	NATL 2011	05/23/2011	9:32.07	Fiona Grant	57	CMSC 2017	05/12/2017	23:06.29
Female 55 to 59					Colleen Nelson	57	QUE PROV	04/21/2006	23:07.31
50 Free	Club Rec: :33.22	Deliecourt, Sylvie			Margaret Bakish	56	NATIONALS	05/20/2005	23:43.41
Sylvie Deliecourt	55	CMSC Rly	05/20/2016	:33.22	Patricia Angus	55	TECHNOSPO	02/20/1999	24:35.82
Margaret Bakish	55	QUE PROV	04/03/2004	:34.23	Laurie Bezzubetz	55	CMSC 2017	05/12/2017	25:31.54
Kathleen Milne	58	OntProv'09	03/20/2009	:35.53	Cary Willis	56	NATL 2013	05/17/2013	26:09.23
Patricia Angus	55	TROIS	04/16/1999	:36.46	Wendy Milford	55	CMSC 2016	05/20/2016	26:58.03
Cary Willis	56	TECH	12/01/2013	:41.75	Liliana Rusu	56	NATL 2013	05/17/2013	27:24.19
Marianne Quain	55	TECH	01/30/2010	:43.26	Wendy Moore	55	NATL 2013	05/17/2013	27:38.35
Marian Jordan	55	PROVINCIAL	03/26/2011	:45.06					
Celine Morisset	59	CMSC 2017	05/12/2017	:47.32					

50 Back	Club Rec: :40.29	Delieucourt, Sylvie	Diane Grant	59	PROVINCIAL	03/26/2011	4:40.92
Sylvie Delieucourt	55	CMSC 2016 05/20/2016 :40.29	Lynne Cohen	56	NATL 2013 05/17/2013	4:43.49	
Krista Klassen	55	CMSC 2017 05/12/2017 :42.81	Vicki Plant	56	CMSC 2016 05/20/2016	5:27.81	
Patricia Angus	55	TECHNOSPO 03/20/1999 :43.05	50 Fly	Club Rec: :37.64	Delieucourt, Sylvie		
Colleen Nelson	57	QUE PROV 04/21/2006 :45.75	Sylvie Delieucourt	55	CMSC 2016 05/20/2016	:37.64	
Margaret Bakish	56	TECH 04/09/2005 :48.10	Kathleen Milne	55	QUE PROV 04/21/2006	:39.03	
Wendy Moore	55	NATL 2013 05/17/2013 :49.36	Patricia Angus	56	OTTAWA-TE 05/06/2000	:41.09	
Kathleen Milne	55	TECH 11/04/2006 :53.46	Cary Willis	56	NATL 2013 05/17/2013	:42.94	
Lizanne Collie	56	QUE PROV 04/15/2005 :54.29	France Girard	55	CMSC 2017 05/12/2017	:42.97	
Marian Jordan	57	NATL 2013 05/17/2013 :54.77	Margaret Bakish	59	TECH 11/01/2008	:44.71	
Patricia Rogers	58	TECH 12/04/2010 :57.31	Karen March	57	QUE PROV 04/13/2012	:49.78	
100 Back	Club Rec: 1:32.43	Delieucourt, Sylvie	Marianne Quain	56	PROVINCIAL	03/26/2011	:51.93
Sylvie Delieucourt	55	CMSC 2016 05/20/2016 1:32.43	Lynne Cohen	58	CMSC 2015 05/18/2015	:57.88	
Colleen Nelson	57	QUE PROV 04/21/2006 1:39.49	Margaret Martin	55	TECH Dec16 12/04/2016	:57.88	
Margaret Bakish	56	TECH 03/12/2005 1:43.06	100 Fly	Club Rec: 1:31.77	Davis, Patricia		
Patricia Angus	57	TECH-OTTA 01/27/2001 1:43.90	Patricia Angus	55	Nat99 05/14/1999	1:31.77	
Liliana Rusu	58	CMSC 2015 05/18/2015 1:44.00	Kathleen Milne	55	QUE PROV 04/21/2006	1:40.21	
Lizanne Collie	55	QUE PROV 04/03/2004 2:03.61	Margaret Bakish	57	TECH 04/08/2006	1:45.10	
Marian Jordan	57	NATL 2013 05/17/2013 2:10.16	Marianne Quain	56	TECH 01/22/2011	1:53.82	
Wendy McCutcheon	56	OntProv'09 03/20/2009 2:10.56	Margaret Martin	55	TECH Dec16 12/04/2016	2:10.50	
Cathy Brooks	56	NATIONALS 05/15/2009 2:17.69	Lynne Cohen	56	NATL 2013 05/17/2013	2:10.51	
Diane Grant	57	NATIONALS 05/15/2009 2:23.07	200 Fly	Club Rec: 3:30.51	Davis, Patricia		
200 Back	Club Rec: 3:34.28	Girard, France	Patricia Angus	56	STE FOY 04/14/2000	3:30.51	
Colleen Nelson	57	QUE PROV 04/21/2006 3:32.23	Colleen Nelson	57	QUE PROV 04/21/2006	3:42.34	
France Girard	55	CMSC 2017 05/12/2017 3:34.28	Margaret Bakish	58	QUEBEC 04/22/2007	3:46.46	
Liliana Rusu	56	NATL 2013 05/17/2013 3:37.42	Liliana Rusu	58	CMSC 2015 05/18/2015	3:53.48	
Patricia Angus	59	TECH 11/23/2003 3:48.87	Marianne Quain	56	PROVINCIAL 03/26/2011	4:23.77	
Laurie Bezzubetz	55	CMSC 2017 05/12/2017 4:31.56	Lynne Cohen	56	NATL 2013 05/17/2013	4:41.41	
Cathy Brooks	55	NATIONALS 05/16/2008 4:57.83	100 IM	Club Rec: 1:27.01	Delieucourt, Sylvie		
Diane Grant	57	NATIONALS 05/15/2009 5:07.76	Sylvie Delieucourt	55	CMSC 2016 05/20/2016	1:27.01	
Vicki Plant	56	CMSC 2016 05/20/2016 5:18.81	Krista Klassen	55	CMSC 2017 05/12/2017	1:27.59	
Joanne Bezzubetz	59	CMSC 2016 05/20/2016 5:22.30	Margaret Bakish	57	TECH 01/07/2006	1:33.54	
50 Breast	Club Rec: :43.40	Bakish, Margaret	Patricia Angus	55	Nat99 05/14/1999	1:34.38	
Colleen Nelson	57	QUE PROV 04/21/2006 :41.79	Kathleen Milne	58	OntProv'09 03/20/2009	1:35.83	
Margaret Bakish	56	QUE PROV 04/15/2005 :43.40	France Girard	55	CMSC 2017 05/12/2017	1:39.18	
Sylvie Delieucourt	55	CMSC 2016 05/20/2016 :44.31	Wendy Milford	55	CMSC 2016 05/20/2016	1:41.77	
Kathleen Milne	58	OntProv'09 03/20/2009 :44.58	Karen March	58	NATL 2013 05/17/2013	1:55.62	
Wendy Milford	55	CMSC 2016 05/20/2016 :44.95	Lizanne Collie	56	NATIONALS 05/20/2005	2:00.06	
Cary Willis	56	NATL 2013 05/17/2013 :47.80	Cathy Brooks	55	NATIONALS 05/16/2008	2:42.12	
Liliana Rusu	59	CMSC 2016 05/20/2016 :48.34	200 IM	Club Rec: 3:17.79	Bakish, Margaret		
Patricia Angus	55	TECHNOSPO 03/20/1999 :50.67	Margaret Bakish	56	QUE PROV 04/15/2005	3:17.79	
Karen March	57	QUE PROV 04/13/2012 :53.24	Patricia Angus	55	Nat99 05/14/1999	3:21.72	
Lizanne Collie	56	NATIONALS 05/20/2005 :54.90	Liliana Rusu	56	NATL 2013 05/17/2013	3:36.04	
100 Breast	Club Rec: 1:34.53	Grant, Fiona	Cary Willis	56	TECH 12/01/2013	3:58.08	
Fiona Grant	57	CMSC 2017 05/12/2017 1:34.53	Lynne Cohen	56	NATL 2013 05/17/2013	4:20.67	
Margaret Bakish	56	TECH 03/12/2005 1:34.65	Margaret Martin	55	TECH Dec16 12/04/2016	4:36.50	
Krista Klassen	55	CMSC 2017 05/12/2017 1:35.16	Debra Cadelli	58	CMSC 2017 05/12/2017	6:28.72	
Sylvie Delieucourt	55	CMSC 2016 05/20/2016 1:38.23	400 IM	Club Rec: 7:04.93	Bakish, Margaret		
Liliana Rusu	56	NATL 2013 05/17/2013 1:40.34	Margaret Bakish	56	NATIONALS 05/20/2005	7:04.93	
Wendy Milford	55	CMSC 2016 05/20/2016 1:41.89	Patricia Angus	55	Nat99 05/14/1999	7:12.30	
Kathleen Milne	58	NATIONALS 05/15/2009 1:45.71	Marian Jordan	55	NATL 2011 05/23/2011	7:37.64	
Cary Willis	56	TECH 12/01/2013 1:50.13	Liliana Rusu	58	CMSC 2015 05/18/2015	7:38.42	
Patricia Angus	56	HULL, PQ 03/26/2000 1:52.74	Wendy Milford	55	CMSC 2016 05/20/2016	7:45.41	
Karen March	58	NATL 2013 05/17/2013 1:54.65	Lynne Cohen	56	NATL 2013 05/17/2013	9:16.57	
200 Breast	Club Rec: 3:24.89	Bakish, Margaret	Debra Cadelli	58	CMSC 2017 05/12/2017	13:29.43	
Margaret Bakish	56	QUE PROV 04/15/2005 3:24.89	Female 60 to 64				
Liliana Rusu	56	NATL 2013 05/17/2013 3:38.29					
Wendy Milford	55	CMSC 2016 05/20/2016 3:42.08					
Patricia Angus	59	TECH 11/23/2003 4:04.13					
Lizanne Collie	56	NATIONALS 05/20/2005 4:22.72					

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50 Free	Club Rec: :36.19	Bakish, Margaret	Lynne Cohen	60	CMSC 2017	05/12/2017	31:45.59
Margaret Bakish	60	NATIONALS 05/15/2009 :36.19	Marian Mackay	61	CMSC 2015	05/18/2015	31:57.60
Kathleen Milne	60	TECH 02/19/2011 :39.34	Penny Moody-corbett	64	NATL 2013	05/17/2013	34:58.45
Patricia Angus	63	TECH 05/05/2007 :39.69	Joanne Bezzubetz	60	CMSC 2017	05/12/2017	35:25.93
Patricia Niblett	64	BRANTFORD 05/25/1997 :39.69	Paula Hickman	63	NATL 2013	05/17/2013	35:40.04
Diane Grant	61	NATL 2013 05/17/2013 :43.11	Patricia Rogers	61	NATL 2013	05/17/2013	39:36.78
Liliana Rusu	61	Tech Mar18 03/04/2018 :45.67	50 Back	Club Rec: :48.48	Davis, Patricia		
Marian Jordan	61	CMSC 2017 05/12/2017 :47.51	Patricia Angus	60	QUE PROV	04/03/2004	:48.48
Penny Moody-corbett	64	NATL 2013 05/17/2013 :48.56	Patricia Niblett	64	TECHNOSPO	01/11/1997	:52.51
Celine Morisset	60	TECH Feb18 02/04/2018 :48.80	Liliana Rusu	61	TECH Feb18	02/04/2018	:53.19
Lynne Cohen	60	CMSC 2017 05/12/2017 :50.14	Wendy McCutcheon	62	CMSC 2015	05/18/2015	:57.00
100 Free	Club Rec: 1:18.65	Bakish, Margaret	Diane Grant	61	NATL 2013	05/17/2013	1:01.84
Margaret Bakish	60	TECH 01/31/2009 1:18.65	Patricia Rogers	61	TECH	11/10/2013	1:03.89
Patricia Angus	61	NATIONALS 05/20/2005 1:28.12	Joanne Bezzubetz	60	CMSC 2017	05/12/2017	1:10.78
Patricia Niblett	63	ETOBICOKE 04/28/1996 1:29.03	Cathy Brooks	60	NATL 2013	05/17/2013	1:11.69
Diane Grant	60	QUE PROV 04/13/2012 1:43.98	Marina Moraitis	64	TECH Dec16	12/04/2016	1:26.88
Marian Mackay	61	CMSC 2015 05/18/2015 1:50.05	100 Back	Club Rec: 1:42.93	Bakish, Margaret		
Wendy McCutcheon	60	NATL 2013 05/17/2013 1:50.15	Margaret Bakish	61	TECH	01/30/2010	1:42.93
Joanne Bezzubetz	60	Tech Feb17 02/05/2017 1:56.34	Patricia Angus	60	TECH	03/13/2004	1:47.20
Patricia Rogers	61	TECH 11/10/2013 2:02.44	Liliana Rusu	60	Tech Feb17	02/05/2017	1:47.72
Marian Jordan	61	CMSC 2017 05/12/2017 2:06.66	Patricia Niblett	64	TECHNOSPO	11/01/1996	1:59.09
Rosine Kaley	60	QUEBEC 04/22/2007 2:22.72	Wendy McCutcheon	60	NATL 2013	05/17/2013	2:09.70
200 Free	Club Rec: 2:53.69	Bakish, Margaret	Patricia Rogers	61	TECH	12/01/2013	2:16.82
Margaret Bakish	60	TECH 01/31/2009 2:53.69	Diane Grant	61	NATL 2013	05/17/2013	2:19.81
Patricia Angus	60	TECH 03/13/2004 3:12.34	Joanne Bezzubetz	60	CMSC 2017	05/12/2017	2:32.31
Patricia Niblett	63	ETOBICOKE 04/28/1996 3:16.67	Cathy Brooks	60	NATL 2013	05/17/2013	2:38.22
Diane Grant	60	QUE PROV 04/13/2012 3:49.61	200 Back	Club Rec: 3:34.16	Bakish, Margaret		
Marian Mackay	61	CMSC 2015 05/18/2015 3:54.80	Margaret Bakish	60	TECH	01/31/2009	3:34.16
Celine Morisset	60	TECH Feb18 02/04/2018 3:58.10	Liliana Rusu	60	CMSC 2017	05/12/2017	3:44.66
Patricia Rogers	61	TECH 11/10/2013 4:03.06	Wendy McCutcheon	62	CMSC 2015	05/18/2015	4:53.47
Wendy McCutcheon	60	NATL 2013 05/17/2013 4:07.50	Diane Grant	63	CMSC 2015	05/18/2015	4:58.08
Joanne Bezzubetz	60	CMSC 2017 05/12/2017 4:09.88	Cathy Brooks	60	NATL 2013	05/17/2013	5:40.81
Marian Jordan	61	CMSC 2017 05/12/2017 4:31.54	50 Breast	Club Rec: :44.69	Bakish, Margaret		
400 Free	Club Rec: 6:40.77	Angus, Patricia	Margaret Bakish	60	Coupe Mtl	11/14/2009	:44.69
Patricia Angus	64	NATIONALS 05/16/2008 6:40.77	Kathleen Milne	60	TECH	02/19/2011	:48.39
Liliana Rusu	60	CMSC 2017 05/12/2017 6:52.11	Liliana Rusu	61	TECH Feb18	02/04/2018	:49.87
Patricia Niblett	63	ETOBICOKE 04/28/1996 6:56.37	Patricia Niblett	64	MONTREAL	06/26/1997	:52.76
Kathleen Milne	60	PROVINCIAL 03/26/2011 6:57.91	Diane Grant	64	CMSC 2016	05/20/2016	:55.82
Diane Grant	60	QUE PROV 04/13/2012 8:03.94	Patricia Angus	64	INGLIS	03/08/2008	:56.31
Marian Mackay	61	CMSC 2015 05/18/2015 8:12.67	Penny Moody-corbett	64	NATL 2013	05/17/2013	1:02.95
Joanne Bezzubetz	60	CMSC 2017 05/12/2017 8:46.82	Lynne Cohen	60	CMSC 2017	05/12/2017	1:05.17
Wendy McCutcheon	62	CMSC 2015 05/18/2015 8:49.99	Marian Jordan	62	Tech Mar18	03/04/2018	1:05.64
Marian Jordan	61	CMSC 2017 05/12/2017 9:02.86	Marina Moraitis	64	TECH Dec16	12/04/2016	1:07.93
Patricia Rogers	61	NATL 2013 05/17/2013 9:58.32	100 Breast	Club Rec: 1:36.64	Bakish, Margaret		
800 Free	Club Rec: 12:44.86	Bakish, Margaret	Margaret Bakish	60	OntProv'09	03/20/2009	1:36.64
Margaret Bakish	60	OntProv'09 03/20/2009 12:44.86	Liliana Rusu	60	Tech Feb17	02/05/2017	1:44.87
Patricia Angus	62	TECH 01/28/2006 14:20.75	Kathleen Milne	60	PROVINCIAL	03/26/2011	1:51.76
Patricia Niblett	64	BRANTFORD 05/25/1997 14:22.02	Patricia Angus	63	TECH	01/13/2007	2:01.07
Paula Hickman	63	NATL 2013 05/17/2013 16:02.43	Wendy McCutcheon	62	CMSC 2015	05/18/2015	2:01.83
Diane Grant	61	NATL 2013 05/17/2013 16:18.83	Patricia Niblett	64	TECHNOSPO	11/01/1996	2:01.85
Marian Mackay	61	CMSC 2015 05/18/2015 16:43.78	Diane Grant	64	CMSC 2016	05/20/2016	2:07.13
Penny Moody-corbett	64	NATL 2013 05/17/2013 18:06.02	Penny Moody-corbett	64	NATL 2013	05/17/2013	2:16.82
Joanne Bezzubetz	60	CMSC 2017 05/12/2017 18:43.78	Marian Jordan	62	Tech Mar18	03/04/2018	2:22.73
Patricia Rogers	60	QUE PROV 04/13/2012 21:08.89	Marina Moraitis	64	TECH Dec16	12/04/2016	2:33.01
Rosine Kaley	60	QUEBEC 04/22/2007 21:19.28	200 Breast	Club Rec: 3:27.26	Bakish, Margaret		
1500 Free	Club Rec: 24:11.64	Bakish, Margaret	Margaret Bakish	60	NATIONALS	05/15/2009	3:27.26
Margaret Bakish	60	NATIONALS 05/15/2009 24:11.64	Liliana Rusu	61	TECH Feb18	02/04/2018	3:48.84
Patricia Angus	60	QUE PROV 04/03/2004 26:26.00	Diane Grant	60	QUE PROV	04/13/2012	4:32.37
Patricia Niblett	64	TECHNOSPO 05/01/1997 27:24.63	Penny Moody-corbett	64	NATL 2013	05/17/2013	4:49.61
Diane Grant	61	NATL 2013 05/17/2013 31:29.00	Wendy McCutcheon	64	CMSC 2017	05/12/2017	5:26.33

