



NATIONAL CAPITAL CUP SPRINT SERIES
SHORT COURSE SPRINT SWIM MEET
SATURDAY, DECEMBER 5, 2009 UNIVERSITY OF OTTAWA

Name	Age Team	SEED	Finals	Points
Women 25-29 50 SC Meter Freestyle				
1 Strachan, Kate	29 Unattached	30.04	29.87	5
2 Seantal, Anais	27 TECH	33.50	32.06	3
3 Jones, Patricia	25 TECH	NT	33.02	1
4 Jones, Aimee	28 NMSC	37.00	35.75	
5 Demarais, Catherine	29 TECH	34.21	37.06	
Women 25-29 100 SC Meter Freestyle				
1 Strachan, Kate	29 Unattached	1:08.55	1:07.44	5
31.92	1:07.44			
2 Jones, Patricia	25 TECH	NT	1:14.56	3
34.59	1:14.56			
3 Jones, Aimee	28 NMSC	1:18.00	1:17.96	1
36.55	1:17.96			
4 Drennan, Lindsay	29 TECH	1:40.00	1:18.43	
37.84	1:18.43			
5 Demarais, Catherine	29 TECH	1:16.37	1:18.75	
37.41	1:18.75			
6 Martin, Laetitia	27 TECH	1:41.00	1:41.28	
49.12	1:41.28			
Women 25-29 200 SC Meter Freestyle				
1 Demarais, Catherine	29 TECH	3:04.31	2:56.09	5
42.02	1:26.58	2:12.61	2:56.09	
2 Martin, Laetitia	27 TECH	3:55.00	4:01.87	3
57.95	2:01.89	3:07.26	4:01.87	
Women 25-29 50 SC Meter Backstroke				
1 Seantal, Anais	27 TECH	48.55	37.90	5
2 Drennan, Lindsay	29 TECH	45.00	42.28	3
3 Jones, Aimee	28 NMSC	41.00	42.54	1
Women 25-29 100 SC Meter Backstroke				
1 Martin, Laetitia	27 TECH	2:18.00	2:14.29	5
1:06.33	2:14.29			
Women 25-29 50 SC Meter Breaststroke				
1 Jones, Patricia	25 TECH	NT	40.86	5
2 Seantal, Anais	27 TECH	45.11	41.63	3
3 Demarais, Catherine	29 TECH	44.46	45.47	1
4 Martin, Laetitia	27 TECH	58.00	1:03.72	
Women 25-29 100 SC Meter Breaststroke				
1 Jones, Patricia	25 TECH	NT	1:26.70	5
41.82	1:26.70			
2 Demarais, Catherine	29 TECH	1:36.60	1:36.74	3
47.05	1:36.74			
3 Martin, Laetitia	27 TECH	2:05.00	2:13.47	1

1:02.55 2:13.47

Women 25-29 50 SC Meter Butterfly

1	Seantal, Anais	27	TECH	36.50	35.41	5
2	Drennan, Lindsay	29	TECH	40.00	39.07	3
3	Jones, Aimee	28	NMSC	43.00	40.26	1

Women 25-29 100 SC Meter IM

1	Strachan, Kate	29	Unattached	1:19.73	1:20.25	5
	36.87 1:20.25					
2	Seantal, Anais	27	TECH	NT	1:25.90	3
	39.23 1:25.90					
3	Jones, Patricia	25	TECH	NT	1:27.46	1
	43.62 1:27.46					
4	Drennan, Lindsay	29	TECH	1:50.00	1:29.81	
	41.16 1:29.81					

Women 25-29 200 SC Meter IM

1	Drennan, Lindsay	29	TECH	NT	3:14.27	5
	42.33 1:32.08 2:29.87 3:14.27					

Women 30-34 50 SC Meter Freestyle

1	Rowan-Legg, Anne	32	TECH	34.00	30.82	5
2	Roberge, Sophie	30	OTT	NT	33.31	3

Women 30-34 100 SC Meter Freestyle

1	Hutchings, Holly	30	NMSC	1:08.00	1:07.17	5
	32.11 1:07.17					
2	Rowan-Legg, Anne	32	TECH	1:12.00	1:08.25	3
	32.55 1:08.25					
3	Roberge, Sophie	30	OTT	NT	1:15.14	1
	34.71 1:15.14					