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Rosine Kaley	60	QUEBEC	04/22/2007	5:37.72	400 Free	Club Rec: 6:58.46	Angus, Patricia		
50 Fly	Club Rec: :43.22	Milne, Kathleen			Patricia Angus	65	NATIONALS	05/15/2009	6:58.46
Kathleen Milne	60	TECH	02/19/2011	:43.22	Patricia Niblett	68	HALIFAX,	05/12/2000	7:01.06
Patricia Angus	60	RIDEAU SPE	02/21/2004	:44.91	Paula Hickman	66	CMSC 2016	05/20/2016	7:49.82
Liliana Rusu	60	WillyLee17	11/18/2017	:53.70	Diane Grant	65	CMSC 2017	05/12/2017	8:04.60
Patricia Niblett	64	PENTATHLO	12/08/1996	1:00.03	Liliane Cardinal	66	CMSC 2015	05/18/2015	8:45.17
Patricia Rogers	61	TECH	11/10/2013	1:14.00	800 Free	Club Rec: 14:15.54	Angus, Patricia		
100 Fly	Club Rec: 1:34.19	Bakish, Margaret			Patricia Angus	65	NATIONALS	05/15/2009	14:15.54
Margaret Bakish	60	NATIONALS	05/15/2009	1:34.19	Patricia Niblett	67	OTTAWA	06/05/1999	14:34.88
Patricia Angus	61	QUE PROV	04/15/2005	1:41.11	Paula Hickman	66	CMSC 2016	05/20/2016	15:33.82
Liliana Rusu	60	Tech Feb17	02/05/2017	2:02.75	Diane Grant	65	CMSC 2017	05/12/2017	16:25.97
Lynne Cohen	60	CMSC 2017	05/12/2017	2:07.46	Liliane Cardinal	66	CMSC 2015	05/18/2015	17:35.65
Patricia Rogers	63	CMSC 2015	05/18/2015	2:56.56	Dorothy Milburn-Smith	69	NATL 2013	05/17/2013	23:18.30
200 Fly	Club Rec: 3:24.16	Bakish, Margaret			1500 Free	Club Rec: 27:03.37	Angus, Patricia		
Margaret Bakish	60	OntProv'09	03/20/2009	3:24.16	Patricia Angus	65	OntProv'09	03/20/2009	27:03.37
Patricia Angus	61	QUE PROV	04/15/2005	3:40.47	Patricia Niblett	67	OTTAWA	06/05/1999	27:19.79
Liliana Rusu	60	CMSC 2017	05/12/2017	4:16.12	Paula Hickman	66	CMSC 2016	05/20/2016	29:59.63
Lynne Cohen	60	CMSC 2017	05/12/2017	4:31.46	Diane Grant	65	CMSC 2017	05/12/2017	31:12.34
Patricia Rogers	63	ONT Prov	04/02/2015	6:26.37	Liliane Cardinal	66	CMSC 2015	05/18/2015	34:14.28
100 IM	Club Rec: 1:32.41	Bakish, Margaret			Dorothy Milburn-Smith	69	NATL 2013	05/17/2013	42:29.00
Margaret Bakish	60	Coupe Mtl	11/14/2009	1:32.41	50 Back	Club Rec: :52.20	Niblett, Patricia		
Patricia Angus	61	QUE PROV	04/15/2005	1:42.89	Patricia Niblett	66	TECHNOSPO	02/07/1998	:52.20
Kathleen Milne	60	PROVINCIAL	03/26/2011	1:44.26	Patricia Angus	67	TECH	12/10/2011	:54.30
Liliana Rusu	60	Tech Feb17	02/05/2017	1:45.47	Diane Grant	65	CMSC 2017	05/12/2017	1:04.28
Patricia Niblett	64	PENTATHLO	12/08/1996	1:51.84	Dorothy Milburn-Smith	69	NATL 2013	05/17/2013	1:09.81
Penny Moody-corbett	64	NATL 2013	05/17/2013	2:21.75	Marina Moraitis	65	CMSC 2017	05/12/2017	1:15.17
Patricia Rogers	61	TECH	11/10/2013	2:27.08	100 Back	Club Rec: 1:54.80	Angus, Patricia		
200 IM	Club Rec: 3:15.29	Bakish, Margaret			Patricia Angus	67	TECH	01/22/2011	1:54.80
Margaret Bakish	60	NATIONALS	05/15/2009	3:15.29	Patricia Niblett	67	BROCKVILLE	11/21/1999	1:59.34
Patricia Angus	60	TECH	01/17/2004	3:40.07	Liliane Cardinal	66	CMSC 2015	05/18/2015	2:29.66
Liliana Rusu	60	WillyLee17	11/18/2017	3:43.70	Dorothy Milburn-Smith	69	NATL 2013	05/17/2013	2:39.89
Patricia Niblett	64	TECHNOSPO	11/01/1996	4:11.39	Marina Moraitis	65	CMSC 2017	05/12/2017	2:41.39
Lynne Cohen	60	CMSC 2017	05/12/2017	4:29.08	200 Back	Club Rec: 4:11.07	Angus, Patricia		
Patricia Rogers	61	TECH	12/01/2013	4:59.20	Patricia Angus	65	TECH	01/31/2009	4:11.07
400 IM	Club Rec: 6:54.77	Bakish, Margaret			Liliane Cardinal	66	CMSC 2015	05/18/2015	5:18.76
Margaret Bakish	60	OntProv'09	03/20/2009	6:54.77	50 Breast	Club Rec: :51.51	Niblett, Patricia		
Liliana Rusu	60	CMSC 2017	05/12/2017	7:47.41	Patricia Niblett	67	Nat99	05/14/1999	:51.51
Patricia Angus	61	NATIONALS	05/20/2005	7:55.45	Diane Grant	65	CMSC 2017	05/12/2017	:57.55
Lynne Cohen	60	CMSC 2017	05/12/2017	9:16.65	Patricia Angus	66	TECH	12/04/2010	1:01.46
Patricia Rogers	63	ONT Prov	04/02/2015	11:03.32	Liliane Cardinal	66	TECH Nov15	11/08/2015	1:09.62
Female 65 to 69					Dorothy Milburn-Smith	69	NATL 2013	05/17/2013	1:21.86
50 Free	Club Rec: :39.74	Niblett, Patricia			100 Breast	Club Rec: 1:58.68	Niblett, Patricia		
Patricia Niblett	68	HALIFAX,	05/12/2000	:39.74	Patricia Niblett	67	BROCKVILLE	11/21/1999	1:58.68
Patricia Angus	67	PROVINCIAL	03/26/2011	:41.89	Diane Grant	65	CMSC 2017	05/12/2017	2:01.13
Paula Hickman	66	CMSC 2016	05/20/2016	:49.33	Patricia Angus	66	ARTHURS	03/13/2010	2:08.02
Liliane Cardinal	68	Longueuil	06/03/2017	:55.27	Penny Moody-corbett	65	TECH	03/02/2014	2:20.08
Marina Moraitis	65	CMSC 2017	05/12/2017	:59.04	Marina Moraitis	65	CMSC 2017	05/12/2017	2:34.43
Dorothy Milburn-Smith	67	TECH	12/10/2011	1:05.06	Liliane Cardinal	66	TECH Dec15	12/06/2015	2:38.37
100 Free	Club Rec: 1:27.61	Niblett, Patricia			Dorothy Milburn-Smith	69	NATL 2013	05/17/2013	3:10.22
Patricia Niblett	65	QUE PROV	04/08/1997	1:27.61	200 Breast	Club Rec: 4:25.04	Niblett, Patricia		
Patricia Angus	66	TECH	01/30/2010	1:32.30	Patricia Niblett	69	TROIS	04/20/2001	4:25.04
Paula Hickman	66	CMSC 2016	05/20/2016	1:46.18	Diane Grant	65	CMSC 2017	05/12/2017	4:37.16
Liliane Cardinal	66	TECH Dec15	12/06/2015	2:02.09	Patricia Angus	65	TECH	01/31/2009	4:41.69
Dorothy Milburn-Smith	69	TECH	03/03/2013	2:24.95	Penny Moody-corbett	65	TECH	03/02/2014	5:00.33
200 Free	Club Rec: 3:17.38	Niblett, Patricia			Liliane Cardinal	66	TECH Apr	04/19/2015	5:18.44
Patricia Niblett	67	Nat99	05/14/1999	3:17.38	Marina Moraitis	65	CMSC 2017	05/12/2017	5:40.60
Patricia Angus	65	TECH	03/07/2009	3:20.69					
Paula Hickman	66	CMSC 2016	05/20/2016	3:48.22					
Liliane Cardinal	66	TECH Nov15	11/08/2015	4:30.78					

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25 Fly					100 Fly	Club Rec: 1:50.24	Angus, Patricia		
Patricia Angus	69	NATL 2013	05/17/2013	:47.54	Patricia Angus	70	Coupe Que5	03/01/2014	1:50.24
50 Fly	Club Rec: :46.17	Angus, Patricia			Barbara Armatys	70	Tech Mar18	03/04/2018	2:01.48
Patricia Angus	65	OntProv'09	03/20/2009	:46.17	200 Fly	Club Rec: 4:00.75	Angus, Patricia		
Patricia Niblett	69	TROIS	04/20/2001	:58.84	Patricia Angus	70	QUE	04/11/2014	4:00.75
Liliane Cardinal	66	TECH Apr	04/19/2015	1:13.78	100 IM	Club Rec: 1:57.10	Angus, Patricia		
100 Fly	Club Rec: 1:44.38	Angus, Patricia			Patricia Angus	70	QUE	04/11/2014	1:57.10
Patricia Angus	65	OntProv'09	03/20/2009	1:44.38	Patricia Niblett	71	PROVI	04/06/2003	2:01.16
200 Fly	Club Rec: 3:56.53	Angus, Patricia			200 IM	Club Rec: 4:07.96	Angus, Patricia		
Patricia Angus	65	OntProv'09	03/20/2009	3:56.53	Patricia Angus	70	QUE	04/11/2014	4:07.96
Liliane Cardinal	66	CMSC 2015	05/18/2015	6:52.35	400 IM	Club Rec: 8:48.56	Angus, Patricia		
100 IM	Club Rec: 1:55.06	Niblett, Patricia			Patricia Angus	70	QUE	04/11/2014	8:48.56
Patricia Niblett	69	TROIS	04/20/2001	1:55.06	Female 75 to 79				
Patricia Angus	66	TECH	12/04/2010	1:58.02	50 Free	Club Rec: :44.87	Niblett, Patricia		
Liliane Cardinal	66	TECH Apr	04/19/2015	2:29.91	Patricia Niblett	77	OntProv'09	03/20/2009	:44.87
Marina Moraitis	65	CMSC 2017	05/12/2017	2:45.57	Penny Cullen	75	CMSC 2017	05/12/2017	:58.48
200 IM	Club Rec: 3:57.49	Angus, Patricia			100 Free	Club Rec: 1:39.89	Niblett, Patricia		
Patricia Angus	65	NATIONALS	05/15/2009	3:57.49	Patricia Niblett	75	QUEBEC	04/22/2007	1:39.89
Patricia Niblett	68	OTTAWA-TE	01/15/2000	4:17.29	200 Free	Club Rec: 3:45.28	Niblett, Patricia		
Liliane Cardinal	67	Longueuil	06/04/2016	5:39.38	Patricia Niblett	75	QUEBEC	04/22/2007	3:45.28
400 IM	Club Rec: 8:12.61	Angus, Patricia			Penny Cullen	75	CMSC 2017	05/12/2017	4:51.17
Patricia Angus	65	OntProv'09	03/20/2009	8:12.61	400 Free	Club Rec: 8:02.19	Niblett, Patricia		
Liliane Cardinal	66	CMSC 2015	05/18/2015	10:50.66	Patricia Niblett	75	QUEBEC	04/22/2007	8:02.19
Female 70 to 74									
50 Free	Club Rec: :41.25	Niblett, Patricia			800 Free	Club Rec: 16:56.07	Niblett, Patricia		
Patricia Niblett	70	QUE PROV	04/19/2002	:41.25	Patricia Niblett	75	QUEBEC	04/22/2007	16:56.07
Patricia Angus	72	ONT Prov16	04/01/2016	:43.90	50 Back	Club Rec: :54.95	Niblett, Patricia		
Dorothy Milburn-Smith	70	TECH Dec	12/07/2014	1:01.69	Patricia Niblett	76	NATIONALS	05/16/2008	:54.95
100 Free	Club Rec: 1:32.94	Niblett, Patricia			Penny Cullen	75	CMSC 2017	05/12/2017	1:13.27
Patricia Niblett	72	QUE PROV	04/03/2004	1:32.94	100 Back	Club Rec: 2:01.12	Niblett, Patricia		
Patricia Angus	70	Coupe Que5	03/01/2014	1:39.88	Patricia Niblett	76	NATIONALS	05/16/2008	2:01.12
Dorothy Milburn-Smith	70	TECH	01/26/2014	2:19.98	Penny Cullen	75	CMSC 2017	05/12/2017	2:43.81
200 Free	Club Rec: 3:26.00	Niblett, Patricia			50 Breast	Club Rec: :57.12	Niblett, Patricia		
Patricia Niblett	71	NATIONALS	05/16/2003	3:26.00	Patricia Niblett	77	NATIONALS	05/15/2009	:57.12
400 Free	Club Rec: 7:16.96	Niblett, Patricia			Penny Cullen	75	CMSC 2017	05/12/2017	1:40.44
Patricia Niblett	70	QUE PROV	04/19/2002	7:16.96	100 Breast	Club Rec: 2:19.47	Niblett, Patricia		
800 Free	Club Rec: 15:06.02	Niblett, Patricia			Patricia Niblett	77	TECH	01/31/2009	2:19.47
Patricia Niblett	71	TECH	07/06/2003	15:06.02	200 Breast	Club Rec: 5:01.46	Niblett, Patricia		
1500 Free	Club Rec: 28:33.88	Niblett, Patricia			Patricia Niblett	77	TECH	01/31/2009	5:01.46
Patricia Niblett	70	TECH	06/01/2002	28:33.88	Female 80 to 84				
Patricia Angus	70	Coupe Que5	03/01/2014	28:35.43	50 Free	Club Rec: :46.00	Niblett, Patricia		
50 Back	Club Rec: :43.83	Armatys, Barbara			Patricia Niblett	80	QUE PROV	04/13/2012	:46.00
Barbara Armatys	70	Tech Mar18	03/04/2018	:43.83	100 Free	Club Rec: 1:47.63	Niblett, Patricia		
Patricia Niblett	72	QUE PROV	04/03/2004	:53.72	Patricia Niblett	80	TECH	03/04/2012	1:47.63
Dorothy Milburn-Smith	70	TECH Dec	12/07/2014	1:13.48	200 Free	Club Rec: 4:00.63	Niblett, Patricia		
100 Back	Club Rec: 1:41.97	Armatys, Barbara			Patricia Niblett	80	TECH	03/04/2012	4:00.63
Barbara Armatys	70	Tech Mar18	03/04/2018	1:41.97	800 Free	Club Rec: 19:19.27	Niblett, Patricia		
Patricia Niblett	72	TECH	03/13/2004	1:59.03	Patricia Niblett	80	QUE PROV	04/13/2012	19:19.27
50 Breast	Club Rec: :53.69	Niblett, Patricia							
Patricia Niblett	73	NATIONALS	05/20/2005	:53.69					
Dorothy Milburn-Smith	70	TECH	01/26/2014	1:26.16					
100 Breast	Club Rec: 2:03.97	Niblett, Patricia							
Patricia Niblett	72	TECH	03/13/2004	2:03.97					
50 Fly	Club Rec: :49.57	Angus, Patricia							
Patricia Angus	70	QUE	04/11/2014	:49.57					
Barbara Armatys	70	Tech Mar18	03/04/2018	:49.59					

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Male 18 to 24				Robert Gillberry	24	TECH	12/04/2010	:33.73	
50 Free	Club Rec: :24.73	Grant, Robin		Cody Lombardo	18	TECH	12/10/2011	:36.67	
Robin Grant	22	NATL 2011	05/23/2011	:24.73	Justin Boileau	24	NY	12/06/1997	:37.91
Casey Gergely	23	NATL 2011	05/23/2011	:24.93	Martin Morissette	23	PROVINCIAL	03/26/2011	:38.00
Chris Cormier	20	PROVINCIAL	03/26/2011	:25.08	Chris Bouwman	21	NATL 2011	05/23/2011	:39.92
Alex Lightbody	22	CMSC 2015	05/18/2015	:25.24	Michel Boileau	24	TECHNOSPO	10/01/1997	:40.40
Nicholas Lightbody	20	NATL 2011	05/23/2011	:25.61	Iain Wilson	19	NATL 2011	05/23/2011	:44.59
Matthew Laschuk	23	NATL 2013	05/17/2013	:25.81	100 Back Club Rec: 1:01.66 Gergely, Casey				
Eric Brault	22	TECH	03/03/2013	:26.06	Casey Gergely	23	NATL 2011	05/23/2011	1:01.66
Nick Bakish	23	QUE PROV	04/19/2002	:27.65	Alex Lightbody	22	CMSC 2015	05/18/2015	1:04.94
Cody Lombardo	19	QUE PROV	04/13/2012	:27.90	Jacob Barton	20	TECH	11/01/2008	1:06.72
Peter Innes	24	TECH Apr16	04/17/2016	:28.56	Herman Liao	18	NATL 2013	05/17/2013	1:28.24
100 Free Club Rec: :53.54 Grant, Robin				Chris Bouwman	21	NATL 2011	05/23/2011	1:32.97	
Robin Grant	22	NATL 2011	05/23/2011	:53.54	Zach Chartrand	21	NATL 2013	05/17/2013	1:37.40
Casey Gergely	23	NATL 2011	05/23/2011	:55.01	Peter Hucal	19	NATL 2011	05/23/2011	1:40.93
Alex Lightbody	22	CMSC 2015	05/18/2015	:55.13	Maurice Gibbs	24	TECHNOSPO	04/12/1997	1:43.92
Nicholas Lightbody	20	NATL 2011	05/23/2011	:55.66	200 Back Club Rec: 3:22.68 Bouwman, Chris				
Matthew Laschuk	23	NATL 2013	05/17/2013	:56.39	Chris Bouwman	21	NATL 2011	05/23/2011	3:22.68
Eric Brault	22	TECH	03/03/2013	:58.78	50 Breast Club Rec: :31.04 Gergely, Casey				
Nick Bakish	23	QUE PROV	04/19/2002	:59.69	Casey Gergely	23	NATL 2011	05/23/2011	:31.04
Robert Gillberry	24	TECH	12/04/2010	1:00.19	Matthew Laschuk	23	NATL 2013	05/17/2013	:31.30
Peter Innes	24	TECH Apr16	04/17/2016	1:03.81	Robin Grant	22	NATL 2011	05/23/2011	:31.36
Stephan Innes	21	TECH	03/03/2013	1:05.06	Nick Bakish	23	QUE PROV	04/19/2002	:33.90
200 Free Club Rec: 2:00.62 Lightbody, Nicholas				Antoine Beaulieu	23	RIDEAU	02/02/2008	:36.64	
Nicholas Lightbody	20	NATL 2011	05/23/2011	2:00.62	Justin Boileau	24	NY	12/06/1997	:38.64
Alex Lightbody	22	CMSC 2015	05/18/2015	2:05.97	Andrew Steel	21	NATL 2011	05/23/2011	:39.32
Eric Brault	22	TECH	03/03/2013	2:07.12	Maurice Gibbs	24	MONTREAL	06/26/1997	:39.46
Jeremy Leite	24	CMSC 2015	05/18/2015	2:13.49	Chris Bouwman	21	NATL 2011	05/23/2011	:40.38
Stephan Innes	21	TECH	03/03/2013	2:25.10	Michel Boileau	24	TECHNOSPO	10/01/1997	:41.12
Martin Morissette	23	PROVINCIAL	03/26/2011	2:27.35	100 Breast Club Rec: 1:10.89 Laschuk, Matthew				
Michel Boileau	23	MONTREAL	06/26/1997	2:31.51	Matthew Laschuk	23	NATL 2013	05/17/2013	1:10.89
Jason Kokotailo	22	NATIONALS	05/20/2005	2:33.78	Robin Grant	22	NATL 2011	05/23/2011	1:11.22
Antoine Beaulieu	23	RIDEAU	02/02/2008	2:37.27	Nick Bakish	23	QUE PROV	04/19/2002	1:15.71
Iain Wilson	19	NATL 2011	05/23/2011	2:45.88	Jeremy Leite	24	CMSC 2015	05/18/2015	1:17.58
400 Free Club Rec: 4:22.33 Lightbody, Nicholas				Andrew Steel	21	NATL 2011	05/23/2011	1:27.19	
Nicholas Lightbody	20	NATL 2011	05/23/2011	4:22.33	Maurice Gibbs	24	MONTREAL	06/26/1997	1:30.59
Jeremy Leite	24	CMSC 2015	05/18/2015	4:52.73	Jason Kokotailo	22	TECH	01/22/2005	1:32.18
Michel Boileau	23	BRANTFORD	05/25/1997	5:31.46	Iain Wilson	19	NATL 2011	05/23/2011	1:41.19
Jason Kokotailo	22	NATIONALS	05/20/2005	5:41.29	Herman Liao	18	NATL 2013	05/17/2013	1:46.14
Zach Chartrand	21	NATL 2013	05/17/2013	6:02.68	200 Breast Club Rec: 2:46.68 Bakish, Nick				
Maurice Gibbs	24	TECHNOSPO	04/12/1997	6:19.05	Nick Bakish	23	QUE PROV	04/19/2002	2:46.68
Herman Liao	18	NATL 2013	05/17/2013	8:16.35	Jason Kokotailo	22	NATIONALS	05/20/2005	3:15.12
800 Free Club Rec: 9:10.39 Cormier, Chris				Andrew Steel	21	NATL 2011	05/23/2011	3:16.69	
Chris Cormier	20	PROVINCIAL	03/26/2011	9:10.39	50 Fly Club Rec: :26.72 Gergely, Casey				
Jeremy Leite	24	CMSC 2015	05/18/2015	9:55.10	Casey Gergely	23	NATL 2011	05/23/2011	:26.72
Cody Lombardo	19	QUE PROV	04/13/2012	11:46.18	Matthew Laschuk	23	NATL 2013	05/17/2013	:26.91
Jason Kokotailo	22	NATIONALS	05/20/2005	11:58.85	Alex Lightbody	22	CMSC 2015	05/18/2015	:26.99
Herman Liao	18	NATL 2013	05/17/2013	16:07.40	Nicholas Lightbody	20	NATL 2011	05/23/2011	:27.58
1500 Free Club Rec: 19:23.71 Leite, Jeremy				Robert Gillberry	24	TECH	12/04/2010	:29.48	
Jeremy Leite	24	CMSC 2015	05/18/2015	19:23.71	Nick Bakish	23	QUE PROV	04/19/2002	:29.96
Michel Boileau	22	HULL	03/30/1996	22:14.49	Michel Boileau	23	TECHNOSPO	10/19/1996	:32.66
Jason Kokotailo	22	NATIONALS	05/20/2005	22:55.81	Justin Boileau	24	NY	12/06/1997	:33.63
Maurice Gibbs	24	MONTREAL	06/26/1997	25:14.76	Andrew Steel	21	NATL 2011	05/23/2011	:35.44
Zach Chartrand	21	NATL 2013	05/17/2013	25:40.02	Jason Kokotailo	22	TECH	01/22/2005	:36.57
Herman Liao	18	NATL 2013	05/17/2013	32:15.76	100 Fly Club Rec: :57.34 Gergely, Casey				
50 Back Club Rec: :29.50 Grant, Robin				Casey Gergely	23	NATL 2011	05/23/2011	:57.34	
Robin Grant	22	NATL 2011	05/23/2011	:29.50	Matthew Laschuk	23	NATL 2013	05/17/2013	:59.82
Alex Lightbody	22	CMSC 2015	05/18/2015	:30.92	Alex Lightbody	22	CMSC 2015	05/18/2015	1:00.23
Nicholas Lightbody	20	NATL 2011	05/23/2011	:31.32	Nicholas Lightbody	20	NATL 2011	05/23/2011	1:04.00