Women 30-34 200 SC Meter Freestyle

1	Roberge, Sophie	30	OTT	NT	2:50.90	5
	37.62 1:20.90 2:06.71 2:50.90					

Women 30-34 50 SC Meter Backstroke

1	Rowan-Legg, Anne	32	TECH	40.00	34.82	5
2	Hutchings, Holly	30	NMSC	39.00	38.27	3
3	Khan, Amna	31	TECH	52.00	45.35	1

Women 30-34 100 SC Meter Backstroke

1	Rowan-Legg, Anne	32	TECH	1:20.00	1:16.14	5
	37.33 1:16.14					
2	Khan, Amna	31	TECH	1:52.00	1:36.56	3
	47.73 1:36.56					
3	Roberge, Sophie	30	OTT	NT	1:37.31	1
	46.83 1:37.31					

Women 30-34 100 SC Meter IM

1	Roberge, Sophie	30	OTT	NT	1:28.90	5
	42.25 1:28.90					

Women 35-39 50 SC Meter Freestyle

1	Keppie, Nathalie	37	NMSC	31.00	29.35	5
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Women 35-39 50 SC Meter Backstroke

1	Keppie, Nathalie	37	NMSC	37.00	34.77	5
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Women 35-39 50 SC Meter Butterfly

1	Keppie, Nathalie	37	NMSC	34.00	32.56	5
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Women 35-39 100 SC Meter IM

1	Keppie, Nathalie	37	NMSC	1:16.00	1:16.55	5
	35.15	1:16.55				

Women 40-44 50 SC Meter Freestyle

1	Kmet, Darcia	41	TECH	50.01	51.73	5
2	Storm, Alison	40	TECH	53.00	51.79	3

Women 40-44 100 SC Meter Freestyle

1	McGuinness, Janice	44	TECH	1:27.00	1:20.27	5
	39.14	1:20.27				
2	Storm, Alison	40	TECH	2:00.00	1:47.53	3
	48.61	1:47.53				
3	Kmet, Darcia	41	TECH	1:56.07	1:53.68	1
	51.58	1:53.68				

Women 40-44 200 SC Meter Freestyle

1	Kmet, Darcia	41	TECH	4:06.59	3:58.72	5
	53.08	1:53.68	2:56.46	3:58.72		

Women 40-44 50 SC Meter Backstroke

1	Storm, Alison	40	TECH	1:05.00	53.47	5
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Women 40-44 100 SC Meter Backstroke

1	McGuinness, Janice	44	TECH	1:39.00	1:30.00	5
	44.59	1:30.00				

Women 40-44 50 SC Meter Breaststroke

1	Storm, Alison	40	TECH	1:00.00	52.06	5
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Women 40-44 100 SC Meter Breaststroke

1	McGuinness, Janice	44	TECH	1:52.00	1:49.21	5
	50.64	1:49.21				

Women 40-44 50 SC Meter Butterfly

1	McGuinness, Janice	44	TECH	40.00	42.31	5
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Women 40-44 100 SC Meter IM

--	McGuinness, Janice	44	TECH	1:56.00	DQ	
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Women 45-49 100 SC Meter Freestyle

1	Grant, Fiona	49	TECH	1:15.00	1:11.16	5
	34.62	1:11.16				
--	Marshall, Lynn	48	CAPS	1:15.00	X1:04.88	
	32.08	1:04.88				

Women 45-49 200 SC Meter Freestyle

1	Grant, Fiona	49	TECH	2:40.00	2:34.38	5
	36.27	1:16.15	1:55.90	2:34.38		

Women 45-49 50 SC Meter Breaststroke

1	Marshall, Lynn	48	CAPS	42.50	41.28	5
2	Grant, Fiona	49	TECH	45.00	42.41	3

Women 45-49 100 SC Meter Breaststroke

1	Marshall, Lynn	48	CAPS	1:35.00	1:28.06	5
	42.02	1:28.06				
2	Grant, Fiona	49	TECH	1:35.00	1:31.51	3
	43.32	1:31.51				

Women 45-49 50 SC Meter Butterfly

1	Marshall, Lynn	48	CAPS	1:35.00	33.19	5
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Women 45-49 100 SC Meter Butterfly					
1	Marshall, Lynn	48 CAPS	NT	1:11.20	5
	33.92	1:11.20			
Women 45-49 100 SC Meter IM					
1	Marshall, Lynn	48 CAPS	1:17.50	1:14.76	5
	35.24	1:14.76			
Women 50-54 50 SC Meter Freestyle					
1	Pinard, Debbie	52 NMSC	36.00	36.24	5
2	Jordan, Marian	53 TECH	48.00	49.04	3
Women 50-54 100 SC Meter Freestyle					
1	Jordan, Marian	53 TECH	1:52.00	1:50.28	5
	48.61	1:50.28			
Women 50-54 200 SC Meter Freestyle					
1	Jordan, Marian	53 TECH	4:05.00	4:11.77	5
	53.09	1:57.65	3:05.06	4:11.77	
Women 50-54 50 SC Meter Breaststroke					
1	Buckner, Wendy	50 TECH	45.00	43.52	5
2	Pinard, Debbie	52 NMSC	46.00	44.00	3
3	Jordan, Marian	53 TECH	1:09.00	1:11.31	1
Women 50-54 100 SC Meter Breaststroke					
1	Pinard, Debbie	52 NMSC	1:45.00	1:40.40	5
	47.20	1:40.40			
Women 50-54 50 SC Meter Butterfly					
1	Buckner, Wendy	50 TECH	36.50	38.27	5
Women 50-54 100 SC Meter Butterfly					
1	Buckner, Wendy	50 TECH	NT	1:31.14	5
	41.40	1:31.14			
Women 50-54 100 SC Meter IM					
1	Buckner, Wendy	50 TECH	1:31.50	1:29.30	5
	42.74	1:29.30			
Women 55-59 50 SC Meter Freestyle					
1	Grant, Diane	57 TECH	50.32	48.31	5
2	Rogers, Patricia	57 TECH	56.00	1:03.03	3
Women 55-59 100 SC Meter Freestyle					
1	Grant, Diane	57 TECH	1:58.61	1:54.10	5
	51.79	1:54.10			
2	Rogers, Patricia	57 TECH	2:00.00	2:10.99	3
	1:01.55	2:10.99			
Women 55-59 200 SC Meter Freestyle					
1	Milne, Kathleen	58 TECH	3:10.00	3:10.89	5
	43.24	1:32.43	2:21.96	3:10.89	
2	Rogers, Patricia	57 TECH	4:15.00	4:45.62	3
	1:05.32	2:18.24	3:32.64	4:45.62	
Women 55-59 50 SC Meter Butterfly					
1	Milne, Kathleen	58 TECH	42.00	42.52	5
Women 55-59 100 SC Meter IM					
1	Milne, Kathleen	58 TECH	1:40.00	1:44.23	5
	49.68	1:44.23			

Women 65-69 100 SC Meter Freestyle

1 Devine, Alexandra	69 SWYM	1:44.50	1:41.47	5
48.83	1:41.47			

Women 65-69 200 SC Meter Freestyle

1 Devine, Alexandra	69 SWYM	3:45.00	3:46.29	5
51.60	1:50.33	2:49.67	3:46.29	

Women 65-69 100 SC Meter Breaststroke

1 Devine, Alexandra	69 SWYM	2:10.20	2:13.03	5
1:03.71	2:13.03			

Women 65-69 50 SC Meter Butterfly

1 Devine, Alexandra	69 SWYM	1:05.50	1:02.20	5
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Women 65-69 100 SC Meter IM