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Eric Brault	22	TECH	03/03/2013	1:05.00	David Goodwin	26	NATIONALS	05/20/2005	2:06.14
Michel Boileau	23	TECHNOSPO	11/01/1996	1:13.99	Trevor Pound	29	Nat99	05/14/1999	2:07.49
Andrew Steel	21	NATL 2011	05/23/2011	1:25.44	Alex Bronson	28	NATL 2011	05/23/2011	2:09.97
200 Fly	Club Rec: 2:16.10	Gergely, Casey			Pierre Barber	29	QUE PROV	04/19/2002	2:13.17
Casey Gergely	23	NATL 2011	05/23/2011	2:16.10	Jeremy Leite	26	CMSC 2017	05/12/2017	2:13.41
100 IM	Club Rec: 1:01.53	Grant, Robin			Larry Hasson	26	TECH	12/05/2009	2:13.77
Robin Grant	22	NATL 2011	05/23/2011	1:01.53	400 Free	Club Rec: 4:12.42	Bonneau, Louis David		
Matthew Laschuk	23	NATL 2013	05/17/2013	1:02.23	Louis David Bonneau	28	NATIONALS	05/16/2008	4:12.42
Chris Cormier	20	PROVINCIAL	03/26/2011	1:03.17	Jamie Stephenson	29	QUE PROV	04/19/2002	4:27.13
Nick Bakish	23	QUE PROV	04/19/2002	1:08.05	Adam Nicholson	28	OntProv'09	03/20/2009	4:31.02
Jeremy Leite	24	CMSC 2015	05/18/2015	1:08.22	Danny Finch	28	MONTREAL	06/26/1997	4:34.24
Jacob Barton	20	TECH	11/01/2008	1:08.57	David Goodwin	26	TECH	04/09/2005	4:38.35
Robert Gillberry	24	TECH	12/04/2010	1:08.58	Pierre Barber	29	QUE PROV	04/19/2002	4:51.43
Justin Boileau	24	NY	12/06/1997	1:16.50	Justin Boileau	26	Nat99	05/14/1999	5:06.09
Andrew Steel	21	NATL 2011	05/23/2011	1:17.21	Michel Elibani	26	ETOBICOKE	04/28/1996	5:09.12
Martin Morissette	23	PROVINCIAL	03/26/2011	1:18.22	Sylvain Whissell	27	TECHNOSPO	11/14/1998	5:09.92
200 IM	Club Rec: 2:19.18	Lightbody, Nicholas			Paul Mears	28	NATL 2013	05/17/2013	5:24.72
Nicholas Lightbody	20	NATL 2011	05/23/2011	2:19.18	800 Free	Club Rec: 9:38.49	Finch, Danny		
Chris Cormier	20	PROVINCIAL	03/26/2011	2:20.12	Danny Finch	28	MONTREAL	06/26/1997	9:38.49
Robin Grant	22	NATL 2011	05/23/2011	2:22.65	Jeremy Leite	26	CMSC 2017	05/12/2017	10:04.80
Jeremy Leite	24	CMSC 2015	05/18/2015	2:31.14	Mark McKenna	29	TECHNOSPO	02/08/1997	10:24.90
Cody Lombardo	19	QUE PROV	04/13/2012	2:45.59	James Wildsmith	29	RIDEAU	02/02/2008	10:51.41
Michel Boileau	23	BRANTFORD	05/25/1997	2:48.25	Paul Mears	28	NATL 2013	05/17/2013	11:04.44
Andrew Steel	21	NATL 2011	05/23/2011	2:57.18	Steven Cann	28	PROVI	04/06/2003	11:26.25
Zach Chartrand	21	NATL 2013	05/17/2013	3:16.95	Nathaniel Mallet	26	TECHNOSPO	12/12/1998	11:46.24
Peter Hucal	19	NATL 2011	05/23/2011	3:21.42	Maurice Gibbs	29	TECH-OTTA	02/23/2001	12:05.51
Maurice Gibbs	24	TECHNOSPO	04/12/1997	3:32.44	Rob Clay	29	Nat99	05/14/1999	12:58.28
400 IM	Club Rec: 5:05.77	Cormier, Chris			Gary Cooper	27	NATL 2013	05/17/2013	13:31.48
Chris Cormier	20	PROVINCIAL	03/26/2011	5:05.77	1500 Free	Club Rec: 18:15.36	Stephenson, Jamie		
Male 25 to 29					Jamie Stephenson	29	QUE PROV	04/19/2002	18:15.36
25 Free					Daniel Paquette	25	OTTAWA-TE	12/11/1999	19:03.92
Jonathon Christie	27	TECH	10/20/2001	:12.78	Jeremy Leite	26	CMSC 2017	05/12/2017	19:38.50
50 Free	Club Rec: :24.66	Nicholson, Adam			Jonathon Christie	28	QUE PROV	04/19/2002	20:33.28
Adam Nicholson	28	OntProv'09	03/20/2009	:24.66	William Dicke	25	OTTAWA-TE	12/11/1999	21:06.91
Daniel Paquette	25	Nat99	05/14/1999	:24.67	Justin Boileau	26	Nat99	05/14/1999	21:08.41
Louis David Bonneau	28	NATIONALS	05/16/2008	:24.70	Greg Moore	26	PROVI	04/06/2003	21:25.19
Trevor Pound	29	Nat99	05/14/1999	:25.25	Paul Mears	28	NATL 2013	05/17/2013	21:34.27
Ian Kennedy	27	QUE PROV	04/03/2004	:25.59	Michel Elibani	26	HULL	03/30/1996	21:42.49
Jean Francois Pare	29	QUE PROV	04/21/2006	:25.87	Steven Cann	28	PROVI	04/06/2003	21:55.85
Roger Hanna	25	TECH Dec16	12/04/2016	:26.27	50 Back	Club Rec: :28.75	Babaris, Alex		
Pierre Barber	29	QUE PROV	04/19/2002	:26.33	Alex Babaris	25	QUE PROV	04/21/2006	:28.75
Larry Hasson	26	TECH	12/05/2009	:26.38	Daniel Paquette	25	Nat99	05/14/1999	:29.11
Andrew Baier	26	NATL 2011	05/23/2011	:26.41	Jean Francois Pare	29	QUE PROV	04/21/2006	:29.39
100 Free	Club Rec: :53.18	Bonneau, Louis David			David Goodwin	26	NATIONALS	05/20/2005	:29.87
Louis David Bonneau	28	NATIONALS	05/16/2008	:53.18	Chris Pilon	29	VICTORIA	05/19/1995	:30.34
Daniel Paquette	25	Nat99	05/14/1999	:53.93	James Wildsmith	28	QUEBEC	04/22/2007	:31.26
Adam Nicholson	28	OntProv'09	03/20/2009	:54.48	Robert Gillberry	25	PROVINCIAL	03/26/2011	:31.88
Trevor Pound	29	Nat99	05/14/1999	:55.34	Daniel Brumar	25	Tech Mar18	03/04/2018	:34.68
Roger Hanna	25	TECH Dec16	12/04/2016	:56.03	Andrew Gallagher	27	TROIS	04/20/2001	:34.73
Alex Bronson	28	NATL 2011	05/23/2011	:58.02	Jonathon Christie	27	TECH	10/20/2001	:35.29
Ian Kennedy	27	QUE PROV	04/03/2004	:58.10	100 Back	Club Rec: :59.67	Bonneau, Louis David		
Andrew Baier	26	NATL 2011	05/23/2011	:58.21	Louis David Bonneau	28	NATIONALS	05/16/2008	:59.67
Pierre Barber	29	QUE PROV	04/19/2002	:58.69	David Goodwin	26	NATIONALS	05/20/2005	1:03.90
Marty Launiere	27	QUE PROV	04/21/2006	:59.14	James Wildsmith	28	QUEBEC	04/22/2007	1:07.19
200 Free	Club Rec: 1:55.77	Bonneau, Louis David			Robert Gillberry	25	PROVINCIAL	03/26/2011	1:10.94
Louis David Bonneau	28	NATIONALS	05/16/2008	1:55.77	Jonathon Christie	28	TECH	04/13/2002	1:14.69
Daniel Paquette	25	Nat99	05/14/1999	1:59.34	Paul Mears	26	NATL 2011	05/23/2011	1:15.41
Adam Nicholson	28	OntProv'09	03/20/2009	2:02.43	Nathaniel Mallet	27	Nat99	05/14/1999	1:18.18
Jamie Stephenson	29	QUE PROV	04/19/2002	2:05.69	Khalil Hassanali	26	NATIONALS	05/15/2009	1:18.23
					Andrew Milne	25	TECH	04/13/2002	1:18.24

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Justin Boileau	25	ETOBICOKE	03/13/1998	1:22.96	Michel Boileau	26	TECHNOSPO	04/17/1999	1:15.68
200 Back	Club Rec: 2:15.67	Goodwin, David			Daniel Brumar	25	Tech Mar18	03/04/2018	1:17.86
David Goodwin	26	NATIONALS	05/20/2005	2:15.67	200 Fly	Club Rec: 2:21.20	Bonneau, Louis David		
Louis David Bonneau	27	QUEBEC	04/22/2007	2:20.15	Louis David Bonneau	28	TECH	01/13/2008	2:21.20
James Wildsmith	28	QUEBEC	04/22/2007	2:22.06	James Wildsmith	28	QUEBEC	04/22/2007	2:22.86
Khalil Hassanali	26	NATIONALS	05/15/2009	2:47.15	Danny Finch	28	MONTREAL	06/26/1997	2:25.17
Paul Mears	28	NATL 2013	05/17/2013	2:57.47	Jonathon Christie	28	QUE PROV	04/19/2002	2:35.81
50 Breast	Club Rec: :30.85	Pilon, Chris			Khalil Hassanali	26	NATIONALS	05/15/2009	3:11.13
Chris Pilon	29	VICTORIA	05/19/1995	:30.85	100 IM	Club Rec: 1:00.33	Bonneau, Louis David		
Roger Hanna	25	TECH Dec16	12/04/2016	:32.07	Louis David Bonneau	28	NATIONALS	05/16/2008	1:00.33
Marty Launiere	27	QUE PROV	04/21/2006	:32.51	Daniel Paquette	25	Nat99	05/14/1999	1:01.29
Adam Nicholson	28	OntProv'09	03/20/2009	:32.57	Chris Pilon	29	VICTORIA	05/19/1995	1:01.60
Jonathon Christie	28	QUE PROV	04/19/2002	:33.59	Chris (dob) Elliot	29	TECH	11/04/2006	1:02.24
Alex Bronson	28	NATL 2011	05/23/2011	:33.97	Jean Francois Pare	29	QUE PROV	04/21/2006	1:04.14
Ian Kennedy	27	QUE PROV	04/03/2004	:34.14	Danny Finch	28	MONTREAL	06/26/1997	1:04.79
Mark McKenna	29	MONTREAL	06/26/1997	:34.29	Andrew Baier	26	NATL 2011	05/23/2011	1:06.12
Andrew Gallagher	27	TROIS	04/20/2001	:35.54	Trevor Pound	29	Nat99	05/14/1999	1:06.20
Andrew Milne	26	PROVI	04/06/2003	:35.84	David Goodwin	26	NATIONALS	05/20/2005	1:06.33
100 Breast	Club Rec: 1:07.70	Pilon, Chris			Ian Kennedy	27	QUE PROV	04/03/2004	1:07.17
Chris Pilon	29	VICTORIA	05/19/1995	1:07.70	200 IM	Club Rec: 2:09.95	Bonneau, Louis David		
Alex Bronson	28	NATL 2011	05/23/2011	1:13.02	Louis David Bonneau	28	NATIONALS	05/16/2008	2:09.95
Mark McKenna	29	MONTREAL	06/26/1997	1:13.54	Alex Babaris	25	QUE PROV	04/21/2006	2:20.48
James Wildsmith	28	QUEBEC	04/22/2007	1:14.10	Danny Finch	28	MONTREAL	06/26/1997	2:20.78
Marty Launiere	27	QUE PROV	04/21/2006	1:14.13	David Goodwin	26	NATIONALS	05/20/2005	2:21.04
Daniel Brumar	25	TECH Feb18	02/04/2018	1:14.24	Alex Bronson	28	NATL 2011	05/23/2011	2:21.67
Jonathon Christie	28	QUE PROV	04/19/2002	1:14.45	James Wildsmith	28	QUEBEC	04/22/2007	2:23.28
Roger Hanna	25	TECH Dec16	12/04/2016	1:14.66	Andrew Baier	26	NATL 2011	05/23/2011	2:27.24
Louis David Bonneau	28	TECH	01/13/2008	1:15.27	Jonathon Christie	28	QUE PROV	04/19/2002	2:29.08
Jeremy Leite	26	CMSC 2017	05/12/2017	1:15.65	Robert Gillberry	25	PROVINCIAL	03/26/2011	2:36.85
200 Breast	Club Rec: 2:26.59	Pilon, Chris			Pierre Barber	29	QUE PROV	04/19/2002	2:38.88
Chris Pilon	29	VICTORIA	05/19/1995	2:26.59	400 IM	Club Rec: 4:58.82	Goodwin, David		
Chris (dob) Elliot	29	TECH	11/04/2006	2:27.17	David Goodwin	26	NATIONALS	05/20/2005	4:58.82
Danny Finch	28	MONTREAL	06/26/1997	2:37.45	Danny Finch	28	MONTREAL	06/26/1997	5:01.81
Alex Bronson	28	NATL 2011	05/23/2011	2:40.29	Jamie Stephenson	29	QUE PROV	04/19/2002	5:10.63
Marty Launiere	27	QUE PROV	04/21/2006	2:41.70	Jonathon Christie	28	QUE PROV	04/19/2002	5:18.85
Jonathon Christie	28	QUE PROV	04/19/2002	2:42.38	Andrew Baier	26	NATL 2011	05/23/2011	5:24.79
Mark McKenna	29	MONTREAL	06/26/1997	2:43.61	Khalil Hassanali	26	NATIONALS	05/15/2009	6:24.81
Andrew Milne	26	NATIONALS	05/16/2003	2:56.87	Steven Cann	28	PROVI	04/06/2003	6:30.55
Steven Cann	27	QUE PROV	04/19/2002	3:17.12					
Rob Clay	26	MONTREAL	06/26/1997	3:19.06	Male 30 to 34				
50 Fly	Club Rec: :26.23	Babaris, Alex			25 Free				
Alex Babaris	25	QUE PROV	04/21/2006	:26.23	John Helsdon	34	TECH	10/20/2001	:16.58
Daniel Paquette	25	Nat99	05/14/1999	:26.96	50 Free	Club Rec: :24.48	Oliva, Steve		
Louis David Bonneau	27	QUEBEC	04/22/2007	:27.58	Stepan Oliva	33	Nat99	05/14/1999	:24.48
Jean Francois Pare	29	QUE PROV	04/21/2006	:27.63	Adam Nicholson	30	PROVINCIAL	03/26/2011	:24.81
Chris Pilon	29	VICTORIA	05/19/1995	:27.80	Gerry Parenti	31	NATIONALS	05/16/2003	:24.88
Trevor Pound	29	Nat99	05/14/1999	:27.96	Patrick Byam	33	TECH	03/02/2014	:25.15
Andrew Baier	27	NATL 2012	05/18/2012	:28.13	Scott Dick	34	NATIONALS	05/20/2005	:25.27
Larry Hasson	26	TECH	12/05/2009	:28.40	Louis David Bonneau	30	QUE PROV	04/16/2010	:25.35
Ian Kennedy	28	NATIONALS	05/20/2005	:28.75	Justin George	32	CMSC 2016	05/20/2016	:25.44
Marty Launiere	27	QUE PROV	04/21/2006	:28.91	Mark Saint-Omer	31	TECH Dec	12/07/2014	:25.47
100 Fly	Club Rec: :58.88	Paquette, Daniel			Pierre Barber	30	PROVI	04/06/2003	:25.63
Daniel Paquette	25	Nat99	05/14/1999	:58.88	Jean Francois Pare	30	QUEBEC	04/22/2007	:25.81
Louis David Bonneau	28	NATIONALS	05/16/2008	:59.18	100 Free	Club Rec: :53.75	Bonneau, Louis David		
Andrew Baier	26	NATL 2011	05/23/2011	1:05.03	Louis David Bonneau	30	QUE PROV	04/16/2010	:53.75
Marty Launiere	27	QUE PROV	04/21/2006	1:05.68	Jean Francois Pare	32	OntProv'09	03/20/2009	:54.09
Robert Gillberry	25	PROVINCIAL	03/26/2011	1:07.14	Stepan Oliva	33	Nat99	05/14/1999	:54.20
Ian Kennedy	28	NATIONALS	05/20/2005	1:07.52	Adam Nicholson	30	PROVINCIAL	03/26/2011	:54.69
Majed Piedra Abu Sharar	29	TECH Dec16	12/04/2016	1:07.53	Gerry Parenti	31	NATIONALS	05/16/2003	:54.82
Jonathon Christie	27	TROIS	04/20/2001	1:10.83	Scott Dick	34	NATIONALS	05/20/2005	:54.84

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Danny Finch	34	TECH	05/11/2002	:56.91	100 Back	Club Rec: 1:00.81	Bonneau, Louis David		
Tomas Oliva	33	ETOBICOKE	04/28/1996	:57.22	Louis David Bonneau	30	QUE PROV	04/16/2010	1:00.81
Patrick Byam	33	TECH	03/02/2014	:58.00	Gerry Parenti	31	NATIONALS	05/16/2003	1:01.42
Pierre Barber	30	PROVI	04/06/2003	:58.37	Jean Francois Pare	31	NATIONALS	05/16/2008	1:02.99
200 Free	Club Rec: 2:01.15	Bonneau, Louis David			Alvaro Yogi	34	QUE	04/11/2014	1:05.95
Louis David Bonneau	33	NATL 2013	05/17/2013	2:01.15	James Wildsmith	31	QUE PROV	04/16/2010	1:07.04
Adam Nicholson	30	PROVINCIAL	03/26/2011	2:02.99	Danny Finch	34	TECK	03/16/2002	1:07.05
Scott Dick	34	NATIONALS	05/20/2005	2:03.60	Scott Dick	33	KY MINI ME	11/14/2004	1:10.26
Danny Finch	34	ONT PROV	04/05/2002	2:03.82	Nicolas Dufour	31	NATIONALS	05/16/2003	1:11.26
Tomas Oliva	33	HULL	03/30/1996	2:08.06	Michael Lane	33	OTTAWA	11/04/2000	1:13.43
Nicolas Dufour	31	NATIONALS	05/16/2003	2:08.26	Philip Lemire	34	NATL 2011	05/23/2011	1:14.21
Chris (dob) Elliot	30	TECH	01/13/2007	2:09.89	200 Back	Club Rec: 2:22.88	Yogi, Alvero		
Mo Grimshaw	32	Nat99	05/14/1999	2:13.28	Alvaro Yogi	34	QUE	04/11/2014	2:22.88
Pierre Barber	30	PROVI	04/06/2003	2:13.29	Scott Dick	34	NATIONALS	05/20/2005	2:23.13
Alvaro Yogi	34	QUE	04/11/2014	2:13.52	Danny Finch	34	QUE PROV	04/19/2002	2:23.45
400 Free	Club Rec: 4:17.80	Bonneau, Louis David			Gerry Parenti	30	QUE PROV	04/19/2002	2:26.96
Louis David Bonneau	30	QUE PROV	04/16/2010	4:17.80	Chris (dob) Elliot	30	TECH	01/13/2007	2:28.51
Danny Finch	34	QUE PROV	04/19/2002	4:26.41	Michael Lane	33	STE FOY	04/14/2000	2:39.74
Scott Dick	33	KY SCM	12/04/2004	4:27.74	Philip Lemire	32	OntProv'09	03/20/2009	2:42.84
Michael Lane	33	HALIFAX,	05/12/2000	4:39.70	Maurice Gibbs	32	QUE PROV	04/03/2004	3:13.60
Nicolas Dufour	31	NATIONALS	05/16/2003	4:40.31	50 Breast	Club Rec: :31.58	Pilon, Chris		
Mo Grimshaw	31	TECHNOSPO	12/12/1998	4:45.32	Chris Pilon	34	Nat99	05/14/1999	:31.58
Pierre Barber	30	PROVI	04/06/2003	4:47.78	Adam Nicholson	30	PROVINCIAL	03/26/2011	:32.30
Chris (dob) Elliot	30	TECH	05/05/2007	4:59.74	Jean Francois Pare	32	OntProv'09	03/20/2009	:33.53
Steven Cann	31	TECH	04/08/2006	5:02.67	Michael Lane	33	HALIFAX,	05/12/2000	:33.64
Mike Wilson	31	Nat99	05/14/1999	5:04.79	Danny Finch	34	TECH	05/11/2002	:33.74
800 Free	Club Rec: 9:13.29	Finch, Danny			Alvaro Yogi	33	NATL 2013	05/17/2013	:33.98
Danny Finch	34	TECH	06/01/2002	9:13.29	Scott Dick	33	RIDEAU SPE	02/21/2004	:34.30
Michael Lane	33	HALIFAX,	05/12/2000	9:43.50	Mark McKenna	31	ETOBICOKE	03/13/1998	:34.89
James Wildsmith	31	QUE PROV	04/16/2010	10:10.90	Marty Launiere	33	QUE PROV	04/13/2012	:35.14
Richard Isnor	33	OTTAWA-TE	02/12/2000	10:28.74	Paul Backman	34	CMSC 2015	05/18/2015	:36.14
Alvaro Yogi	33	NATL 2013	05/17/2013	10:35.52	100 Breast	Club Rec: 1:09.78	Pilon, Chris		
Steven Cann	31	QUE PROV	04/21/2006	10:41.20	Chris Pilon	34	Nat99	05/14/1999	1:09.78
Ian Fraser	32	TECHNOSPO	05/01/1997	10:41.58	Danny Finch	34	ONT PROV	04/05/2002	1:12.25
Greg Moore	34	PROVINCIAL	03/26/2011	10:48.00	Michael Lane	33	HALIFAX,	05/12/2000	1:14.03
Philip Lemire	32	OntProv'09	03/20/2009	10:57.49	Stepan Oliva	33	Nat99	05/14/1999	1:14.38
Koz Dickinson	31	NATL 2011	05/23/2011	11:12.54	Scott Dick	33	RIDEAU SPE	02/21/2004	1:15.36
1500 Free	Club Rec: 18:23.71	Finch, Danny			Alvaro Yogi	33	NATL 2013	05/17/2013	1:15.39
Danny Finch	33	BROCKVILLE	04/29/2001	18:23.71	Mark McKenna	31	ETOBICOKE	03/13/1998	1:16.10
Michael Lane	33	TECH-OTTA	12/09/2000	19:01.70	Nicolas Dufour	31	NATIONALS	05/16/2003	1:16.27
Tim Lang	34	HULL	03/30/1996	19:42.73	James Wildsmith	31	QUE PROV	04/16/2010	1:17.08
Richard Isnor	33	OTTAWA-TE	02/12/2000	19:52.76	Louis David Bonneau	30	ARTHURS	03/13/2010	1:17.20
Ian Fraser	32	HULL	03/22/1997	19:54.16	200 Breast	Club Rec: 2:30.74	Pilon, Chris		
Steven Cann	34	OntProv'09	03/20/2009	20:42.25	Chris Pilon	34	Nat99	05/14/1999	2:30.74
Mathieu Mallett	32	QUE PROV	04/13/2012	20:52.14	Danny Finch	33	BROCKVILLE	04/29/2001	2:34.77
Mo Grimshaw	31	TECHNOSPO	12/12/1998	20:53.85	Chris (dob) Elliot	30	TECH	05/05/2007	2:39.21
Mike Wilson	31	OTTAWA-TE	12/11/1999	21:17.51	Tomas Oliva	33	ETOBICOKE	04/28/1996	2:41.38
Philip Lemire	34	NATL 2011	05/23/2011	21:22.87	Michael Lane	33	HALIFAX,	05/12/2000	2:45.55
50 Back	Club Rec: :27.63	Parenti, Geraldo			Scott Dick	33	RIDEAU SPE	02/21/2004	2:46.34
Gerry Parenti	31	NATIONALS	05/16/2003	:27.63	Alvaro Yogi	34	TECH Dec	12/07/2014	2:47.31
Jean Francois Pare	30	QUEBEC	04/22/2007	:28.69	Mark McKenna	31	ETOBICOKE	03/13/1998	2:48.64
Scott Dick	34	NATIONALS	05/20/2005	:30.44	Steven Cann	34	OntProv'09	03/20/2009	3:03.39
Alvaro Yogi	33	NATL 2013	05/17/2013	:30.69	Rob Clay	33	NATIONALS	05/16/2003	3:16.56
Danny Finch	34	SPEEDEAUS	02/16/2002	:31.09	50 Fly	Club Rec: :26.23	Parenti, Geraldo		
Chris Pilon	34	TECHNOSPO	03/20/1999	:31.30	Gerry Parenti	31	NATIONALS	05/16/2003	:26.23
James Wildsmith	31	QUE PROV	04/16/2010	:31.55	Jean Francois Pare	31	NATIONALS	05/16/2008	:27.34
Greg (dob) Hughes	31	PROVI	04/06/2003	:32.85	Justin George	32	CMSC 2016	05/20/2016	:27.50
Adam Nicholson	30	PROVINCIAL	03/26/2011	:33.04	Scott Dick	33	QUE PROV	04/03/2004	:27.93
Maurice Gibbs	30	QUE PROV	04/19/2002	:33.47	Danny Finch	34	TECH	05/11/2002	:28.68
					Adam Nicholson	30	PROVINCIAL	03/26/2011	:28.76