1 Devine, Alexandra	69 SWYM	2:05.00	2:02.38	5
1:01.12	2:02.38			

Name	Age Team	SEED	Finals	Points
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Men 25-29 50 SC Meter Freestyle

1 Hasson, Larry	25 TECH	27.00	26.38	5
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Men 25-29 100 SC Meter Freestyle

1 Bonneau, Louis David	29 TECH	55.00	59.28	5
29.03	59.28			
2 Hasson, Larry	25 TECH	1:00.00	59.64	3
29.12	59.64			
3 Yogi, Alvaro	29 OTT	1:03.00	59.84	1
28.39	59.84			

Men 25-29 200 SC Meter Freestyle

1 Bonneau, Louis David	29 TECH	2:00.00	2:00.57	5
27.59	57.12	1:28.37	2:00.57	
2 Hasson, Larry	25 TECH	2:15.00	2:13.77	3
31.18	1:05.83	1:40.55	2:13.77	

Men 25-29 50 SC Meter Backstroke

1 Yogi, Alvaro	29 OTT	33.00	31.22	5
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Men 25-29 50 SC Meter Breaststroke

1 Yogi, Alvaro	29 OTT	35.00	34.03	5
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Men 25-29 50 SC Meter Butterfly

1 Hasson, Larry	25 TECH	28.00	28.40	5
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Men 25-29 100 SC Meter IM

1 Bonneau, Louis David	29 TECH	1:05.00	1:03.74	5
2 Yogi, Alvaro	29 OTT	1:08.00	1:09.99	3
32.18	1:09.99			

Men 30-34 50 SC Meter Freestyle

1 Kennedy, Ian	32 NMSC	NT	26.85	5
2 Woodley, Kevin	34 OTT	31.00	31.01	3
3 Couzens, Donald	33 TECH	31.00	33.66	1

Men 30-34 100 SC Meter Freestyle

1 Kennedy, Ian	32 NMSC	1:04.00	1:02.46	5
29.47	1:02.46			
2 Woodley, Kevin	34 OTT	1:12.00	1:10.49	3
33.18	1:10.49			

Men 30-34 200 SC Meter Freestyle						
1	Woodley, Kevin	34	OTT	2:40.00	2:43.87	5
	37.09 1:19.27 2:02.05 2:43.87					
Men 30-34 50 SC Meter Backstroke						
1	Woodley, Kevin	34	OTT	40.00	39.09	5
Men 30-34 100 SC Meter Breaststroke						
1	Couzens, Donald	33	TECH	1:29.00	1:37.72	5
	45.37 1:37.72					
Men 30-34 50 SC Meter Butterfly						
1	Kennedy, Ian	32	NMSC	30.00	29.43	5
2	Couzens, Donald	33	TECH	35.00	37.94	3
Men 30-34 100 SC Meter IM						
1	Woodley, Kevin	34	OTT	1:22.00	1:24.25	5
	39.36 1:24.25					
2	Couzens, Donald	33	TECH	1:19.00	1:31.34	3
	43.71 1:31.34					
Men 35-39 50 SC Meter Freestyle						
1	Dick, Scott	38	TECH	26.50	26.43	5
2	Dixon, Lee	36	TECH	55.00	49.15	3
Men 35-39 100 SC Meter Freestyle						
1	Dick, Scott	38	TECH	59.00	1:00.06	5
	29.49 1:00.06					
2	Storm, Lee	39	TECH	1:11.00	1:10.25	3
	33.48 1:10.25					
3	Dixon, Lee	36	TECH	1:50.00	1:38.67	1
	47.15 1:38.67					
Men 35-39 200 SC Meter Freestyle						
1	Dick, Scott	38	TECH	2:08.00	2:11.98	5
	30.96 1:04.77 1:39.24 2:11.98					
2	Storm, Lee	39	TECH	2:40.00	2:34.52	3
	36.77 1:16.61 1:56.65 2:34.52					
3	Dixon, Lee	36	TECH	4:30.00	3:54.06	1
	52.55 1:51.64 2:53.49 3:54.06					
Men 35-39 50 SC Meter Backstroke						
1	Storm, Lee	39	TECH	38.00	39.25	5
Men 35-39 100 SC Meter Backstroke						
1	Storm, Lee	39	TECH	1:23.00	1:25.66	5
	42.04 1:25.66					
Men 35-39 50 SC Meter Breaststroke						
1	Dixon, Lee	36	TECH	1:30.00	1:09.91	5
Men 35-39 100 SC Meter Breaststroke						
1	Dixon, Lee	36	TECH	3:00.00	2:27.26	5
	1:08.90 2:27.26					
Men 35-39 50 SC Meter Butterfly						
1	Dick, Scott	38	TECH	29.00	29.44	5
2	Storm, Lee	39	TECH	35.00	39.90	3
Men 35-39 100 SC Meter IM						
--	Storm, Lee	39	TECH	1:25.00	X1:23.63	
	39.09 1:23.63					

Men 40-44 50 SC Meter Freestyle

1	Weekes, Chris	40	TECH	28.00	28.17	5
2	Sigouin, Pierre	42	TECH	NT	37.18	3

Men 40-44 100 SC Meter Freestyle

1	McCarthy, Chris	42	TECH	1:00.00	59.13	5
	28.69 59.13					
2	Weekes, Chris	40	TECH	58.00	59.69	3
	28.74 59.69					
3	Sigouin, Pierre	42	TECH	1:32.00	1:23.67	1
	38.18 1:23.67					

Men 40-44 200 SC Meter Freestyle

1	Weekes, Chris	40	TECH	2:10.00	2:11.78	5
	29.83 1:02.45 1:36.46 2:11.78					
2	McCarthy, Chris	42	TECH	2:15.00	2:16.13	3
	32.27 1:06.67 1:41.08 2:16.13					
3	Sigouin, Pierre	42	TECH	3:30.00	3:04.94	1
	41.58 1:27.05 2:16.46 3:04.94					

Men 40-44 100 SC Meter Backstroke

1	McCarthy, Chris	42	TECH	1:10.00	1:10.31	5
	33.14 1:10.31					

Men 40-44 50 SC Meter Butterfly

1	McCarthy, Chris	42	TECH	32.00	37.54	5
2	Sigouin, Pierre	42	TECH	NT	44.45	3

Men 40-44 100 SC Meter IM

1	McCarthy, Chris	42	TECH	1:11.00	1:11.10	5
	31.71 1:11.10					
2	Sigouin, Pierre	42	TECH	2:05.00	1:47.70	3
	49.24 1:47.70					

Men 45-49 50 SC Meter Freestyle

1	Raymond, Marty	47	TECH	29.00	27.27	5
2	Richer, Vincent	49	TECH	1:20.00	1:18.59	3

Men 45-49 100 SC Meter Freestyle

1	Baumann, Alex	45	TECH	55.00	55.99	5
	27.71 55.99					
2	Raymond, Marty	47	TECH	59.00	1:00.44	3
	29.04 1:00.44					
3	Collard, Rick	47	TECH	1:05.00	1:06.86	1
	31.87 1:06.86					
4	Richer, Vincent	49	TECH	2:50.00	2:34.72	
	1:13.62 2:34.72					

Men 45-49 200 SC Meter Freestyle

1	Raymond, Marty	47	TECH	2:14.00	2:13.97	5
	32.06 1:06.96 1:40.86 2:13.97					
2	Collard, Rick	47	TECH	2:20.00	2:35.29	3
	34.49 1:13.30 1:54.15 2:35.29					
3	Richer, Vincent	49	TECH	5:40.00	5:37.82	1
	1:19.51 2:44.56 4:10.84 5:37.82					