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Stepan Oliva	33	Nat99	05/14/1999	:28.91	50 Free	Club Rec: :24.61	Parenti, Geraldo		
Mark Saint-Omer	31	TECH Dec	12/07/2014	:29.08	Gerry Parenti	36	NATIONALS	05/16/2008	:24.61
Mo Grimshaw	32	Nat99	05/14/1999	:29.43	Jean-Francois Harvey	38	SPEEDEAUS	02/16/2002	:25.27
Pierre Barber	30	PROVI	04/06/2003	:29.79	Scott Dick	36	QUEBEC	04/22/2007	:25.27
100 Fly	Club Rec: 1:00.03	Parenti, Geraldo			Garth Sindrey	36	PROV	03/30/2012	:25.60
Gerry Parenti	31	NATIONALS	05/16/2003	1:00.03	Jean Francois Pare	35	QUE PROV	04/13/2012	:25.81
Scott Dick	34	NATIONALS	05/20/2005	1:00.42	Danny Finch	35	PROVI	04/06/2003	:26.06
Louis David Bonneau	33	NATL 2013	05/17/2013	1:02.41	Rick Scott	36	Nat99	05/14/1999	:26.22
Danny Finch	33	BROS	10/27/2001	1:02.59	Stepan Oliva	39	TECH	11/26/2005	:26.24
Chris (dob) Elliot	30	TECH	01/13/2007	1:03.34	Daren Carbonneau	39	QUEBEC	04/22/2007	:26.49
Jean Francois Pare	31	NATIONALS	05/16/2008	1:03.59	Oliver Gomes	37	NATIONALS	05/16/2008	:26.87
Tomas Oliva	33	ETOBICOKE	04/28/1996	1:04.06	100 Free	Club Rec: :54.11	Dick, Scott		
Alvaro Yogi	34	TECH Dec	12/07/2014	1:05.34	Scott Dick	37	NATIONALS	05/16/2008	:54.11
James Wildsmith	31	QUE PROV	04/16/2010	1:07.74	Gerry Parenti	35	QUEBEC	04/22/2007	:55.82
Marty Launiere	33	QUE PROV	04/13/2012	1:11.12	Jean-Francois Harvey	39	NATIONALS	05/16/2003	:56.33
200 Fly	Club Rec: 2:17.83	Finch, Danny			Garth Sindrey	35	PROVINCIAL	03/26/2011	:56.66
Danny Finch	34	QUE PROV	04/19/2002	2:17.83	Danny Finch	35	COUPE	11/29/2003	:57.25
Scott Dick	34	NATIONALS	05/20/2005	2:18.78	Rick Scott	36	Nat99	05/14/1999	:58.29
Chris (dob) Elliot	30	TECH	01/13/2007	2:28.39	Stepan Oliva	39	TECH	11/26/2005	:58.89
Alvaro Yogi	33	NATL 2013	05/17/2013	2:36.18	Daren Carbonneau	39	QUEBEC	04/22/2007	:59.87
Michael Lane	33	STE FOY	04/14/2000	3:06.64	Oliver Gomes	37	NATIONALS	05/16/2008	1:00.38
Steven Cann	31	QUE PROV	04/21/2006	3:12.84	Alvaro Yogi	35	TECH Dec15	12/06/2015	1:00.72
100 IM	Club Rec: 1:01.14	Bonneau, Louis David			200 Free	Club Rec: 2:00.14	Dick, Scott		
Louis David Bonneau	30	QUE PROV	04/16/2010	1:01.14	Scott Dick	37	NATIONALS	05/16/2008	2:00.14
Gerry Parenti	31	NATIONALS	05/16/2003	1:01.51	Danny Finch	35	PROVI	04/06/2003	2:02.81
Chris Pilon	34	Nat99	05/14/1999	1:02.60	Garth Sindrey	35	NATL 2011	05/23/2011	2:07.82
Jean Francois Pare	32	OntProv'09	03/20/2009	1:03.06	Nicolas Dufour	37	NATIONALS	05/15/2009	2:09.80
Adam Nicholson	30	PROVINCIAL	03/26/2011	1:03.76	Rick Scott	36	Nat99	05/14/1999	2:10.80
Danny Finch	34	ONT PROV	04/05/2002	1:04.03	Pierre Barber	38	PROVINCIAL	03/26/2011	2:19.44
Stepan Oliva	33	Nat99	05/14/1999	1:04.55	Steve Coles	37	MONTREAL	06/26/1997	2:20.30
Scott Dick	33	QUE PROV	04/03/2004	1:04.90	Jack (dob) Burkom	37	TECH	01/31/2009	2:20.35
James Wildsmith	31	QUE PROV	04/16/2010	1:08.53	John Timmermans	39	NATL 2011	05/23/2011	2:20.41
Greg (dob) Hughes	31	PROVI	04/06/2003	1:09.99	Philip Lemire	35	QUE PROV	04/13/2012	2:23.75
200 IM	Club Rec: 2:11.93	Bonneau, Louis David			400 Free	Club Rec: 4:25.24	Finch, Danny		
Louis David Bonneau	30	QUE PROV	04/16/2010	2:11.93	Danny Finch	37	QUE PROV	04/15/2005	4:25.24
Danny Finch	34	QUE PROV	04/19/2002	2:16.02	Scott Dick	38	NATIONALS	05/15/2009	4:26.85
Chris Pilon	34	Nat99	05/14/1999	2:19.83	Nicolas Dufour	37	NATIONALS	05/15/2009	4:40.42
Jean Francois Pare	31	NATIONALS	05/16/2008	2:20.78	Alvaro Yogi	36	CMSC 2016	05/20/2016	4:52.39
Scott Dick	33	QUE PROV	04/03/2004	2:23.89	Tim Lang	36	TECHNOSPO	05/01/1997	5:04.27
Michael Lane	33	HALIFAX,	05/12/2000	2:25.37	Pierre Barber	38	PROVINCIAL	03/26/2011	5:10.41
Tomas Oliva	33	ETOBICOKE	04/28/1996	2:25.74	John Timmermans	39	NATL 2011	05/23/2011	5:16.66
Nicolas Dufour	31	NATIONALS	05/16/2003	2:27.50	Steven Cann	38	NATL 2013	05/17/2013	5:17.96
Mark McKenna	31	ETOBICOKE	03/13/1998	2:35.31	Lee Storm	35	Rideauspee	02/19/2005	5:18.18
Alvaro Yogi	34	TECH Dec	12/07/2014	2:35.66	Michael Robern	36	TECHNOSPO	12/13/1997	5:27.74
400 IM	Club Rec: 4:53.85	Finch, Danny			800 Free	Club Rec: 9:10.92	Finch, Danny		
Danny Finch	34	QUE PROV	04/19/2002	4:53.85	Danny Finch	37	QUE PROV	04/15/2005	9:10.92
Scott Dick	34	NATIONALS	05/20/2005	5:08.78	Scott Dick	38	NATIONALS	05/15/2009	9:23.40
Michael Lane	33	HALIFAX,	05/12/2000	5:14.55	Nicolas Dufour	39	NATL 2011	05/23/2011	10:09.44
Nicolas Dufour	31	NATIONALS	05/16/2003	5:16.45	Tim Lang	36	TECHNOSPO	05/01/1997	10:16.89
Alvaro Yogi	34	QUE	04/11/2014	5:22.23	Lee Storm	35	Rideauspee	02/19/2005	10:48.28
Tomas Oliva	33	ETOBICOKE	04/28/1996	5:25.02	James Norman	39	OTTAWA	06/05/1999	11:18.55
Steven Cann	31	QUE PROV	04/21/2006	6:01.11	Michael Robern	36	TECHNOSPO	12/13/1997	11:21.64
Ian Fraser	32	TECHNOSPO	03/08/1997	6:08.96	John Timmermans	39	PROVINCIAL	03/26/2011	11:27.90
Male 35 to 39					Matthew White	37	TECHNOSPO	12/13/1997	13:00.37
25 Free					Maurice Gibbs	36	NATIONALS	05/16/2008	13:14.88
Jean-Francois Harvey	37	TECH	10/20/2001	:11.76	1500 Free	Club Rec: 17:44.76	Finch, Danny		
					Danny Finch	37	NATIONALS	05/20/2005	17:44.76
					Tim Lang	36	TECHNOSPO	05/01/1997	19:26.26
					Steven Cann	38	NATL 2013	05/17/2013	20:17.55
					James Norman	39	Nat99	05/14/1999	20:53.35

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John Timmermans	39	NATL 2011	05/23/2011	20:56.91	200 Breast	Club Rec: 2:33.46	Finch, Danny		
Lee Storm	35	NATIONALS	05/20/2005	21:13.40	Danny Finch	37	NATIONALS	05/20/2005	2:33.46
Philip Lemire	35	QUE PROV	04/13/2012	21:51.16	Alvaro Yogi	37	CMSC 2017	05/12/2017	2:40.76
Reid Van Melle	38	NATL 2013	05/17/2013	21:54.96	Scott Dick	38	OntProv'09	03/20/2009	2:42.11
Clement Chan	36	CMSC 2015	05/18/2015	21:57.61	Donald Couzens	36	QUE PROV	04/13/2012	3:25.90
Michael Robern	35	TECHNOSPO	02/08/1997	22:01.04	Aaron Marsaw	35	NATIONALS	05/16/2008	4:05.89
50 Back	Club Rec: :25.27	Dick, Scott			Lee Dixon	37	TECH	01/30/2010	5:15.31
Gerry Parenti	36	NATIONALS	05/16/2008	:28.38	50 Fly	Club Rec: :26.62	Parenti, Geraldo		
Jean Francois Pare	35	QUE PROV	04/13/2012	:29.64	Gerry Parenti	36	NATIONALS	05/16/2008	:26.62
Danny Finch	35	COUPE	11/29/2003	:31.00	Jean Francois Pare	35	QUE PROV	04/13/2012	:27.41
Rick Scott	36	Nat99	05/14/1999	:31.03	Scott Dick	38	NATIONALS	05/15/2009	:27.98
Jean-Francois Harvey	37	TECH	10/20/2001	:33.55	Garth Sindrey	35	NATL 2011	05/23/2011	:28.47
Philip Lemire	35	QUE PROV	04/13/2012	:34.09	Jean-Francois Harvey	39	NATIONALS	05/16/2003	:28.68
Oliver Gomes	37	NATIONALS	05/16/2008	:35.29	Danny Finch	35	COUPE	11/29/2003	:28.79
Nicolas Dufour	37	NATIONALS	05/15/2009	:35.35	Alvaro Yogi	37	CMSC 2017	05/12/2017	:28.94
Lee Storm	35	NATIONALS	05/20/2005	:37.61	Daren Carbonneau	39	QUEBEC	04/22/2007	:29.25
Michael Robern	36	TECHNOSPO	10/01/1997	:37.74	Clement Chan	36	CMSC 2015	05/18/2015	:31.12
100 Back	Club Rec: 1:01.78	Parenti, Geraldo			Gasim Al Zuhair	39	TECH	12/04/2010	:31.35
Gerry Parenti	35	QUEBEC	04/22/2007	1:01.78	100 Fly	Club Rec: 1:01.06	Parenti, Geraldo/Dick, Sc		
Alvaro Yogi	35	CMSC 2015	05/18/2015	1:05.65	Scott Dick	37	NATIONALS	05/16/2008	1:01.06
Danny Finch	35	COUPE	11/29/2003	1:06.52	Gerry Parenti	35	QUEBEC	04/22/2007	1:01.06
Rick Scott	36	Nat99	05/14/1999	1:09.63	Danny Finch	35	COUPE	11/29/2003	1:02.55
Garth Sindrey	36	PROV	03/30/2012	1:09.70	Garth Sindrey	35	PROVINCIAL	03/26/2011	1:03.36
Scott Dick	36	TECH	03/17/2007	1:11.32	Alvaro Yogi	37	TECH Mar17	03/05/2017	1:08.19
Nicolas Dufour	37	NATIONALS	05/15/2009	1:13.06	Amine Maghri	38	NATL 2013	05/17/2013	1:11.44
Philip Lemire	35	QUE PROV	04/13/2012	1:14.87	Steve Coles	37	TECHNOSPO	11/01/1996	1:21.20
Lee Storm	35	NATIONALS	05/20/2005	1:21.20	John Timmermans	39	NATL 2011	05/23/2011	1:22.23
Oliver Gomes	37	NATIONALS	05/16/2008	1:22.87	200 Fly	Club Rec: 2:16.12	Finch, Danny		
200 Back	Club Rec: 2:20.17	Finch, Danny			Danny Finch	35	NATIONALS	05/16/2003	2:16.12
Danny Finch	37	NATIONALS	05/20/2005	2:20.17	Scott Dick	38	OntProv'09	03/20/2009	2:20.82
Alvaro Yogi	35	CMSC 2015	05/18/2015	2:23.51	Alvaro Yogi	37	CMSC 2017	05/12/2017	2:30.22
Scott Dick	38	OntProv'09	03/20/2009	2:31.29	John Timmermans	39	NATL 2011	05/23/2011	3:16.47
Philip Lemire	35	QUE PROV	04/13/2012	2:46.78	100 IM	Club Rec: :33.33	Chan, Clement		
Lee Storm	36	QUE PROV	04/21/2006	2:57.51	Gerry Parenti	35	QUEBEC	04/22/2007	1:01.47
Donald Couzens	35	NATL 2011	05/23/2011	3:20.80	Danny Finch	35	PROVI	04/06/2003	1:03.72
Marcos Magalhaes	37	NATL 2011	05/23/2011	4:22.54	Garth Sindrey	35	NATL 2011	05/23/2011	1:05.55
50 Breast	Club Rec: :32.24	Sindrey, Garth			Jean Francois Pare	35	QUE PROV	04/13/2012	1:06.79
Garth Sindrey	35	NATL 2011	05/23/2011	:32.24	Rick Scott	36	Nat99	05/14/1999	1:08.11
Jean Francois Pare	35	QUE PROV	04/13/2012	:32.56	Scott Dick	36	TECH	11/03/2007	1:08.40
Alvaro Yogi	37	CMSC 2017	05/12/2017	:33.01	Daren Carbonneau	39	QUEBEC	04/22/2007	1:09.03
Danny Finch	35	RIDEAU	02/16/2003	:33.32	Nicolas Dufour	37	NATIONALS	05/15/2009	1:09.06
Tomas Oliva	37	Nat99	05/14/1999	:34.05	Pierre Barber	38	PROVINCIAL	03/26/2011	1:15.09
Rick Scott	36	Nat99	05/14/1999	:34.62	Steve Coles	37	MONTREAL	06/26/1997	1:16.42
Gerry Parenti	37	OntProv'09	03/20/2009	:35.19	200 IM	Club Rec: 2:15.36	Finch, Danny		
Ron dob Kuelz	36	TECH	03/17/2007	:36.16	Danny Finch	35	NATIONALS	05/16/2003	2:15.36
Gasim Al Zuhair	39	TECH	12/04/2010	:37.22	Scott Dick	38	OntProv'09	03/20/2009	2:20.40
Donald Couzens	37	NATL 2013	05/17/2013	:41.51	Garth Sindrey	35	PROVINCIAL	03/26/2011	2:23.29
100 Breast	Club Rec: 1:09.85	Sindrey, Garth			Alvaro Yogi	36	CMSC 2016	05/20/2016	2:26.73
Garth Sindrey	36	PROV	03/30/2012	1:09.85	Gerry Parenti	36	NATIONALS	05/16/2008	2:27.61
Danny Finch	36	COUPE	11/27/2004	1:12.03	Nicolas Dufour	37	NATIONALS	05/15/2009	2:32.10
Tomas Oliva	37	Nat99	05/14/1999	1:14.83	Daren Carbonneau	39	QUEBEC	04/22/2007	2:33.03
Scott Dick	36	TECH	03/17/2007	1:16.31	Jack (dob) Burkom	37	OntProv'09	03/20/2009	2:33.62
Ron dob Kuelz	36	TECH	01/13/2007	1:18.40	Steve Coles	37	BRANTFORD	05/25/1997	2:50.22
Alvaro Yogi	37	TECH Mar17	03/05/2017	1:18.56	Michael Robern	35	TECHNOSPO	04/12/1997	2:56.95
Nicolas Dufour	37	NATIONALS	05/15/2009	1:18.60	400 IM	Club Rec: 4:50.41	Finch, Danny		
Oliver Gomes	37	NATIONALS	05/16/2008	1:21.88	Danny Finch	38	TECH	04/08/2006	4:50.41
Donald Couzens	35	NATL 2011	05/23/2011	1:31.27	Scott Dick	37	NATIONALS	05/16/2008	5:05.28
William Van Beek	35	TECH Mar17	03/05/2017	1:36.14	Alvaro Yogi	37	CMSC 2017	05/12/2017	5:11.36
					Nicolas Dufour	37	NATIONALS	05/15/2009	5:21.61

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Jack (dob) Burkom	37	OntProv'09	03/20/2009	5:33.17	Peter Hamilton	44	QUEBEC	04/22/2007	11:43.97
Tomas Oliva	37	Nat99	05/14/1999	5:45.07	Chris O'Neil	42	QUE PROV	04/03/2004	12:11.91
Donald Couzens	36	QUE PROV	04/13/2012	6:53.18	1500 Free	Club Rec: 18:25.13	McCarthy, Chris		
Male 40 to 44					Chris McCarthy	42	NATIONALS	05/15/2009	18:25.13
25 Free					Chris Weekes	42	NATL 2011	05/23/2011	18:39.70
Steve Coles	42	TECH	10/20/2001	:13.42	Scott Dick	42	NATL 2013	05/17/2013	18:59.96
50 Free	Club Rec: :24.33	Oliva, Stepan			James Norman	43	PROVI	04/06/2003	20:20.73
Stepan Oliva	43	NATIONALS	05/15/2009	:24.33	Kamal Maghri	40	NATL 2013	05/17/2013	20:25.84
Brett MacNeil	40	NATL 2011	05/23/2011	:26.34	Lee Storm	43	NATL 2013	05/17/2013	20:46.10
Scott Dick	40	TECH	12/10/2011	:26.50	John Timmermans	40	PROV	03/30/2012	20:57.25
Dejan Custic	41	NATIONALS	05/15/2009	:26.56	Ed Luff	40	OntProv'09	03/20/2009	24:12.64
Chris Weekes	42	NATL 2011	05/23/2011	:26.83	Peter Scanlan	42	QUEBEC	04/22/2007	24:32.47
Marty Raymond	44	TECH	11/04/2006	:26.88	Kevin Malloy	43	OntProv'09	03/20/2009	24:53.51
Chris McCarthy	43	QUE PROV	04/16/2010	:27.00	50 Back	Club Rec: :29.90	Mccarthy, Chris		
Daren Carbonneau	41	OntProv'09	03/20/2009	:27.02	Chris McCarthy	44	PROVINCIAL	03/26/2011	:29.90
Steve Coles	44	NATIONALS	05/16/2003	:27.41	John March	43	TECHNOSPO	10/19/1996	:30.31
Doug Lloyd	41	NATL 2011	05/23/2011	:27.72	Doug Lloyd	41	NATL 2011	05/23/2011	:32.49
100 Free	Club Rec: :53.84	Oliva, Stepan			Gasim Al Zuhair	40	PROVINCIAL	03/26/2011	:32.68
Stepan Oliva	43	NATIONALS	05/15/2009	:53.84	Stepan Oliva	43	NATIONALS	05/15/2009	:32.70
Scott Dick	40	NATL 2011	05/23/2011	:57.24	Pierre Genereux	44	TROIS	04/20/2001	:34.79
Chris Weekes	40	NATIONALS	05/15/2009	:58.05	Scott Dick	42	TECH	01/27/2013	:35.28
Marty Raymond	44	TECH	11/04/2006	:58.46	George Green	42	QUE PROV	04/21/2006	:35.32
Brett MacNeil	40	NATL 2011	05/23/2011	:58.72	Chris Hill	41	QUEBEC	04/22/2007	:35.96
Dejan Custic	41	NATIONALS	05/15/2009	:58.85	Patrick Roy	43	NATL 2013	05/17/2013	:37.09
Chris McCarthy	42	TECH	12/05/2009	:59.13	100 Back	Club Rec: 1:04.70	Mccarthy, Chris		
Steve Coles	44	NATIONALS	05/16/2003	:59.47	Chris McCarthy	44	NATL 2011	05/23/2011	1:04.70
John March	42	CARLETON	01/13/1996	1:00.29	John March	42	CARLETON	01/13/1996	1:06.07
Stan McLaurin	40	PROVINCIAL	03/26/2011	1:00.57	Brett MacNeil	40	NATL 2011	05/23/2011	1:06.98
200 Free	Club Rec: 2:04.33	Oliva, Stepan			Stan McLaurin	40	PROVINCIAL	03/26/2011	1:10.84
Stepan Oliva	43	NATIONALS	05/15/2009	2:04.33	Doug Lloyd	41	NATL 2011	05/23/2011	1:11.00
Scott Dick	40	PROVINCIAL	03/26/2011	2:06.89	Stan McLaurin	40	NATL 2011	05/23/2011	1:11.39
Chris McCarthy	43	QUE PROV	04/16/2010	2:08.18	Pierre Genereux	44	TROIS	04/20/2001	1:14.49
Chris Weekes	42	NATL 2011	05/23/2011	2:08.49	Scott Dick	40	TECH	02/19/2011	1:15.57
Marty Raymond	44	TECH	11/04/2006	2:09.43	Stepan Oliva	42	NATIONALS	05/16/2008	1:18.04
Steve Coles	44	NATIONALS	05/16/2003	2:12.45	Eric Leicht	43	PROVINCIAL	03/26/2011	1:20.28
Kamal Maghri	40	NATL 2013	05/17/2013	2:22.02	200 Back	Club Rec: 2:21.86	McCarthy, Chris		
Andrew Milne	40	QUE Prov17	04/21/2017	2:22.33	Chris McCarthy	42	NATIONALS	05/15/2009	2:21.86
Gasim Al Zuhair	40	PROVINCIAL	03/26/2011	2:23.18	Scott Dick	40	PROVINCIAL	03/26/2011	2:34.56
John Timmermans	40	QUE PROV	04/13/2012	2:23.33	Chris Weekes	42	TECH	01/22/2011	2:39.13
400 Free	Club Rec: 4:32.80	McCarthy, Chris			Pierre Genereux	43	STE FOY	04/14/2000	2:54.91
Chris McCarthy	42	NATIONALS	05/15/2009	4:32.80	Lee Storm	43	NATL 2013	05/17/2013	2:59.46
Scott Dick	40	NATL 2011	05/23/2011	4:35.40	Maurice Gibbs	43	CMSC 2015	05/18/2015	3:26.97
Chris Weekes	42	NATL 2011	05/23/2011	4:37.50	Pierre Sigouin	44	NATL 2011	05/23/2011	4:01.18
Dejan Custic	42	QUE PROV	04/16/2010	4:38.69	50 Breast	Club Rec: :32.91	Mac Neil, Brett		
Stan McLaurin	40	NATL 2011	05/23/2011	4:50.82	Brett MacNeil	40	NATL 2011	05/23/2011	:32.91
Steve Coles	44	NATIONALS	05/16/2003	4:51.45	Stepan Oliva	43	NATIONALS	05/15/2009	:34.15
Kamal Maghri	40	NATL 2013	05/17/2013	5:02.78	Daren Carbonneau	41	OntProv'09	03/20/2009	:34.81
Doug Lloyd	41	PROVINCIAL	03/26/2011	5:03.62	Gasim Al Zuhair	40	PROVINCIAL	03/26/2011	:35.20
Lee Storm	43	NATL 2013	05/17/2013	5:16.23	Doug Lloyd	41	PROVINCIAL	03/26/2011	:36.01
Andrew Milne	40	QUE Prov17	04/21/2017	5:17.46	John Baenziger	42	PROVI	04/06/2003	:36.07
800 Free	Club Rec: 9:34.86	Custic, Dejan			Eric Leicht	43	PROVINCIAL	03/26/2011	:37.60
Dejan Custic	42	QUE PROV	04/16/2010	9:34.86	Dean Brown	41	Rideauspee	02/19/2005	:37.89
Chris McCarthy	42	NATIONALS	05/15/2009	9:35.80	Stan McLaurin	40	PROVINCIAL	03/26/2011	:38.36
Scott Dick	40	NATL 2011	05/23/2011	9:36.11	John March	43	TECHNOSPO	10/19/1996	:39.20
Chris Weekes	40	NATIONALS	05/15/2009	9:44.62	100 Breast	Club Rec: 1:13.16	Mac Neil, Brett		
Kamal Maghri	40	NATL 2013	05/17/2013	10:47.38	Brett MacNeil	40	NATL 2011	05/23/2011	1:13.16
James Norman	44	QUE PROV	04/03/2004	10:47.54	Stepan Oliva	43	OntProv'09	03/20/2009	1:13.74
John Timmermans	43	CMSC 2015	05/18/2015	10:57.37	Dejan Custic	43	NATL 2011	05/23/2011	1:17.07
Lee Storm	43	NATL 2013	05/17/2013	11:04.44	Doug Lloyd	41	NATL 2011	05/23/2011	1:17.28
					Scott Dick	41	TECH	01/29/2012	1:18.38