Men 45-49 50 SC Meter Breaststroke

1	Collard, Rick	47	TECH	38.00	38.14	5
2	Richer, Vincent	49	TECH	1:30.00	1:27.88	3

Men 45-49 100 SC Meter Breaststroke

1	Collard, Rick	47	TECH	1:25.00	1:22.57	5
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	38.17	1:22.57						
2	Richer, Vincent		49	TECH	3:00.00	3:30.30		3
		1:37.30						
--	Baumann, Alex		45	TECH	1:10.00		DQ	
Men 45-49 50 SC Meter Butterfly								
1	Raymond, Marty		47	TECH	31.00	29.38		5
Men 45-49 100 SC Meter IM								
1	Baumann, Alex		45	TECH	1:05.00	1:02.32		5
		29.65						
2	Raymond, Marty		47	TECH	1:25.00	1:13.89		3
		34.86						
3	Collard, Rick		47	TECH	1:15.00	1:18.16		1
		36.39						
Men 50-54 50 SC Meter Freestyle								
1	Crone, Glenn		51	TECH	39.70	36.25		5
2	Magne, Jean		53	TECH	46.00	48.30		3
--	Beedell, Jeff		51	TECH	35.00		DQ	
Men 50-54 100 SC Meter Freestyle								
1	Beedell, Jeff		51	TECH	1:20.00	1:14.53		5
		35.12						
2	Crone, Glenn		51	TECH	1:31.00	1:26.28		3
		39.33						
3	Magne, Jean		53	TECH	2:15.00	2:08.70		1
		54.36						
Men 50-54 200 SC Meter Freestyle								
1	Crone, Glenn		51	TECH	3:36.00	3:19.46		5
		41.96						
		1:31.65						
		2:26.40						
		3:19.46						
2	Magne, Jean		53	TECH	4:30.00	4:45.78		3
		1:01.16						
		2:11.39						
		3:33.55						
		4:45.78						
Men 50-54 50 SC Meter Backstroke								
1	Beedell, Jeff		51	TECH	45.00	40.83		5
Men 50-54 50 SC Meter Breaststroke								
1	Beedell, Jeff		51	TECH	50.00	41.37		5
2	Smith, Kerry		50	TECH	43.00	43.35		3
Men 50-54 50 SC Meter Butterfly								
1	Smith, Kerry		50	TECH	36.00	35.97		5
Men 50-54 100 SC Meter IM								
1	Smith, Kerry		50	TECH	1:22.00	1:26.67		5
		41.17						
2	Beedell, Jeff		51	TECH	1:40.00	1:27.81		3
		41.45						
Men 55-59 50 SC Meter Freestyle								
1	Read, Robert		55	TECH	29.00	29.84		5
2	Rogers, Phil		59	TECH	31.00	30.69		3
3	Fasken, Lee		55	TECH	40.00	36.20		1
Men 55-59 100 SC Meter Freestyle								
1	Rogers, Phil		59	TECH	1:12.00	1:10.28		5
		33.09						
2	Fasken, Lee		55	TECH	1:45.00	1:29.02		3
		40.93						
Men 55-59 200 SC Meter Freestyle								