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John Baenziger	42	PROVI	04/06/2003	1:21.04	400 IM	Club Rec: 5:05.73	Custic, Dejan			
Eric Leicht	43	PROVINCIAL	03/26/2011	1:21.83	Dejan Custic	42	QUE PROV	04/16/2010	5:05.73	
Andrew Milne	40	QUE Prov17	04/21/2017	1:23.94	Scott Dick	40	NATL 2011	05/23/2011	5:13.53	
Dean Brown	41	Rideauspee	02/19/2005	1:25.33	Chris McCarthy	43	QUE PROV	04/16/2010	5:17.77	
Jim Wright	43	ARNPRIOR	03/24/1996	1:26.28	Chris Weekes	43	QUE PROV	04/13/2012	5:40.02	
200 Breast	Club Rec: 2:43.51	Dick, Scott			Pierre Genereux	44	TROIS	04/20/2001	6:14.16	
Scott Dick	40	NATL 2011	05/23/2011	2:43.51	Maurice Gibbs	43	CMSC 2015	05/18/2015	7:43.65	
Dejan Custic	44	QUE PROV	04/13/2012	2:45.75	Matthew Street	40	Tech Mar18	03/04/2018	8:16.41	
Chris McCarthy	44	TECH	01/22/2011	3:01.29						
Peter Scanlan	42	QUEBEC	04/22/2007	3:32.77						
50 Fly	Club Rec: :28.51	Oliva, Stepan			Male 45 to 49					
Stepan Oliva	43	NATIONALS	05/15/2009	:28.51	25 Free					
Dejan Custic	41	OntProv'09	03/20/2009	:29.19	Peter Hamilton	45	RIDEAU	02/02/2008	:14.99	
Marty Raymond	44	TECH	11/04/2006	:29.37	Scott Parsons	48	TECH	10/20/2001	:16.07	
Stan McLaurin	40	NATL 2011	05/23/2011	:29.60	50 Free	Club Rec: :24.82	Oliva, Stepan			
John March	43	TECHNOSPO	10/19/1996	:29.63	Stepan Oliva	45	NATL 2011	05/23/2011	:24.82	
Daren Carbonneau	41	OntProv'09	03/20/2009	:29.74	Bruce Robertson	46	Nat99	05/14/1999	:25.34	
Scott Dick	41	QUE PROV	04/13/2012	:29.76	Alex Baumann	47	PROVINCIAL	03/26/2011	:25.99	
Chris McCarthy	43	TECH	12/04/2010	:30.24	Tomas Oliva	46	NATIONALS	05/16/2008	:26.17	
Stan McLaurin	40	PROVINCIAL	03/26/2011	:30.29	Glen Belfry	49	NATIONALS	05/16/2003	:26.48	
Chris Weekes	42	TECH	02/19/2011	:30.39	Marty Raymond	45	QUEBEC	04/22/2007	:26.57	
100 Fly	Club Rec: 1:02.55	Dick, Scott			Dejan Custic	45	NATL 2013	05/17/2013	:26.71	
Scott Dick	40	NATL 2011	05/23/2011	1:02.55	John Dawdy	49	NATL 2013	05/17/2013	:27.22	
Dejan Custic	41	OntProv'09	03/20/2009	1:04.04	John March	47	OTTAWA-TE	05/06/2000	:27.48	
John March	42	CARLETON	01/13/1996	1:05.82	Dave Bolton	49	TECH	01/13/2007	:27.74	
Chris Weekes	40	NATIONALS	05/15/2009	1:07.11	100 Free	Club Rec: :54.37	Baumann, Alex			
Chris Hill	41	QUEBEC	04/22/2007	1:10.06	Alex Baumann	45	OntProv'09	03/20/2009	:54.37	
Kamal Maghri	40	NATL 2013	05/17/2013	1:10.93	Bruce Robertson	46	Nat99	05/14/1999	:55.56	
Steve Coles	44	NATIONALS	05/16/2003	1:11.60	Stepan Oliva	45	NATL 2011	05/23/2011	:56.23	
Chris McCarthy	41	TECH	04/12/2008	1:13.51	Marty Raymond	47	TECH	03/07/2009	:58.34	
James Norman	43	PROVI	04/06/2003	1:14.64	Stan McLaurin	45	CMSC 2016	05/20/2016	:59.74	
Pierre Genereux	44	TROIS	04/20/2001	1:18.20	John March	46	TECHNOSPO	04/17/1999	1:00.23	
200 Fly	Club Rec: 2:23.77	Custic, Dejan			John Dawdy	49	NATL 2013	05/17/2013	1:00.73	
Dejan Custic	42	QUE PROV	04/16/2010	2:23.77	Michael Downing	48	CMSC 2016	05/20/2016	1:01.69	
Scott Dick	40	PROVINCIAL	03/26/2011	2:24.61	Ian Thomas	49	TECH	12/04/2010	1:02.46	
Chris Weekes	42	NATL 2011	05/23/2011	2:32.02	Tony Zezza	48	NATIONALS	05/16/2008	1:03.30	
Chris McCarthy	44	NATL 2011	05/23/2011	2:41.61	200 Free	Club Rec: 2:01.82	Baumann, Alex			
Chris Hill	41	QUEBEC	04/22/2007	2:43.91	Alex Baumann	45	OntProv'09	03/20/2009	2:01.82	
100 IM	Club Rec: 1:04.41	Oliva, Stepan			Bruce Robertson	46	Nat99	05/14/1999	2:03.71	
Stepan Oliva	43	OntProv'09	03/20/2009	1:04.41	Marty Raymond	45	QUEBEC	04/22/2007	2:08.64	
Brett MacNeil	40	NATL 2011	05/23/2011	1:05.86	Chris McCarthy	45	QUE PROV	04/13/2012	2:09.80	
Dejan Custic	42	QUE PROV	04/16/2010	1:06.66	Stan McLaurin	45	CMSC 2016	05/20/2016	2:11.39	
Scott Dick	41	TECH	01/29/2012	1:07.40	John March	48	TECH	11/17/2001	2:19.14	
Gasim Al Zuhair	40	PROVINCIAL	03/26/2011	1:09.12	Tony Zezza	48	NATIONALS	05/16/2008	2:21.26	
Chris McCarthy	41	NATIONALS	05/16/2008	1:09.27	Michael Downing	49	CMSC 2017	05/12/2017	2:23.53	
Doug Lloyd	41	NATL 2011	05/23/2011	1:09.66	Scott McCarthy	45	NATL 2013	05/17/2013	2:23.76	
Marty Raymond	44	TECH	11/04/2006	1:10.43	Daniel Kinsella	48	TECH	11/04/2006	2:25.93	
John March	43	TECHNOSPO	10/19/1996	1:11.16	400 Free	Club Rec: 4:33.35	Raymond, Marty			
Pierre Genereux	44	TROIS	04/20/2001	1:12.13	Marty Raymond	46	TECH	04/12/2008	4:33.35	
200 IM	Club Rec: 2:22.70	Custic, Dejan			Dejan Custic	45	NATL 2013	05/17/2013	4:38.73	
Dejan Custic	42	QUE PROV	04/16/2010	2:22.70	Stan McLaurin	45	CMSC 2016	05/20/2016	4:40.74	
Brett MacNeil	40	NATL 2011	05/23/2011	2:24.29	Chris McCarthy	45	QUE PROV	04/13/2012	4:45.43	
Stepan Oliva	42	NATIONALS	05/16/2008	2:24.32	John March	47	TECH-OTTA	11/25/2000	4:54.42	
Scott Dick	40	PROVINCIAL	03/26/2011	2:25.59	James Norman	46	QUE PROV	04/21/2006	5:11.19	
Chris McCarthy	42	NATIONALS	05/15/2009	2:27.44	Daniel Kinsella	49	QUEBEC	04/22/2007	5:12.40	
Chris Weekes	43	QUE PROV	04/13/2012	2:37.24	Jason Kincaid	47	CMSC 2017	05/12/2017	5:19.98	
Chris Hill	41	QUEBEC	04/22/2007	2:40.89	Patrick Roy	45	CMSC 2015	05/18/2015	5:27.38	
Jim Wright	43	HULL	03/30/1996	2:45.84	Alex Hubbard	45	NATL 2013	05/17/2013	5:28.04	
Pierre Genereux	43	STE FOY	04/14/2000	2:46.02						
Steve Coles	44	PROVI	04/06/2003	2:53.05						

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800 Free	Club Rec: 9:36.94	Raymond, Marty			Daniel Berube	49	QUE PROV	04/21/2006	:38.00
Marty Raymond	47	OntProv'09	03/20/2009	9:36.94	Dave Bolton	49	QUEBEC	04/22/2007	:38.12
Dejan Custic	45	NATL 2013	05/17/2013	9:42.41	Rick Collard	47	TECH	12/05/2009	:38.14
John March	46	OTTAWA	06/05/1999	10:03.52	100 Breast	Club Rec: 1:08.76	Baumann, Alex		
Chris McCarthy	46	NATL 2013	05/17/2013	10:13.01	Alex Baumann	45	OntProv'09	03/20/2009	1:08.76
Michael Downing	47	CMSC 2015	05/18/2015	10:40.92	Stepan Oliva	45	NATL 2011	05/23/2011	1:13.86
James Norman	45	Rideauspee	02/19/2005	10:48.82	Tomas Oliva	46	NATIONALS	05/16/2008	1:14.13
John Timmermans	45	CMSC 2017	05/12/2017	10:53.43	Dejan Custic	45	NATL 2013	05/17/2013	1:15.18
Daniel Kinsella	49	QUEBEC	04/22/2007	10:53.65	David McLellan	47	CMSC 2016	05/20/2016	1:18.56
Jason Kincaid	47	CMSC 2017	05/12/2017	11:06.18	John Dawdy	48	QUE PROV	04/13/2012	1:20.64
Alex Hubbard	45	NATL 2013	05/17/2013	11:34.03	Kevin Watson	48	QUE PROV	04/16/2010	1:20.74
1500 Free	Club Rec: 18:27.07	Raymond, Marty			Pierre Genereux	47	QUE PROV	04/03/2004	1:21.94
Marty Raymond	47	OntProv'09	03/20/2009	18:27.07	Rick Collard	47	TECH	12/05/2009	1:22.57
James Norman	49	OntProv'09	03/20/2009	20:46.57	Eric Leicht	45	NATL 2013	05/17/2013	1:23.79
Patrick Roy	45	CMSC 2015	05/18/2015	21:16.54	200 Breast	Club Rec: 2:33.45	Baumann, Alex		
Jason Kincaid	47	CMSC 2017	05/12/2017	21:23.72	Alex Baumann	45	OntProv'09	03/20/2009	2:33.45
Glen Belfry	49	NATIONALS	05/16/2003	22:21.97	Kevin Watson	48	QUE PROV	04/16/2010	2:59.17
Eric Leicht	45	NATL 2013	05/17/2013	22:36.10	David McLellan	47	CMSC 2016	05/20/2016	2:59.66
Jim McCaw	48	PROVINCIAL	03/26/2011	22:37.33	Rick Collard	49	TECH	01/22/2011	3:01.77
Alex Hubbard	45	NATL 2013	05/17/2013	22:43.72	Michael Downing	48	CMSC 2016	05/20/2016	3:06.03
Corben Bristow	45	QUE Prov17	04/21/2017	23:12.20	Dave Bolton	49	QUEBEC	04/22/2007	3:15.62
Peter Hamilton	45	NATIONALS	05/16/2008	23:13.23	Bill Connerty	48	PROVINCIAL	03/26/2011	3:19.16
50 Back	Club Rec: :27.24	Raymond, Marty			Peter Konzuk	49	QUE PROV	04/21/2006	3:22.01
Marty Raymond	49	NATL 2011	05/23/2011	:27.24	Peter Scanlan	46	NATL 2011	05/23/2011	3:32.87
John March	46	Nat99	05/14/1999	:29.60	Marc Dufresne	46	CMSC 2017	05/12/2017	3:47.06
Chris McCarthy	45	QUE PROV	04/13/2012	:30.02	25 Fly				
Bruce Robertson	46	Nat99	05/14/1999	:31.24	Peter Hamilton	45	RIDEAU	02/02/2008	:17.30
Stan McLaurin	45	CMSC Rly	05/20/2016	:32.71	50 Fly	Club Rec: :27.90	Robertson, Bruce		
Tomas Oliva	46	NATIONALS	05/16/2008	:33.38	Bruce Robertson	46	Nat99	05/14/1999	:27.90
John Dawdy	49	NATL 2013	05/17/2013	:33.59	Stepan Oliva	45	NATL 2011	05/23/2011	:28.48
Dave Bolton	48	QUE PROV	04/21/2006	:34.59	Michael Downing	49	CMSC 2017	05/12/2017	:29.06
Pierre Genereux	45	QUE PROV	04/19/2002	:34.90	John March	47	OTTAWA-TE	01/15/2000	:29.38
Kevin Watson	48	QUE PROV	04/16/2010	:35.26	Marty Raymond	47	TECH	12/05/2009	:29.38
100 Back	Club Rec: 1:03.81	March, John			John Dawdy	49	NATL 2013	05/17/2013	:29.62
John March	46	Nat99	05/14/1999	1:03.81	Dejan Custic	49	CMSC 2017	05/12/2017	:29.78
Alex Baumann	46	TECH	12/04/2010	1:04.93	Tomas Oliva	46	NATIONALS	05/16/2008	:29.81
Chris McCarthy	46	NATL 2013	05/17/2013	1:05.00	Tony Zezza	48	NATIONALS	05/16/2008	:31.45
Pierre Genereux	47	QUE PROV	04/03/2004	1:14.59	Scott McCarthy	45	NATL 2013	05/17/2013	:31.73
Doug Lloyd	45	CMSC 2015	05/18/2015	1:15.21	100 Fly	Club Rec: :59.80	Baumann, Alex		
John Dawdy	49	NATL 2013	05/17/2013	1:15.23	Alex Baumann	45	OntProv'09	03/20/2009	:59.80
Kevin Watson	49	TECH	01/22/2011	1:15.57	John March	46	Nat99	05/14/1999	1:02.75
Scott McCarthy	45	NATL 2013	05/17/2013	1:18.50	Bruce Robertson	46	Nat99	05/14/1999	1:03.48
Patrick Roy	45	CMSC 2015	05/18/2015	1:21.66	Michael Downing	48	CMSC 2016	05/20/2016	1:04.07
Jim McCaw	47	TECH	01/30/2010	1:22.05	Dejan Custic	45	NATL 2013	05/17/2013	1:04.13
200 Back	Club Rec: 2:19.84	March, John			Marty Raymond	47	TECH	01/31/2009	1:07.69
John March	46	Nat99	05/14/1999	2:19.84	Daniel Kinsella	46	RIDEAU SPE	02/21/2004	1:11.80
Chris McCarthy	45	QUE PROV	04/13/2012	2:24.85	Tony Zezza	48	NATIONALS	05/16/2008	1:14.92
James Norman	46	QUE PROV	04/21/2006	2:59.47	James Norman	48	NATIONALS	05/16/2008	1:16.62
Patrick Roy	45	CMSC 2015	05/18/2015	3:01.63	Pierre Genereux	45	QUE PROV	04/19/2002	1:22.00
25 Breast					200 Fly	Club Rec: 2:17.70	Baumann, Alex		
Peter Hamilton	45	RIDEAU	02/02/2008	:18.45	Alex Baumann	46	TECH	01/30/2010	2:17.70
50 Breast	Club Rec: :32.97	Oliva, Tomas			John March	46	Nat99	05/14/1999	2:22.25
Tomas Oliva	46	NATIONALS	05/16/2008	:32.97	Dejan Custic	45	NATL 2013	05/17/2013	2:25.45
Stepan Oliva	47	NATL 2013	05/17/2013	:34.20	Michael Downing	47	CMSC 2015	05/18/2015	2:38.00
John Dawdy	49	NATL 2013	05/17/2013	:34.59	Chris McCarthy	46	NATL 2013	05/17/2013	2:38.01
Marty Raymond	46	TECH	04/12/2008	:35.51	Jim McCaw	48	PROVINCIAL	03/26/2011	3:07.14
Kevin Watson	48	QUE PROV	04/16/2010	:36.05					
David McLellan	47	CMSC 2016	05/20/2016	:36.05					
Pierre Genereux	47	QUE PROV	04/03/2004	:37.64					

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100 IM	Club Rec: :30.34	Downing, Michael			200 Free	Club Rec: 2:04.46	Robertson, Bruce		
Alex Baumann	45	OntProv'09	03/20/2009	1:00.46	Bruce Robertson	50	NATIONALS	05/16/2003	2:04.46
Bruce Robertson	46	Nat99	05/14/1999	1:04.14	Marty Raymond	50	NATL 2012	05/18/2012	2:11.52
Stepan Oliva	47	NATL 2013	05/17/2013	1:04.73	Steve Coles	50	NATIONALS	05/15/2009	2:17.94
Dejan Custic	49	CMSC 2017	05/12/2017	1:06.53	John March	52	TECH	03/12/2005	2:19.26
Tomas Oliva	46	NATIONALS	05/16/2008	1:07.38	Jim Wright	51	NATIONALS	05/16/2003	2:21.86
John Dawdy	49	NATL 2013	05/17/2013	1:09.51	Philip Wilson	54	NATIONALS	05/15/2009	2:22.48
Marty Raymond	48	ARTHURS	03/13/2010	1:11.22	Ronald Burns	51	VICTORIA	05/19/1995	2:23.08
Michael Downing	48	CMSC 2016	05/20/2016	1:11.67	Tomas Oliva	53	CMSC 2015	05/18/2015	2:25.99
Pierre Genereux	47	QUE PROV	04/03/2004	1:12.45	Tony Zezza	51	NATL 2011	05/23/2011	2:27.70
David McLellan	47	CMSC 2016	05/20/2016	1:14.00	Daniel Kinsella	51	OntProv'09	03/20/2009	2:33.42
200 IM	Club Rec: 2:12.01	Baumann, Alex			400 Free	Club Rec: 4:43.80	Raymond, Marty		
Alex Baumann	45	OntProv'09	03/20/2009	2:12.01	Marty Raymond	50	NATL 2012	05/18/2012	4:43.80
Dejan Custic	45	NATL 2013	05/17/2013	2:23.28	Chris McCarthy	50	CMSC 2017	05/12/2017	4:59.19
Chris McCarthy	48	CMSC 2015	05/18/2015	2:31.00	Ronald Burns	51	VICTORIA	05/19/1995	5:04.89
Marty Raymond	45	QUEBEC	04/22/2007	2:31.13	Douglas Bishop	53	Nat99	05/14/1999	5:12.39
Michael Downing	48	CMSC 2016	05/20/2016	2:35.16	Tomas Oliva	53	CMSC 2015	05/18/2015	5:15.75
John Dawdy	49	ONT Prov	03/28/2013	2:35.26	Jim Wright	52	TECH	11/22/2004	5:27.39
David McLellan	47	CMSC 2016	05/20/2016	2:43.69	Daniel Kinsella	51	OntProv'09	03/20/2009	5:36.19
Pierre Genereux	46	NATIONALS	05/16/2003	2:43.90	Paul Hardy	50	TECH	11/26/2005	5:40.83
Daniel Kinsella	47	Rideauspee	02/19/2005	2:44.27	Jim McCaw	54	CMSC 2017	05/12/2017	5:47.20
Scott McCarthy	45	NATL 2013	05/17/2013	2:45.61	Nick Winfield	51	NATIONALS	05/16/2003	5:50.44
400 IM	Club Rec: 5:08.11	Custic, Dejan			800 Free	Club Rec: 9:56.40	Raymond, Marty		
Dejan Custic	45	NATL 2013	05/17/2013	5:08.11	Marty Raymond	50	NATL 2012	05/18/2012	9:56.40
Chris McCarthy	48	CMSC 2015	05/18/2015	5:24.46	Chris McCarthy	50	CMSC 2017	05/12/2017	10:30.77
Marty Raymond	45	QUEBEC	04/22/2007	5:25.97	Jim Wright	51	NATIONALS	05/16/2003	10:40.12
David McLellan	47	CMSC 2016	05/20/2016	5:48.71	Ronald Burns	53	MONTREAL	06/26/1997	11:31.24
Daniel Kinsella	49	QUEBEC	04/22/2007	6:09.49	Douglas Bishop	51	TECHNOSPO	05/01/1997	11:44.36
Pierre Genereux	45	QUE PROV	04/19/2002	6:15.08	Paull Leamen	54	TECHNOSPO	12/13/1997	11:55.67
Jim McCaw	46	NATIONALS	05/15/2009	6:24.45	Graeme Barber	52	ETOBICOKE	04/28/1996	12:14.68
Peter Scanlan	46	NATL 2011	05/23/2011	7:37.77	Peter Konzuk	54	NATL 2011	05/23/2011	12:39.55
					Brian Lehmkuhl	50	NATL 2011	05/23/2011	12:45.01
					Michael Olsen	54	TROIS	04/12/1996	12:52.12
Male 50 to 54									
25 Free					1500 Free	Club Rec: 18:49.90	Raymond, Marty		
Robert Read	54	RIDEAU	02/02/2008	:13.74	Marty Raymond	50	NATL 2012	05/18/2012	18:49.90
					Philip Wilson	54	NATIONALS	05/15/2009	19:37.88
50 Free	Club Rec: :25.36	Oliva, Stepan			Chris McCarthy	50	CMSC 2017	05/12/2017	19:59.15
Stepan Oliva	50	CMSC 2016	05/20/2016	:25.36	Derek Parker	50	QUE PROV	04/13/2012	20:01.69
Bruce Robertson	50	NATIONALS	05/16/2003	:25.53	Ronald Burns	52	TROIS	04/12/1996	20:39.80
Marty Raymond	51	QUE PROV	04/19/2013	:27.13	Douglas Bishop	50	ETOBICOKE	04/28/1996	21:26.03
Paull Leamen	53	TECHNOSPO	04/12/1997	:27.25	Jim Wright	53	NATIONALS	05/20/2005	21:33.41
Ian Thomas	51	QUE PROV	04/13/2012	:27.42	Jim McCaw	50	NATL 2013	05/17/2013	22:35.01
Steve Coles	50	NATIONALS	05/15/2009	:27.48	Paull Leamen	53	TECHNOSPO	05/01/1997	23:19.31
Dave Bolton	50	NATIONALS	05/16/2008	:27.48	Nick Winfield	52	QUE PROV	04/03/2004	23:42.17
John March	50	NATIONALS	05/16/2003	:27.50					
Tony Zezza	51	NATL 2011	05/23/2011	:27.67	25 Back				
John Dawdy	51	CMSC 2015	05/18/2015	:27.87	Robert Read	54	RIDEAU	02/02/2008	:17.61
100 Free	Club Rec: :55.71	Robertson, Bruce			50 Back	Club Rec: :30.74	McCarthy, Christopher dup		
Bruce Robertson	50	NATIONALS	05/16/2003	:55.71	Chris McCarthy	50	CMSC 2017	05/12/2017	:30.74
Stepan Oliva	50	CMSC 2016	05/20/2016	:57.02	John March	50	NATIONALS	05/16/2003	:30.81
Marty Raymond	50	NATL 2012	05/18/2012	:59.16	Chris Pilon	52	CMSC 2017	05/12/2017	:33.23
John March	50	NATIONALS	05/16/2003	:59.18	Dave Bolton	50	NATIONALS	05/16/2008	:33.23
Steve Coles	50	NATIONALS	05/15/2009	1:00.52	John Dawdy	51	CMSC 2015	05/18/2015	:34.04
Ian Thomas	51	QUE PROV	04/13/2012	1:01.40	Philip Wilson	54	NATIONALS	05/15/2009	:34.21
Michael Downing	50	Tech Mar18	03/04/2018	1:03.84	Douglas Bishop	53	Nat99	05/14/1999	:34.61
Dave Bolton	53	NATL 2011	05/23/2011	1:04.38	Jim Wright	53	NATIONALS	05/20/2005	:34.62
Tony Zezza	52	PROV	03/30/2012	1:04.49	Robert Read	52	QUE PROV	04/21/2006	:35.19
Robert Read	53	QUEBEC	04/22/2007	1:04.79	Pierre Genereux	50	QUEBEC	04/22/2007	:35.28

100 Back	Club Rec: 1:05.06	March, John	Ian Thomas	50	PROVINCIAL	03/26/2011	:31.53
John March	50	NATIONALS 05/16/2003	1:05.06	Chris Pilon	52	Red-Blue17	12/16/2017 :31.87
Chris McCarthy	50	CMSC 2017 05/12/2017	1:05.19	Pierre Genereux	50	QUEBEC	04/22/2007 :31.98
Douglas Bishop	53	Nat99 05/14/1999	1:15.67	Jim Wright	52	TECH	10/16/2004 :32.06
Kevin Watson	50	QUE PROV 04/13/2012	1:16.52	Tomas Oliva	53	CMSC 2015	05/18/2015 :32.15
Philip Wilson	54	NATIONALS 05/15/2009	1:17.03	100 Fly	Club Rec: 1:05.18	March, John	
Dave Bolton	53	NATL 2011 05/23/2011	1:18.79	John March	50	NATIONALS	05/16/2003 1:05.18
Ronald Burns	52	ETOBICOKE 04/28/1996	1:19.85	John Dawdy	50	TECH	03/02/2014 1:11.10
Derek Parker	51	NATL 2013 05/17/2013	1:20.68	Marty Raymond	50	TECH	03/04/2012 1:14.09
Jeff Beedell	54	QUE PROV 04/13/2012	1:23.34	Daniel Kinsella	51	OntProv'09	03/20/2009 1:17.91
Tony Zezza	51	PROVINCIAL 03/26/2011	1:28.54	Tony Zezza	51	NATL 2011	05/23/2011 1:19.43
200 Back	Club Rec: 2:22.81	March, John	Ronald Burns	51	VICTORIA	05/19/1995	1:21.06
John March	50	NATIONALS 05/16/2003	2:22.81	Jim Wright	53	QUE PROV	04/15/2005 1:22.67
Chris McCarthy	50	CMSC 2017 05/12/2017	2:27.89	Brian Lehmkuhl	51	QUE PROV	04/13/2012 1:23.67
Ronald Burns	51	VICTORIA 05/19/1995	2:52.77	Jim McCaw	54	CMSC 2017	05/12/2017 1:25.40
Jim Wright	51	NATIONALS 05/16/2003	2:55.54	Brian Lehmkuhl	50	NATL 2011	05/23/2011 1:25.56
25 Breast			200 Fly	Club Rec: 2:38.76	March, John		
Robert Read	54	RIDEAU 02/02/2008	:17.41	John March	53	QUE PROV	04/21/2006 2:38.76
50 Breast	Club Rec: :33.32	Pilon, Chris	Jim McCaw	50	TECH	03/03/2013	3:24.17
Chris Pilon	52	CMSC 2017 05/12/2017	:33.32	Graeme Barber	52	TROIS	04/12/1996 3:31.76
Stepan Oliva	50	CMSC 2016 05/20/2016	:34.01	John Balint	52	ETOBICOKE	04/28/1996 3:47.84
Tomas Oliva	54	CMSC 2016 05/20/2016	:35.50	100 IM	Club Rec: 1:05.62	Robertson, Bruce	
Kevin Watson	50	QUE PROV 04/13/2012	:35.90	Bruce Robertson	50	NATIONALS	05/16/2003 1:05.62
Marty Raymond	51	TECH 01/27/2013	:36.63	Stepan Oliva	50	CMSC 2016	05/20/2016 1:06.09
Robert Read	52	QUE PROV 04/21/2006	:36.83	Marty Raymond	51	QUE PROV	04/19/2013 1:10.97
Jim Wright	52	TECH 10/16/2004	:37.22	John Dawdy	51	CMSC 2015	05/18/2015 1:11.03
Tony Zezza	51	NATL 2011 05/23/2011	:38.39	Chris Pilon	52	Tech Feb17	02/05/2017 1:11.92
Dave Bolton	50	NATIONALS 05/16/2008	:38.60	Ian Thomas	50	PROVINCIAL	03/26/2011 1:12.94
Daniel Berube	54	NATL 2011 05/23/2011	:38.74	John March	50	TECH	10/18/2003 1:13.08
100 Breast	Club Rec: 1:14.55	Oliva, Stepan	Kevin Watson	50	QUE PROV	04/13/2012	1:13.56
Stepan Oliva	50	CMSC 2016 05/20/2016	1:14.55	Robert Read	52	QUE PROV	04/21/2006 1:14.45
Chris Pilon	52	CMSC 2017 05/12/2017	1:14.86	Tomas Oliva	53	CMSC 2015	05/18/2015 1:14.94
Kevin Watson	50	QUE PROV 04/13/2012	1:20.32	200 IM	Club Rec: 2:35.38	Raymond, Marty	
John Dawdy	51	CMSC 2015 05/18/2015	1:20.81	Marty Raymond	50	QUE PROV	04/13/2012 2:35.38
Jim Wright	51	NATIONALS 05/16/2003	1:20.90	John March	53	QUE PROV	04/21/2006 2:35.60
Robert Read	54	NATIONALS 05/16/2008	1:23.40	Pierre Genereux	50	QUEBEC	04/22/2007 2:44.13
Douglas Bishop	51	MONTREAL 06/26/1997	1:25.27	Douglas Bishop	53	Nat99	05/14/1999 2:44.31
Nick Winfield	51	PROVI 04/06/2003	1:28.43	Kevin Watson	50	QUE PROV	04/13/2012 2:46.62
Derek Parker	51	NATL 2013 05/17/2013	1:28.45	Jim Wright	51	NATIONALS	05/16/2003 2:49.06
Dave Bolton	53	NATL 2011 05/23/2011	1:28.73	Tony Zezza	51	PROVINCIAL	03/26/2011 2:52.96
200 Breast	Club Rec: 2:44.40	Pilon, Chris	Daniel Kinsella	51	OntProv'09	03/20/2009	3:01.91
Chris Pilon	52	CMSC 2017 05/12/2017	2:44.40	Jeff Beedell	54	QUE PROV	04/13/2012 3:04.02
Jim Wright	51	NATIONALS 05/16/2003	2:59.77	Jim McCaw	54	CMSC 2017	05/12/2017 3:04.55
Kevin Watson	50	QUE PROV 04/13/2012	3:02.84	400 IM	Club Rec: 5:25.49	McCarthy, Christopher dup	
Douglas Bishop	51	TECHNOSPO 03/08/1997	3:14.46	Chris McCarthy	50	CMSC 2017	05/12/2017 5:25.49
Nick Winfield	51	NATIONALS 05/16/2003	3:15.17	Marty Raymond	50	NATL 2012	05/18/2012 5:34.48
Jeff Beedell	54	QUE PROV 04/13/2012	3:18.37	Douglas Bishop	53	Nat99	05/14/1999 5:57.20
Dave Bolton	50	NATIONALS 05/16/2008	3:18.73	Jim Wright	53	NATIONALS	05/20/2005 6:37.01
Vello Mijal	53	Nat99 05/14/1999	3:32.31	Jim McCaw	54	CMSC 2017	05/12/2017 6:43.38
Michael Olsen	54	ETOBICOKE 04/28/1996	3:37.54	Graeme Barber	52	ETOBICOKE	04/28/1996 6:55.64
John Balint	52	ETOBICOKE 04/28/1996	3:38.84	John Balint	52	TROIS	04/12/1996 7:20.97
25 Fly			Anton Lovink	52	Nat99	05/14/1999	7:45.61
Robert Read	54	RIDEAU 02/02/2008	:14.63	Peter Scanlan	50	CMSC 2015	05/18/2015 7:55.39
50 Fly	Club Rec: :28.16	Robertson, Bruce	Male 55 to 59				
Bruce Robertson	50	NATIONALS 05/16/2003	:28.16	25 Free			
Stepan Oliva	50	CMSC 2016 05/20/2016	:29.64	Michael Olsen	59	TECH	10/20/2001 :15.11
John March	50	NATIONALS 05/16/2003	:29.85	Homayoun Rastan	57	RIDEAU	02/02/2008 :15.99
Marty Raymond	51	TECH 01/27/2013	:30.13				
Tony Zezza	50	ARTHURS 03/13/2010	:31.53				

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50 Free	Club Rec: :24.48	Read, Robert		Douglas Bishop	59	NATIONALS	05/20/2005	22:00.00	
Robert Read	58	NATL 2012	05/18/2012	:24.48	Graeme Barber	56	Nat99	05/14/1999	22:05.64
John March	59	QUE PROV	04/13/2012	:28.64	Paull Leamen	56	Nat99	05/14/1999	23:10.83
Tomas Oliva	55	CMSC 2017	05/12/2017	:28.84	John Balint	56	Nat99	05/14/1999	23:30.38
Jim Wright	56	NATIONALS	05/16/2008	:29.09	Jeff Mackwood	56	CMSC 2015	05/18/2015	23:57.96
Paull Leamen	56	Nat99	05/14/1999	:29.63	Ralph Chown	57	VICTORIA	05/19/1995	23:58.57
Phil Rogers	59	NATIONALS	05/15/2009	:29.66	50 Back	Club Rec: :32.67	Wright, Jim		
Philip Wilson	56	NATL 2011	05/23/2011	:29.92	Jim Wright	56	NATIONALS	05/16/2008	:32.67
John McManus	57	NATL 2011	05/23/2011	:30.52	John March	59	TECH	01/29/2012	:33.48
Douglas Bishop	58	QUE PROV	04/03/2004	:30.89	Robert Read	57	NATL 2011	05/23/2011	:35.13
Michael Olsen	58	STE FOY	04/14/2000	:31.80	Philip Wilson	57	QUE PROV	04/13/2012	:35.19
100 Free	Club Rec: 1:02.81	March, John		Douglas Bishop	57	NATIONALS	05/16/2003	:36.21	
John March	59	QUE PROV	04/13/2012	1:02.81	Tomas Oliva	55	CMSC 2017	05/12/2017	:38.08
Robert Read	58	QUE PROV	04/13/2012	1:03.91	Jeff Beedell	59	TECH DEC17	12/03/2017	:38.16
Philip Wilson	56	NATL 2011	05/23/2011	1:05.14	John McManus	57	NATL 2011	05/23/2011	:41.23
Paull Leamen	55	ETOBICOKE	03/13/1998	1:07.50	Michael Olsen	58	OTTAWA-TE	03/18/2000	:41.80
Jim Wright	57	NATIONALS	05/15/2009	1:07.68	John Balint	56	Nat99	05/14/1999	:41.81
John McManus	57	NATL 2011	05/23/2011	1:09.35	100 Back	Club Rec: 1:11.03	March, John		
Phil Rogers	59	NATIONALS	05/15/2009	1:09.52	John March	59	TECH	01/29/2012	1:11.03
Ralph Chown	57	VICTORIA	05/19/1995	1:11.41	Philip Wilson	57	QUE PROV	04/13/2012	1:15.90
Jeff Beedell	55	NATL 2013	05/17/2013	1:12.81	Robert Read	56	TECH	01/30/2010	1:18.84
Michael Olsen	55	MONTREAL	06/26/1997	1:12.94	Douglas Bishop	57	NATIONALS	05/16/2003	1:18.98
200 Free	Club Rec: 2:23.78	March, John		Jim Wright	59	PROVINCIAL	03/26/2011	1:22.79	
John March	59	QUE PROV	04/13/2012	2:23.78	Jeff Beedell	55	NATL 2013	05/17/2013	1:25.82
Philip Wilson	55	QUE PROV	04/16/2010	2:24.35	John McManus	57	NATL 2011	05/23/2011	1:28.84
Tomas Oliva	55	CMSC 2017	05/12/2017	2:28.56	Kerry Smith	55	NATL 2013	05/17/2013	1:36.94
John McManus	57	NATL 2011	05/23/2011	2:32.04	John Balint	56	TROIS	04/16/1999	1:38.81
Ronald Burns	56	BROCKVILLE	03/18/2000	2:32.56	Anton Lovink	56	NATIONALS	05/16/2003	1:40.05
Jim Wright	57	OntProv'09	03/20/2009	2:33.52	200 Back	Club Rec: 2:39.28	March, John		
Paull Leamen	55	ETOBICOKE	03/13/1998	2:39.33	John March	59	QUE PROV	04/13/2012	2:39.28
Ralph Chown	57	VICTORIA	05/19/1995	2:39.76	John McManus	57	NATL 2011	05/23/2011	3:03.27
Michael Olsen	57	Nat99	05/14/1999	2:40.87	Jim Wright	59	NATL 2011	05/23/2011	3:07.73
Graeme Barber	56	Nat99	05/14/1999	2:41.72	Jeff Beedell	55	TECH	03/03/2013	3:08.72
400 Free	Club Rec: 5:06.43	Wilson, Philip		Anton Lovink	58	Rideauspee	02/19/2005	3:46.40	
Philip Wilson	56	NATL 2011	05/23/2011	5:06.43	John Balint	59	QUE PROV	04/19/2002	3:48.19
Douglas Bishop	58	QUE PROV	04/03/2004	5:16.61	Ralph Chown	58	ETOBICOKE	04/28/1996	3:54.83
Ronald Burns	56	BROCKVILLE	03/18/2000	5:20.84	Stephen McGuire	56	NATIONALS	05/16/2008	4:46.11
John McManus	57	NATL 2011	05/23/2011	5:24.95	50 Breast	Club Rec: :35.89	Oliva, Tomas		
Tomas Oliva	55	CMSC 2017	05/12/2017	5:33.29	Tomas Oliva	55	CMSC 2017	05/12/2017	:35.89
Graeme Barber	56	Nat99	05/14/1999	5:43.68	Jim Wright	56	NATIONALS	05/16/2008	:36.60
Paull Leamen	55	ETOBICOKE	03/13/1998	5:43.84	Robert Read	57	NATL 2011	05/23/2011	:36.83
Michael Olsen	57	Nat99	05/14/1999	5:48.34	Michael Olsen	57	Nat99	05/14/1999	:39.10
Ralph Chown	59	TECHNOSPO	04/12/1997	5:57.75	Douglas Bishop	57	NATIONALS	05/16/2003	:39.24
John Balint	56	TROIS	04/16/1999	6:13.91	Paul Gallagher	55	TROIS	04/20/2001	:41.22
800 Free	Club Rec: 10:32.09	Parker, Derek		Jeff Beedell	59	TECH DEC17	12/03/2017	:41.65	
Derek Parker	55	CMSC 2017	05/12/2017	10:32.09	Ralph Chown	58	ETOBICOKE	04/28/1996	:42.65
Philip Wilson	56	NATL 2011	05/23/2011	10:51.00	Vello Mijal	56	TECK	03/16/2002	:43.55
Jim Wright	56	NATIONALS	05/16/2008	11:05.37	Daniel Kinsella	55	NATL 2013	05/17/2013	:43.75
Douglas Bishop	58	QUE PROV	04/03/2004	11:18.90	100 Breast	Club Rec: 1:20.48	Wright, Jim		
Graeme Barber	56	Nat99	05/14/1999	11:35.94	Jim Wright	56	NATIONALS	05/16/2008	1:20.48
Michael Olsen	55	MONTREAL	06/26/1997	12:12.84	Douglas Bishop	58	QUE PROV	04/03/2004	1:24.97
Paull Leamen	56	Nat99	05/14/1999	12:14.52	Robert Read	56	TECH	01/30/2010	1:27.59
Homayoun Rastan	58	NATIONALS	05/15/2009	12:51.51	Jeff Beedell	55	NATL 2013	05/17/2013	1:29.75
Jeff Beedell	55	NATL 2013	05/17/2013	12:56.42	Paul Gallagher	55	TROIS	04/20/2001	1:31.20
Ralph Chown	59	TECHNOSPO	12/13/1997	13:08.82	Michael Olsen	57	TROIS	04/16/1999	1:32.13
1500 Free	Club Rec: 20:36.10	Wilson, Philip		Vello Mijal	57	NATIONALS	05/16/2003	1:35.92	
Philip Wilson	55	QUE PROV	04/16/2010	20:36.10	Daniel Deschambault	58	CMSC 2017	05/12/2017	1:36.59
Ronald Burns	56	BROCKVILLE	03/18/2000	20:43.79	Ralph Chown	59	MONTREAL	06/26/1997	1:37.26
Derek Parker	55	TECH Mar17	03/05/2017	21:06.06	Kerry Smith	56	TECH	03/02/2014	1:41.34
Jim Wright	56	NATIONALS	05/16/2008	21:11.95					

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200 Breast	Club Rec: 2:58.03	Wright, Jim	Homayoun Rastan	57	RIDEAU	02/02/2008	3:23.59
Jim Wright	56	NATIONALS 05/16/2008	2:58.03	Vello Mijal	57	NATIONALS 05/16/2003	3:25.52
Jeff Beedell	55	TECH 03/03/2013	3:20.60	Anton Lovink	56	PROVI 04/06/2003	3:31.87
Paul Gallagher	55	TROIS 04/20/2001	3:21.69	400 IM	Club Rec: 5:56.01	Read, Robert	
Michael Olsen	57	Nat99 05/14/1999	3:29.10	Jim Wright	56	NATIONALS 05/16/2008	5:58.16
Ralph Chown	59	TECHNOSPO 03/08/1997	3:33.65	Douglas Bishop	57	NATIONALS 05/16/2003	5:58.27
Vello Mijal	58	QUE PROV 04/03/2004	3:34.00	Graeme Barber	56	Nat99 05/14/1999	6:46.03
Anton Lovink	55	QUE PROV 04/19/2002	3:45.86	John Balint	56	TROIS 04/16/1999	7:30.52
Marcel Desjardins	55	NATIONALS 05/16/2003	3:55.14	Michael Olsen	57	TROIS 04/16/1999	7:50.80
25 Fly				Anton Lovink	55	QUE PROV 04/19/2002	7:51.95
Homayoun Rastan	57	RIDEAU 02/02/2008	:17.56	Male 60 to 64			
50 Fly	Club Rec: :30.69	March, John	25 Free				
John March	59	QUE PROV 04/13/2012	:30.69	Michael Olsen	61	TECH 10/18/2003	:15.30
Jim Wright	56	TECH 11/01/2008	:32.00	John Ross	62	TECH 10/20/2001	:21.44
Robert Read	58	NATL 2012 05/18/2012	:32.33	Grant Sinclair	64	TECH 10/20/2001	:23.01
Philip Wilson	57	QUE PROV 04/13/2012	:33.27	John March	60	TECH 03/03/2013	:29.16
Tomas Oliva	55	CMSC 2017 05/12/2017	:34.73	50 Free	Club Rec: :28.78	March, John	
Paull Leamen	56	Nat99 05/14/1999	:36.96	John March	60	NATL 2013 05/17/2013	:28.78
Phil Rogers	59	NATIONALS 05/15/2009	:37.20	Robert Read	61	CMSC 2015 05/18/2015	:29.60
Ralph Chown	57	VICTORIA 05/19/1995	:37.70	Peter Leach	64	OntProv'09 03/20/2009	:29.94
Daniel Kinsella	55	NATL 2013 05/17/2013	:38.22	Phil Rogers	61	NATL 2011 05/23/2011	:30.50
Graeme Barber	57	OTTAWA-TE 03/18/2000	:38.55	Paull Leamen	62	NATIONALS 05/20/2005	:30.88
100 Fly	Club Rec: 1:09.15	March, John		Philip Wilson	62	CMSC 2017 05/12/2017	:31.08
John March	59	QUE PROV 04/13/2012	1:09.15	Michael Heath-Eves	63	NATIONALS 05/20/2005	:31.18
Philip Wilson	56	NATL 2011 05/23/2011	1:17.26	Michael Olsen	61	PROVI 04/06/2003	:31.75
Robert Read	55	NATIONALS 05/15/2009	1:20.88	Iain Ryder	61	NATIONALS 05/16/2008	:31.83
John McManus	57	NATL 2011 05/23/2011	1:28.23	Douglas Bishop	62	NATIONALS 05/16/2008	:32.57
Douglas Bishop	56	TECH 04/13/2002	1:32.16	100 Free	Club Rec: 1:03.81	March, John	
Homayoun Rastan	58	OntProv'09 03/20/2009	1:32.97	John March	60	TECH 01/27/2013	1:03.81
Graeme Barber	55	ETOBICOKE 03/13/1998	1:34.43	Robert Read	61	CMSC 2015 05/18/2015	1:06.19
Ralph Chown	57	VICTORIA 05/19/1995	1:34.74	Phil Rogers	61	NATL 2011 05/23/2011	1:09.03
Kerry Smith	55	TECH 12/01/2013	1:37.01	Michael Heath-Eves	63	NATIONALS 05/20/2005	1:09.40
Michael Olsen	59	TECH 11/17/2001	1:47.69	Paull Leamen	62	NATIONALS 05/20/2005	1:09.42
200 Fly	Club Rec: 3:28.30	McManus, John		Michael Olsen	61	PROVI 04/06/2003	1:10.23
John McManus	57	NATL 2011 05/23/2011	3:28.30	Philip Wilson	62	CMSC 2017 05/12/2017	1:10.69
John March	59	TECH 03/04/2012	3:31.11	Peter Leach	64	NATIONALS 05/15/2009	1:11.56
Homayoun Rastan	58	NATIONALS 05/15/2009	3:31.94	Ralph Chown	62	HALIFAX, 05/12/2000	1:12.42
Graeme Barber	56	TROIS 04/16/1999	3:41.48	Iain Ryder	61	NATIONALS 05/16/2008	1:15.54
Ralph Chown	57	VICTORIA 05/19/1995	3:48.13	200 Free	Club Rec: 2:36.24	Wilson, Philip	
Anton Lovink	56	NATIONALS 05/16/2003	4:30.88	Philip Wilson	62	CMSC 2017 05/12/2017	2:36.24
100 IM	Club Rec: 1:13.06	Wright, Jim		Michael Heath-Eves	63	NATIONALS 05/20/2005	2:37.29
Jim Wright	57	NATIONALS 05/15/2009	1:13.06	Paull Leamen	62	NATIONALS 05/20/2005	2:40.07
Robert Read	55	NATIONALS 05/15/2009	1:14.17	Phil Rogers	63	NATL 2013 05/17/2013	2:41.25
Douglas Bishop	56	QUE PROV 04/19/2002	1:16.85	Ralph Chown	62	HALIFAX, 05/12/2000	2:42.61
Philip Wilson	56	NATL 2011 05/23/2011	1:18.43	Peter Leach	64	OntProv'09 03/20/2009	2:44.09
John McManus	57	NATL 2011 05/23/2011	1:22.58	Michael Olsen	61	NATIONALS 05/16/2003	2:48.41
Graeme Barber	56	Nat99 05/14/1999	1:22.83	Graeme Barber	60	PROVI 04/06/2003	3:02.67
John Balint	56	Nat99 05/14/1999	1:26.97	Tim Scapillato	64	Tech Mar18 03/04/2018	3:05.20
Paull Leamen	58	TROIS 04/20/2001	1:27.69	Richard Milne	61	NATIONALS 05/16/2003	3:10.96
Daniel Deschambault	58	CMSC 2017 05/12/2017	1:29.72	400 Free	Club Rec: 5:05.99	Read, Dave	
Ralph Chown	58	ETOBICOKE 04/28/1996	1:32.11	Dave Read	60	NATL 2013 05/17/2013	5:05.99
200 IM	Club Rec: 2:47.93	Bishop, Douglas		Douglas Bishop	61	QUEBEC 04/22/2007	5:26.77
Douglas Bishop	58	QUE PROV 04/03/2004	2:47.93	Philip Wilson	62	CMSC 2017 05/12/2017	5:27.39
Jim Wright	59	NATL 2011 05/23/2011	2:54.64	Michael Heath-Eves	63	QUE PROV 04/15/2005	5:41.42
Jeff Beedell	55	NATL 2013 05/17/2013	3:04.97	Paull Leamen	60	PROVI 04/06/2003	5:47.84
Graeme Barber	55	ETOBICOKE 03/13/1998	3:06.00	Michael Olsen	61	PROVI 04/06/2003	5:55.78
John Balint	56	Nat99 05/14/1999	3:16.15	Phil Rogers	61	NATL 2011 05/23/2011	5:58.99
Kerry Smith	56	TECH 03/02/2014	3:16.52	Graeme Barber	61	QUE PROV 04/03/2004	6:04.15
Ralph Chown	58	ETOBICOKE 04/28/1996	3:20.01	Peter Leach	62	QUEBEC 04/22/2007	6:06.25

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John Balint	60	NATIONALS	05/16/2003	6:24.45	Tim Scapillato	63	CMSC 2017	05/12/2017	:43.99
800 Free	Club Rec: 10:52.63	Read, Dave			Andrew Roberts	61	TECH	12/01/2013	:45.24
Dave Read	60	NATL 2013	05/17/2013	10:52.63	Vello Mijal	63	OntProv'09	03/20/2009	:45.28
Michael Heath-Eves	63	NATIONALS	05/20/2005	11:45.55	Homayoun Rastan	60	PROVINCIAL	03/26/2011	:45.92
Douglas Bishop	63	OntProv'09	03/20/2009	11:48.71	Phil Rogers	61	NATL 2011	05/23/2011	:46.06
Paull Leamen	62	NATIONALS	05/20/2005	11:59.14	Ralph Chown	60	TECHNOSPO	01/10/1998	:46.60
Michael Olsen	61	PROVI	04/06/2003	12:31.50	100 Breast	Club Rec: 1:32.65	Beedell, Jeff		
Ralph Chown	60	TECHNOSPO	12/12/1998	12:55.56	Jeff Beedell	60	Tech Mar18	03/04/2018	1:32.65
John Balint	60	NATIONALS	05/16/2003	13:01.03	Vello Mijal	63	OntProv'09	03/20/2009	1:37.66
Homayoun Rastan	62	NATL 2013	05/17/2013	14:05.12	Michael Olsen	62	QUE PROV	04/03/2004	1:38.16
Marcel Desjardins	60	NATIONALS	05/16/2008	15:04.01	Tim Scapillato	63	CMSC 2017	05/12/2017	1:43.33
Andrew Roberts	63	CMSC 2015	05/18/2015	16:43.53	Ralph Chown	60	TECHNOSPO	01/10/1998	1:45.92
1500 Free	Club Rec: 22:17.14	Bishop, Douglas			Andrew Roberts	62	TECH	04/13/2014	1:46.91
Douglas Bishop	60	QUE PROV	04/21/2006	22:17.14	Marcel Desjardins	60	TECH	04/12/2008	1:50.54
Michael Heath-Eves	63	Rideauspee	02/19/2005	22:49.15	Razek Abdelnour	62	NATIONALS	05/16/2008	1:56.00
Paull Leamen	62	NATIONALS	05/20/2005	23:01.98	Ken Johnson	63	PROVINCIAL	03/26/2011	2:23.77
Graeme Barber	61	QUE PROV	04/03/2004	23:33.29	John Ross	64	NATIONALS	05/16/2003	2:47.04
Michael Olsen	63	NATIONALS	05/20/2005	24:15.21	200 Breast	Club Rec: 3:20.06	Bishop, Douglas		
John Balint	60	PROVI	04/06/2003	24:26.42	Douglas Bishop	61	QUEBEC	04/22/2007	3:20.06
Ralph Chown	62	STE FOY	04/14/2000	24:27.50	Vello Mijal	63	OntProv'09	03/20/2009	3:43.32
Richard Milne	64	QUE PROV	04/21/2006	28:41.64	Michael Olsen	64	QUE PROV	04/21/2006	3:45.96
Marcel Desjardins	60	NATIONALS	05/16/2008	28:51.01	Ralph Chown	60	TECHNOSPO	02/07/1998	3:50.64
Ken Johnson	63	PROVINCIAL	03/26/2011	40:07.92	Andrew Roberts	63	CMSC 2015	05/18/2015	4:02.74
25 Back					Marcel Desjardins	60	NATIONALS	05/16/2008	4:16.60
John March	60	TECH	03/03/2013	:34.22	25 Fly				
50 Back	Club Rec: :33.55	March, John			John March	60	TECH	03/03/2013	:31.35
John March	60	NATL 2013	05/17/2013	:33.55	50 Fly	Club Rec: :30.56	March, John		
Philip Wilson	62	CMSC 2017	05/12/2017	:36.48	John March	60	NATL 2013	05/17/2013	:30.56
Robert Read	61	CMSC 2015	05/18/2015	:36.92	Robert Read	61	CMSC 2015	05/18/2015	:34.08
Douglas Bishop	61	QUEBEC	04/22/2007	:37.46	Phil Rogers	62	TECH	12/02/2012	:36.09
Iain Ryder	62	NATIONALS	05/15/2009	:38.78	Philip Wilson	62	CMSC 2017	05/12/2017	:36.11
Peter Leach	64	NATIONALS	05/15/2009	:41.53	Michael Heath-Eves	63	QUE PROV	04/15/2005	:37.48
Michael Heath-Eves	63	NATIONALS	05/20/2005	:42.42	Graeme Barber	61	QUE PROV	04/03/2004	:39.55
Mark Robson	64	Willy Lee	11/21/2015	:43.03	Homayoun Rastan	61	QUE PROV	04/13/2012	:39.60
John Balint	60	TECHSPRINT	01/18/2003	:44.71	Paull Leamen	62	NATIONALS	05/20/2005	:39.79
Phil Rogers	63	NATL 2013	05/17/2013	:45.25	Bill Carscallen	63	PROVINCIAL	03/26/2011	:40.45
100 Back	Club Rec: 1:11.68	March, John			Michael Olsen	60	QUE PROV	04/19/2002	:40.68
John March	60	NATL 2013	05/17/2013	1:11.68	100 Fly	Club Rec: 1:08.59	March, John		
Philip Wilson	62	CMSC 2017	05/12/2017	1:21.70	John March	60	NATL 2013	05/17/2013	1:08.59
Douglas Bishop	62	NATIONALS	05/16/2008	1:23.02	Dave Read	60	NATL 2013	05/17/2013	1:12.16
Iain Ryder	61	NATIONALS	05/16/2008	1:26.40	Michael Heath-Eves	64	TECH	01/07/2006	1:33.23
Peter Leach	64	NATIONALS	05/15/2009	1:32.64	Homayoun Rastan	60	NATL 2011	05/23/2011	1:33.51
Paull Leamen	60	PROVI	04/06/2003	1:38.65	Bill Carscallen	64	QUE PROV	04/13/2012	1:39.53
John Balint	60	PROVI	04/06/2003	1:38.94	John Balint	60	NATIONALS	05/16/2003	1:40.03
Vello Mijal	63	OntProv'09	03/20/2009	1:41.45	Ralph Chown	62	HALIFAX,	05/12/2000	1:40.68
Ralph Chown	60	TECHNOSPO	01/10/1998	1:58.80	Graeme Barber	61	QUE PROV	04/03/2004	1:40.98
Grant Sinclair	64	TROIS	04/20/2001	3:02.89	Michael Olsen	60	TECH	01/19/2002	2:11.99
200 Back	Club Rec: 2:44.19	March, John			200 Fly	Club Rec: 2:45.86	Read, Dave		
John March	60	NATL 2013	05/17/2013	2:44.19	Dave Read	60	NATL 2013	05/17/2013	2:45.86
Douglas Bishop	61	QUEBEC	04/22/2007	2:56.42	John March	60	NATL 2013	05/17/2013	2:48.08
Peter Leach	64	NATIONALS	05/15/2009	3:22.67	Homayoun Rastan	60	NATL 2011	05/23/2011	3:47.10
John Balint	64	TECH	01/13/2007	3:52.87	Ralph Chown	62	HALIFAX,	05/12/2000	3:48.10
Ralph Chown	60	TECHNOSPO	02/07/1998	4:01.91	John Balint	60	PROVI	04/06/2003	3:49.00
Ken Johnson	63	PROVINCIAL	03/26/2011	6:24.08	100 IM	Club Rec: 1:09.82	March, John		
50 Breast	Club Rec: :38.48	Read, Robert			John March	60	TECH	01/27/2013	1:09.82
Robert Read	61	CMSC 2015	05/18/2015	:38.48	Robert Read	60	TECH	01/26/2014	1:18.19
Michael Olsen	63	NATIONALS	05/20/2005	:41.24	Douglas Bishop	60	QUE PROV	04/21/2006	1:19.14
Jeff Beedell	60	Tech Mar18	03/04/2018	:41.42	Iain Ryder	61	NATIONALS	05/16/2008	1:23.57
Mark Robson	64	Willy Lee	11/21/2015	:42.45	Michael Heath-Eves	63	NATIONALS	05/20/2005	1:27.35

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Paull Leamen	60	NATIONALS	05/16/2003	1:28.29	400 Free	Club Rec: 5:38.22	Leamen, Paull		
Peter Leach	63	PROV	04/04/2008	1:29.32	Paull Leamen	65	NATIONALS	05/16/2008	5:38.22
Graeme Barber	61	QUE PROV	04/03/2004	1:31.00	Michael Heath-Eves	66	NATIONALS	05/16/2008	5:41.69
John Balint	60	PROVI	04/06/2003	1:32.77	Michael Olsen	67	NATIONALS	05/15/2009	6:12.14
Vello Mijal	63	OntProv'09	03/20/2009	1:34.27	Peter Leach	68	QUE PROV	04/19/2013	6:15.35
200 IM	Club Rec: 2:51.69	Bishop, Douglas			Graeme Barber	69	QUE PROV	04/13/2012	6:29.30
Douglas Bishop	61	QUEBEC	04/22/2007	2:51.69	John Weekes	69	QUE PROV	04/13/2012	6:35.65
Ralph Chown	62	HALIFAX,	05/12/2000	3:20.90	Harvey Glatt	67	TECH	11/17/2001	8:18.07
Graeme Barber	61	QUE PROV	04/03/2004	3:21.61	Alan Lister	66	ETOBICOKE	04/28/1996	8:44.21
Homayoun Rastan	64	CMSC 2015	05/18/2015	3:33.16	John Ross	67	TECH	04/08/2006	8:52.72
Paull Leamen	60	TECH	11/23/2003	3:35.50	Grant Sinclair	66	NATIONALS	05/16/2003	10:32.65
Michael Olsen	63	TECH	01/22/2005	3:43.93	800 Free	Club Rec: 11:53.30	Leamen, Paull		
400 IM	Club Rec: 5:38.48	Gallivan, Jim			Paull Leamen	65	NATIONALS	05/16/2008	11:53.30
Jim Gallivan	64	TECH Dec16	12/04/2016	5:38.48	Michael Heath-Eves	67	NATIONALS	05/15/2009	11:58.29
Dave Read	60	NATL 2013	05/17/2013	5:56.01	Michael Olsen	65	QUEBEC	04/22/2007	12:56.64
Douglas Bishop	60	QUE PROV	04/21/2006	6:09.64	Peter Leach	69	CMSC 2014	05/16/2014	13:05.77
John Balint	60	PROVI	04/06/2003	7:20.88	John Weekes	69	QUE PROV	04/13/2012	14:05.33
Graeme Barber	61	QUE PROV	04/03/2004	7:27.33	Bill Carscallen	65	NATL 2013	05/17/2013	15:05.92
Ralph Chown	60	TECHNOSPO	02/07/1998	7:28.72	Harvey Glatt	68	QUE PROV	04/19/2002	17:02.86
Homayoun Rastan	60	NATL 2011	05/23/2011	7:39.24	Andrew Roberts	65	CMSC 2017	05/12/2017	17:19.99
Male 65 to 69					Razek Abdelnour	67	NATL 2013	05/17/2013	17:50.40
25 Free					Alan Lister	65	VICTORIA	05/19/1995	18:22.71
Paull Leamen	65	RIDEAU	02/02/2008	:15.47	1500 Free	Club Rec: 22:18.28	Bishop, Douglas		
Michael Olsen	66	RIDEAU	02/02/2008	:15.71	Douglas Bishop	65	PROVINCIAL	03/26/2011	22:18.28
50 Free	Club Rec: :30.71	Leamen, Paull			Paull Leamen	65	NATIONALS	05/16/2008	22:52.44
Paull Leamen	65	NATIONALS	05/16/2008	:30.71	Michael Heath-Eves	67	NATIONALS	05/15/2009	23:03.49
Peter Leach	65	PROV	03/19/2010	:31.23	Graeme Barber	69	QUE PROV	04/13/2012	24:32.14
Michael Heath-Eves	67	OntProv'09	03/20/2009	:31.25	Michael Olsen	67	NATIONALS	05/15/2009	24:51.80
Mark Robson	65	CMSC 2016	05/20/2016	:31.49	Peter Leach	66	NATL 2011	05/23/2011	25:18.97
Michael Olsen	66	NATIONALS	05/16/2008	:31.54	John Balint	65	NATIONALS	05/16/2008	25:28.93
Phil Rogers	65	CMSC 2015	05/18/2015	:33.07	John Weekes	68	NATL 2011	05/23/2011	29:03.70
Douglas Bishop	65	PROVINCIAL	03/26/2011	:33.26	Harvey Glatt	65	Nat99	05/14/1999	33:57.17
Larry Durr	69	RIDEAU	02/02/2008	:33.44	Ken Johnson	65	NATL 2013	05/17/2013	36:53.80
John Weekes	69	QUE PROV	04/13/2012	:33.53	50 Back	Club Rec: :38.27	Heath-Eves, Michael		
Bill Carscallen	66	TECH	03/02/2014	:35.83	Michael Heath-Eves	66	INGLIS	03/08/2008	:38.27
100 Free	Club Rec: 1:08.68	Leamen, Paull			Peter Leach	67	QUE PROV	04/13/2012	:39.21
Paull Leamen	65	NATIONALS	05/16/2008	1:08.68	Arthur Inglis	69	TECH	11/17/2001	:39.34
Michael Heath-Eves	67	NATIONALS	05/15/2009	1:09.60	Douglas Bishop	65	PROVINCIAL	03/26/2011	:39.41
Mark Robson	65	CMSC 2016	05/20/2016	1:10.55	Mark Robson	66	ONT Prov17	03/24/2017	:39.98
Peter Leach	65	PROV	03/19/2010	1:12.62	Larry Durr	69	KINGSTON	11/23/2008	:42.68
Phil Rogers	65	CMSC 2015	05/18/2015	1:15.41	Vello Mijal	66	QUE PROV	04/13/2012	:43.02
John Weekes	69	QUE PROV	04/13/2012	1:15.66	Anton Lovink	66	NATL 2013	05/17/2013	:44.81
Michael Olsen	69	NATL 2011	05/23/2011	1:16.80	Alan Jowett	67	TECH	01/26/2014	:45.25
Arthur Inglis	69	TECH	11/17/2001	1:16.93	John Balint	67	QUE PROV	04/16/2010	:48.03
Larry Durr	69	TECH	11/01/2008	1:20.36	100 Back	Club Rec: 1:26.08	Bishop, Douglas		
Graeme Barber	69	QUE PROV	04/13/2012	1:21.95	Douglas Bishop	65	PROVINCIAL	03/26/2011	1:26.08
200 Free	Club Rec: 2:33.59	Heath-Eves, Michael			Mark Robson	66	ONT Prov17	03/24/2017	1:27.47
Michael Heath-Eves	67	OntProv'09	03/20/2009	2:33.59	Arthur Inglis	69	TECH	12/08/2001	1:29.91
Paull Leamen	66	OntProv'09	03/20/2009	2:36.63	Peter Leach	65	PROV	03/19/2010	1:30.01
Mark Robson	66	ONT Prov17	03/24/2017	2:41.51	Larry Durr	69	NATIONALS	05/16/2008	1:32.00
Peter Leach	65	PROV	03/19/2010	2:49.02	Vello Mijal	66	QUE PROV	04/13/2012	1:34.76
Michael Olsen	67	TECH	01/31/2009	2:51.85	Anton Lovink	66	NATL 2013	05/17/2013	1:47.62
Phil Rogers	65	CMSC 2015	05/18/2015	2:54.04	Michael Heath-Eves	67	OntProv'09	03/20/2009	1:54.74
John Weekes	69	QUE PROV	04/13/2012	2:57.09	Rick Baxter	68	NATL 2011	05/23/2011	2:08.72
Graeme Barber	69	QUE PROV	04/13/2012	3:06.40	Razek Abdelnour	69	Willy Lee	11/21/2015	2:26.50
Arthur Inglis	69	TECH	11/17/2001	3:07.77	200 Back	Club Rec: 3:04.01	Bishop, Douglas		
John Balint	65	INGLIS	03/08/2008	3:12.42	Douglas Bishop	65	PROVINCIAL	03/26/2011	3:04.01
					Peter Leach	65	PROV	03/19/2010	3:18.90
					Arthur Inglis	69	TROIS	04/20/2001	3:22.56
					Vello Mijal	66	QUE PROV	04/13/2012	3:26.20

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Larry Durr	69	NATIONALS	05/16/2008	3:34.68	100 IM	Club Rec: 1:25.32	Robson, Mark			
Anton Lovink	66	NATL 2013	05/17/2013	3:46.12	Mark Robson	65	CMSC 2016	05/20/2016	1:25.32	
Grant Sinclair	66	NATIONALS	05/16/2003	5:54.49	Michael Heath-Eves	67	NATIONALS	05/15/2009	1:29.38	
Ken Johnson	68	CMSC 2016	05/20/2016	6:38.90	Alan Jowett	67	TECH	01/26/2014	1:32.37	
50 Breast	Club Rec: :40.90	Olsen, Michael			Peter Leach	66	NATL 2011	05/23/2011	1:32.90	
Michael Olsen	66	NATIONALS	05/16/2008	:40.90	Larry Durr	69	TECH	11/01/2008	1:33.50	
Mark Robson	65	CMSC 2016	05/20/2016	:42.25	Arthur Inglis	69	CALGARY	05/18/2001	1:33.80	
Vello Mijal	66	QUE PROV	04/13/2012	:43.98	Paull Leamen	67	ARTHURS	03/13/2010	1:34.20	
Larry Durr	69	NATIONALS	05/16/2008	:44.40	Vello Mijal	65	PROVINCIAL	03/26/2011	1:34.46	
Alan Jowett	67	TECH	01/26/2014	:45.66	Graeme Barber	67	QUE PROV	04/16/2010	1:38.49	
Andrew Roberts	65	TECH DEC17	12/03/2017	:46.30	Bill Carscallen	65	TECH	01/27/2013	1:42.72	
John Weekes	69	TECH	12/02/2012	:51.92	200 IM	Club Rec: 3:36.28	Durr, Larry			
Razek Abdelnour	65	NATL 2011	05/23/2011	:52.45	Larry Durr	69	TECH	04/12/2008	3:36.28	
Rick Baxter	68	NATL 2011	05/23/2011	:53.29	Graeme Barber	67	QUE PROV	04/16/2010	3:47.24	
John Balint	67	ARTHURS	03/13/2010	:55.53	Bill Carscallen	65	NATL 2013	05/17/2013	3:50.47	
100 Breast	Club Rec: 1:34.32	Robson, Mark			Homayoun Rastan	66	CMSC 2017	05/12/2017	3:51.72	
Mark Robson	65	ONT Prov16	04/01/2016	1:34.32	John Balint	67	QUE PROV	04/16/2010	4:29.71	
Michael Olsen	66	NATIONALS	05/16/2008	1:36.14	Ken Johnson	65	NATL 2013	05/17/2013	5:39.08	
Larry Durr	69	NATIONALS	05/16/2008	1:37.23	400 IM	Club Rec: 6:28.60	Bishop, Douglas			
Vello Mijal	66	QUE PROV	04/13/2012	1:39.79	Douglas Bishop	65	PROVINCIAL	03/26/2011	6:28.60	
Andrew Roberts	65	TECH Mar17	03/05/2017	1:48.50	Graeme Barber	69	QUE PROV	04/13/2012	7:43.75	
John Weekes	69	QUE PROV	04/13/2012	1:52.52	Bill Carscallen	65	NATL 2013	05/17/2013	8:17.19	
Rick Baxter	68	NATL 2011	05/23/2011	2:03.90	John Balint	65	NATIONALS	05/16/2008	8:34.18	
Razek Abdelnour	65	NATL 2011	05/23/2011	2:04.14	Ken Johnson	65	NATL 2013	05/17/2013	12:04.23	
Gary Grant	67	QUE PROV	04/13/2012	2:04.36	Male 70 to 74					
John Balint	67	QUE PROV	04/16/2010	2:05.16	50 Free	Club Rec: :32.98	Olsen, Mike			
200 Breast	Club Rec: 3:17.41	Thomson, Eric			Michael Olsen	70	QUE PROV	04/13/2012	:32.98	
Vello Mijal	66	QUE PROV	04/13/2012	3:39.22	Arthur Inglis	70	NYG PENT	12/14/2002	:33.03	
Michael Olsen	66	NATIONALS	05/16/2008	3:39.25	Paull Leamen	70	NATL 2013	05/17/2013	:33.31	
Larry Durr	69	NATIONALS	05/16/2008	3:41.10	Michael Heath-Eves	70	QUE PROV	04/13/2012	:33.35	
Andrew Roberts	65	CMSC 2017	05/12/2017	4:09.41	Peter Leach	70	CMSC 2015	05/18/2015	:33.39	
John Weekes	68	NATL 2011	05/23/2011	4:19.00	John Weekes	70	NATL 2013	05/17/2013	:33.72	
Alan Lister	67	MONTREAL	06/26/1997	5:20.31	Ralph Chown	71	TECH	12/05/2009	:35.57	
Ken Johnson	65	NATL 2013	05/17/2013	5:34.98	Larry Durr	72	NATL 2011	05/23/2011	:36.10	
25 Fly					Robert Jack	72	NATL 2013	05/17/2013	:36.33	
Paull Leamen	65	RIDEAU	02/02/2008	:18.30	Vello Mijal	71	ONT Prov17	03/24/2017	:38.56	
Michael Olsen	66	RIDEAU	02/02/2008	:20.05	100 Free	Club Rec: 1:14.93	Inglis, Arthur			
50 Fly	Club Rec: :32.27	Roberts, Andrew			Arthur Inglis	71	TECHSPRINT	01/18/2003	1:14.93	
Phil Rogers	65	CMSC 2015	05/18/2015	:38.61	Michael Heath-Eves	72	CMSC 2014	05/16/2014	1:15.59	
Michael Heath-Eves	66	NATIONALS	05/16/2008	:39.14	Peter Leach	71	CMSC 2016	05/20/2016	1:16.65	
Homayoun Rastan	66	CMSC 2017	05/12/2017	:41.01	Michael Olsen	70	QUE PROV	04/13/2012	1:17.15	
Paull Leamen	69	QUE PROV	04/13/2012	:41.88	John Weekes	73	CMSC 2016	05/20/2016	1:17.99	
Bill Carscallen	65	NATL 2013	05/17/2013	:42.42	Ralph Chown	71	TECH	12/05/2009	1:19.63	
Michael Olsen	65	TECH	03/17/2007	:43.60	Paull Leamen	73	CMSC 2016	05/20/2016	1:19.87	
John Balint	65	INGLIS	03/08/2008	:44.77	Larry Durr	70	NATIONALS	05/15/2009	1:21.05	
Graeme Barber	69	QUE PROV	04/13/2012	:45.26	Robert Jack	72	QUE PROV	04/19/2013	1:23.67	
Rick Baxter	68	NATL 2011	05/23/2011	:47.47	Graeme Barber	70	NATL 2013	05/17/2013	1:23.72	
Anton Lovink	66	NATL 2013	05/17/2013	:48.39	200 Free	Club Rec: 2:47.84	Heath-Eves, Michael			
100 Fly	Club Rec: 1:34.87	Heath-Eves, Michael			Michael Heath-Eves	70	QUE PROV	04/13/2012	2:47.84	
Michael Heath-Eves	66	NATIONALS	05/16/2008	1:34.87	Peter Leach	72	CMSC 2017	05/12/2017	2:52.14	
Homayoun Rastan	66	CMSC 2017	05/12/2017	1:40.75	John Weekes	70	NATL 2013	05/17/2013	2:53.57	
Paull Leamen	68	TECH	01/22/2011	1:42.07	Michael Olsen	71	NATL 2013	05/17/2013	2:57.39	
Bill Carscallen	65	TECH	03/03/2013	1:46.37	Larry Durr	70	TECH	03/07/2009	2:59.50	
Graeme Barber	67	QUE PROV	04/16/2010	2:03.09	Arthur Inglis	71	PROVI	04/06/2003	3:01.83	
Ken Johnson	65	NATL 2013	05/17/2013	3:27.57	Paull Leamen	70	QUE PROV	04/19/2013	3:02.59	
200 Fly	Club Rec: 3:39.56	Heath-Eves, Michael			Graeme Barber	70	NATL 2013	05/17/2013	3:09.03	
Michael Heath-Eves	68	QUE PROV	04/16/2010	3:39.56	Alan Lister	72	TROIS	04/20/2001	4:10.26	
Homayoun Rastan	66	CMSC 2017	05/12/2017	4:16.90	Harvey Glatt	73	TECH	01/13/2007	4:31.55	
Ken Johnson	68	CMSC 2016	05/20/2016	7:43.81						

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400 Free	Club Rec: 6:05.77	Heath-Eves, Michael	Vello Mijal	70	ONT Prov16	04/01/2016	:47.28
Michael Heath-Eves	70	QUE PROV 04/13/2012 6:05.77	Robert Jack	72	NATL 2013	05/17/2013	:47.34
Peter Leach	72	ONT Prov17 03/24/2017 6:12.31	John Weekes	71	TECH	01/26/2014	:52.31
Arthur Inglis	70	TECH SPRIN 11/23/2002 6:20.93	Alan Lister	71	HALIFAX,	05/12/2000	:59.63
John Weekes	72	CMSC 2015 05/18/2015 6:26.39	Razek Abdelnour	70	CMSC 2016	05/20/2016	1:02.75
Graeme Barber	70	NATL 2013 05/17/2013 6:28.69	100 Breast	Club Rec: 1:35.94	Durr, Larry		
Michael Olsen	70	QUE PROV 04/13/2012 6:31.36	Larry Durr	70	TECH	01/31/2009	1:35.94
Larry Durr	70	NATIONALS 05/15/2009 6:44.26	Robert Jack	73	TECH	03/02/2014	1:46.00
Paull Leamen	73	CMSC 2016 05/20/2016 7:10.86	Ralph Chown	71	TECH	12/05/2009	1:49.31
Alan Lister	72	CALGARY 05/18/2001 9:20.08	Vello Mijal	71	CMSC 2017	05/12/2017	1:49.67
Harvey Glatt	73	QUEBEC 04/22/2007 9:26.07	Michael Olsen	70	TECH	03/04/2012	1:51.53
			John Weekes	70	TECH	03/03/2013	1:53.03
800 Free	Club Rec: 12:49.46	Heath-Eves, Michael	Alan Lister	72	CALGARY	05/18/2001	2:18.91
Michael Heath-Eves	72	CMSC 2014 05/16/2014 12:49.46	Ken Johnson	70	Tech Mar18	03/04/2018	2:46.29
Graeme Barber	70	NATL 2013 05/17/2013 13:05.30	200 Breast	Club Rec: 3:45.20	Jack, Robert		
Peter Leach	72	ONT Prov17 03/24/2017 13:14.62	Robert Jack	73	TECH	03/02/2014	3:45.20
Arthur Inglis	71	NATIONALS 05/16/2003 13:25.83	Larry Durr	70	OntProv'09	03/20/2009	3:45.31
Michael Olsen	70	QUE PROV 04/13/2012 13:28.09	Vello Mijal	70	ONT Prov16	04/01/2016	3:55.89
John Weekes	72	CMSC 2015 05/18/2015 13:38.76	Michael Olsen	70	TECH	03/04/2012	3:59.69
Robert Jack	72	QUE PROV 04/19/2013 13:40.90	Alan Lister	72	TROIS	04/20/2001	5:04.39
Harvey Glatt	73	QUEBEC 04/22/2007 20:04.66	25 Fly				
Alan Lister	70	OTTAWA 06/05/1999 20:06.58	Robert Jack	72	TECH	03/03/2013	:39.79
John Ross	70	OntProv'09 03/20/2009 20:12.57	50 Fly	Club Rec: :39.79	Jack, Robert		
			Robert Jack	71	TECH	12/02/2012	:39.79
1500 Free	Club Rec: 24:01.44	Heath-Eves, Michael	John Weekes	72	CMSC 2015	05/18/2015	:43.87
Michael Heath-Eves	72	CMSC 2014 05/16/2014 24:01.44	Paull Leamen	70	NATL 2013	05/17/2013	:45.09
Graeme Barber	70	NATL 2013 05/17/2013 25:26.16	Michael Olsen	71	TECH	01/27/2013	:45.61
Michael Olsen	71	NATL 2013 05/17/2013 25:28.00	Arthur Inglis	70	NYG PENT	12/14/2002	:45.81
Paull Leamen	70	NATL 2013 05/17/2013 27:41.51	Graeme Barber	73	ONT Prov16	04/01/2016	:50.70
Razek Abdelnour	70	CMSC 2016 05/20/2016 36:42.44	Anton Lovink	70	Perth	04/30/2017	:54.85
John Ross	70	OntProv'09 03/20/2009 39:01.33	100 Fly	Club Rec: 1:37.00	Jack, Robert		
Harvey Glatt	74	NATIONALS 05/16/2008 39:03.95	Robert Jack	72	SWOTT2013	11/23/2013	1:37.00
			John Weekes	70	TECH	03/03/2013	1:59.94
50 Back	Club Rec: :38.24	Inglis, Arthur	Graeme Barber	70	QUE PROV	04/19/2013	2:06.51
Arthur Inglis	70	NYG PENT 12/14/2002 :38.24	200 Fly	Club Rec: 4:10.48	Smith, Chris		
Larry Durr	70	OntProv'09 03/20/2009 :41.43	Ken Johnson	70	Tech Mar18	03/04/2018	7:27.03
Vello Mijal	70	ONT Prov16 04/01/2016 :42.52	100 IM	Club Rec: 1:27.89	Inglis, Arthur		
Robert Jack	72	NATL 2013 05/17/2013 :44.09	Arthur Inglis	70	NYG PENT	12/14/2002	1:27.89
Peter Leach	71	CMSC 2016 05/20/2016 :44.21	Robert Jack	72	QUE PROV	04/19/2013	1:32.24
Michael Heath-Eves	71	NATL 2013 05/17/2013 :46.29	Larry Durr	71	ARTHURS	03/13/2010	1:34.78
John Weekes	73	TECH Dec16 12/04/2016 :47.30	Michael Heath-Eves	71	NATL 2013	05/17/2013	1:34.91
Anton Lovink	70	CMSC 2017 05/12/2017 :49.80	John Weekes	72	CMSC 2015	05/18/2015	1:36.48
Alan Lister	71	OTTAWA-TE 05/06/2000 1:04.31	Graeme Barber	70	NATL 2013	05/17/2013	1:38.61
Michael Olsen	74	TECH Dec16 12/04/2016 1:05.08	Vello Mijal	71	CMSC 2017	05/12/2017	1:38.98
			Paull Leamen	70	TECH	01/27/2013	1:43.83
100 Back	Club Rec: 1:27.77	Inglis, Arthur	Michael Olsen	70	TECH	11/11/2012	1:58.62
Arthur Inglis	71	PROVI 04/06/2003 1:27.77	Anton Lovink	70	CMSC 2017	05/12/2017	1:58.83
Larry Durr	70	TECH 12/05/2009 1:31.41	200 IM	Club Rec: 3:22.05	Inglis, Arthur		
Peter Leach	71	CMSC 2016 05/20/2016 1:36.51	Arthur Inglis	71	NATIONALS	05/16/2003	3:22.05
Robert Jack	73	CMSC 2014 05/16/2014 1:38.50	Larry Durr	70	OntProv'09	03/20/2009	3:30.52
Vello Mijal	70	ONT Prov16 04/01/2016 1:40.65	Robert Jack	73	CMSC 2014	05/16/2014	3:33.43
Anton Lovink	70	CMSC 2017 05/12/2017 1:55.63	Michael Heath-Eves	72	TECH Dec	12/07/2014	3:38.43
Grant Sinclair	71	TECH 01/13/2008 3:18.45	John Weekes	70	NATL 2013	05/17/2013	3:40.06
			Graeme Barber	70	QUE PROV	04/19/2013	3:45.63
200 Back	Club Rec: 3:14.76	Inglis, Arthur	400 IM	Club Rec: 7:56.94	Barber, Graeme		
Arthur Inglis	71	NATIONALS 05/16/2003 3:14.76	Graeme Barber	70	NATL 2013	05/17/2013	7:56.94
Peter Leach	71	CMSC 2016 05/20/2016 3:23.61					
Robert Jack	73	CMSC 2014 05/16/2014 3:43.82					
Vello Mijal	71	CMSC 2017 05/12/2017 3:49.76					
Grant Sinclair	70	QUEBEC 04/22/2007 6:46.31					
50 Breast	Club Rec: :42.55	Olsen, Mike					
Michael Olsen	70	QUE PROV 04/13/2012 :42.55					
Arthur Inglis	70	NYG PENT 12/14/2002 :43.78					
Larry Durr	70	OntProv'09 03/20/2009 :44.17					

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Male 75 to 79					200 Breast	Club Rec: 3:59.44	Durr, Larry		
50 Free	Club Rec: :32.03	Heath-Eves, Michael			Larry Durr	75	TECH	03/02/2014	3:59.44
Michael Heath-Eves	75	TECH Mar17	03/05/2017	:32.03	50 Fly	Club Rec: :39.20	Armatys, Victor		
Victor Armatys	75	Tech Mar18	03/04/2018	:34.73	Victor Armatys	75	Tech Mar18	03/04/2018	:39.20
Michael Olsen	75	CMSC 2017	05/12/2017	:35.63	Robert Jack	75	CMSC 2016	05/20/2016	:44.72
Larry Durr	75	Perth 2014	05/04/2014	:40.21	Michael Olsen	75	Tech Feb17	02/05/2017	:55.03
Robert Jack	75	TECH Dec16	12/04/2016	:42.55	100 Fly	Club Rec: 1:41.44	Jack, Robert		
Alan Lister	75	QUE PROV	04/03/2004	:47.50	Robert Jack	75	ONT Prov16	04/01/2016	1:41.44
Harvey Glatt	75	OntProv'09	03/20/2009	:57.59	Victor Armatys	75	Tech Mar18	03/04/2018	1:47.30
Grant Sinclair	76	NATL 2013	05/17/2013	1:08.22	100 IM	Club Rec: 1:39.47	Jack, Robert		
100 Free	Club Rec: 1:19.37	Heath-Eves, Michael			Robert Jack	76	CMSC 2017	05/12/2017	1:39.47
Michael Heath-Eves	75	TECH Mar17	03/05/2017	1:19.37	200 IM	Club Rec: 3:42.44	Jack, Robert		
Michael Olsen	75	CMSC 2017	05/12/2017	1:25.02	Robert Jack	75	CMSC 2016	05/20/2016	3:42.44
Larry Durr	75	TECH	03/02/2014	1:30.72	400 IM	Club Rec: 7:41.21	Armatys, Victor		
Robert Jack	75	TECH Dec16	12/04/2016	1:35.53	Victor Armatys	75	Tech Mar18	03/04/2018	7:41.21
Alan Lister	75	QUE PROV	04/03/2004	1:54.29	Male 80 to 84				
Harvey Glatt	75	OntProv'09	03/20/2009	2:07.58	50 Free	Club Rec: 1:00.03	Hubay, James		
Grant Sinclair	76	NATL 2013	05/17/2013	2:52.21	James Hubay	84	TECH	03/02/2014	1:00.03
200 Free	Club Rec: 2:57.00	Heath-Eves, Michael			100 Free	Club Rec: 2:16.81	Hubay, James		
Michael Heath-Eves	75	TECH Mar17	03/05/2017	2:57.00	James Hubay	84	TECH	04/13/2014	2:16.81
Michael Olsen	75	ONT Prov17	03/24/2017	3:14.24	50 Back	Club Rec: 1:08.00	Hubay, James		
Alan Lister	75	QUE PROV	04/03/2004	4:28.66	James Hubay	84	TECH	04/13/2014	1:08.00
Harvey Glatt	75	OntProv'09	03/20/2009	5:00.96	100 Back	Club Rec: 2:27.42	Hubay, James		
400 Free	Club Rec: 6:23.48	Heath-Eves, Michael			James Hubay	84	TECH	03/02/2014	2:27.42
Michael Heath-Eves	75	CMSC 2017	05/12/2017	6:23.48	Male 90 to 94				
Michael Olsen	75	CMSC 2017	05/12/2017	6:53.11	50 Free	Club Rec: 1:07.92	Haupt, Caspar		
Alan Lister	75	QUE PROV	04/03/2004	9:36.01	Caspar Haupt	90	NATL 2013	05/17/2013	1:07.92
800 Free	Club Rec: 13:34.84	Heath-Eves, Michael			100 Free	Club Rec: 2:41.33	Haupt, Caspar		
Michael Heath-Eves	75	CMSC 2017	05/12/2017	13:34.84	Caspar Haupt	90	NATL 2013	05/17/2013	2:41.33
Michael Olsen	75	ONT Prov17	03/24/2017	14:35.38	50 Back	Club Rec: 1:08.12	Haupt, Caspar		
1500 Free	Club Rec: 25:31.42	Heath-Eves, Michael			Caspar Haupt	90	NATL 2013	05/17/2013	1:08.12
Michael Heath-Eves	75	CMSC 2017	05/12/2017	25:31.42	100 Back	Club Rec: 2:39.00	Haupt, Caspar		
Michael Olsen	75	CMSC 2017	05/12/2017	27:22.50	Caspar Haupt	90	NATL 2013	05/17/2013	2:39.00
50 Back	Club Rec: :44.96	Durr, Larry			200 Back	Club Rec: 7:04.07	Haupt, Caspar		
Larry Durr	76	CMSC 2015	05/18/2015	:44.96	Caspar Haupt	90	NATL 2013	05/17/2013	7:04.07
Robert Jack	75	CMSC 2016	05/20/2016	:45.60	100 IM	Club Rec: 4:37.53	Haupt, Caspar		
Michael Heath-Eves	75	Red-Blue17	12/16/2017	:48.81	Caspar Haupt	90	NATL 2013	05/17/2013	4:37.53
Grant Sinclair	76	NATL 2013	05/17/2013	1:33.14	Male 75 to 79				
100 Back	Club Rec: 1:40.84	Durr, Larry			200 Breast	Club Rec: 3:59.44	Durr, Larry		
Larry Durr	75	TECH	04/13/2014	1:40.84	Larry Durr	75	TECH	03/02/2014	3:59.44
Robert Jack	75	CMSC 2016	05/20/2016	1:45.34	50 Fly	Club Rec: :39.20	Armatys, Victor		
Michael Heath-Eves	75	Red-Blue17	12/16/2017	1:46.60	Victor Armatys	75	Tech Mar18	03/04/2018	:39.20
Grant Sinclair	76	NATL 2013	05/17/2013	3:21.03	Robert Jack	75	CMSC 2016	05/20/2016	:44.72
200 Back	Club Rec: 3:47.69	Jack, Robert			Michael Olsen	75	Tech Feb17	02/05/2017	:55.03
Robert Jack	75	CMSC 2016	05/20/2016	3:47.69	100 Fly	Club Rec: 1:41.44	Jack, Robert		
Larry Durr	76	CMSC 2015	05/18/2015	4:04.06	Robert Jack	75	ONT Prov16	04/01/2016	1:41.44
50 Breast	Club Rec: :47.84	Olsen, Michael			Victor Armatys	75	Tech Mar18	03/04/2018	1:47.30
Michael Olsen	75	ONT Prov17	03/24/2017	:47.84	100 IM	Club Rec: 1:39.47	Jack, Robert		
Larry Durr	75	TECH	01/26/2014	:48.00	Robert Jack	76	CMSC 2017	05/12/2017	1:39.47
Robert Jack	75	ONT Prov16	04/01/2016	:49.96	200 IM	Club Rec: 3:42.44	Jack, Robert		
Alan Lister	75	QUE PROV	04/03/2004	1:02.38	Robert Jack	75	CMSC 2016	05/20/2016	3:42.44
100 Breast	Club Rec: 1:48.54	Durr, Larry			400 IM	Club Rec: 7:41.21	Armatys, Victor		
Larry Durr	75	TECH	04/13/2014	1:48.54	Victor Armatys	75	Tech Mar18	03/04/2018	7:41.21
Robert Jack	75	TECH Dec16	12/04/2016	1:51.78	Male 80 to 84				
Alan Lister	75	QUE PROV	04/03/2004	2:25.10	50 Free	Club Rec: 1:00.03	Hubay, James		