1	Fasken, Lee	55	TECH	3:45.00	3:23.11	5
	44.08 1:36.18 2:30.74 3:23.11					
Men 55-59 50 SC Meter Backstroke						
1	Fasken, Lee	55	TECH	50.00	47.81	5
Men 55-59 50 SC Meter Breaststroke						
1	Fasken, Lee	55	TECH	1:00.00	52.68	5
Men 55-59 50 SC Meter Butterfly						
1	Read, Robert	55	TECH	32.00	34.25	5
2	Rogers, Phil	59	TECH	39.00	40.19	3
Men 60-64 50 SC Meter Freestyle						
1	Leach, Peter	64	TECH	33.00	32.34	5
2	Chown, Ralph	64	TECH	37.00	35.57	3
Men 60-64 100 SC Meter Freestyle						
1	Leach, Peter	64	TECH	1:15.00	1:13.47	5
	34.93 1:13.47					
2	Chown, Ralph	64	TECH	1:25.00	1:19.63	3
	38.86 1:19.63					
Men 60-64 50 SC Meter Backstroke						
1	Leach, Peter	64	TECH	43.00	41.97	5
Men 60-64 100 SC Meter Backstroke						
1	Leach, Peter	64	TECH	1:36.00	1:34.00	5
	45.12 1:34.00					
Men 60-64 100 SC Meter Breaststroke						
1	Chown, Ralph	64	TECH	1:50.00	1:49.31	5
	51.39 1:49.31					
Men 60-64 100 SC Meter IM						
1	Leach, Peter	64	TECH	1:40.00	1:35.65	5
	45.27 1:35.65					
Men 65-69 50 SC Meter Freestyle						
1	Heath Eves, Mike	67	TECH	33.00	32.47	5
2	Leamen, Paull	66	TECH	32.00	33.69	3
3	Olsen, Mike	67	TECH	34.00	35.22	1
4	Barnes, Geoffrey	68	GREY	40.00	41.15	
Men 65-69 100 SC Meter Freestyle						
1	Heath Eves, Mike	67	TECH	1:12.00	1:10.69	5
	34.18 1:10.69					
2	Leamen, Paull	66	TECH	1:12.00	1:16.11	3
	34.73 1:16.11					
3	Olsen, Mike	67	TECH	1:20.00	1:19.03	1
	36.20 1:19.03					
Men 65-69 200 SC Meter Freestyle						
1	Heath Eves, Mike	67	TECH	2:45.00	2:41.03	5
	37.77 1:18.24 1:59.53 2:41.03					
2	Olsen, Mike	67	TECH	3:05.00	2:56.37	3
	41.36 1:28.11 2:14.67 2:56.37					
3	Leamen, Paull	66	TECH	2:45.00	3:01.90	1
	40.05 1:25.86 2:13.80 3:01.90					
Men 65-69 50 SC Meter Backstroke						
1	Barnes, Geoffrey	68	GREY	50.00	50.91	5

Men 65-69 100 SC Meter Backstroke						
1	Barnes, Geoffrey	68	GREY	1:55.00	1:48.73	5
	53.27	1:48.73				
Men 65-69 50 SC Meter Breaststroke						
1	Olsen, Mike	67	TECH	45.00	44.17	5
Men 65-69 100 SC Meter IM						
1	Olsen, Mike	67	TECH	1:45.00	1:50.99	5
	53.27	1:50.99				
Men 70-74 50 SC Meter Backstroke						
1	Durr, Larry	70	TECH	44.00	41.87	5
Men 70-74 100 SC Meter Backstroke						
1	Durr, Larry	70	TECH	1:35.00	1:31.41	5
	44.21	1:31.41				
Men 70-74 100 SC Meter IM						
1	Durr, Larry	70	TECH	1:35.00	1:35.16	5
	46.56	1:35.16				
Men 80-84 50 SC Meter Freestyle						
1	Hatch, Ken	82	SWYM	48.00	49.69	5
Men 80-84 100 SC Meter Freestyle						
1	Hatch, Ken	82	SWYM	1:52.00	1:49.78	5
	51.77	1:49.78				
Men 80-84 200 SC Meter Freestyle						
1	Hatch, Ken	82	SWYM	4:07.00	4:13.13	5
	56.97	2:01.37	3:09.15	4:13.13		
Men 80-84 50 SC Meter Backstroke						
1	Hatch, Ken	82	SWYM	1:00.00	1:08.09	5
Men 80-84 100 SC Meter Backstroke						
1	Hatch, Ken	82	SWYM	2:21.00	2:22.71	5
	1:10.10	2:22.71				

Team	SEED	Finals
Women 160-199 200 SC Meter Freestyle Relay		
-- Technosport 'A'	NT	X2:21.27
1) _____	2) Buckner, Wendy W50	
3) Milne, Kathleen W58	4) Grant, Fiona W49	
32.96 1:10.55 1:48.18 2:21.27		
Men 120-159 200 SC Meter Freestyle Relay		
-- Technosport 'A'	NT	X2:40.60
40.08 1:18.61 2:07.08 2:40.60		
Men 160-199 200 SC Meter Freestyle Relay		
1 Technosport 'A'	NT	1:20.81
1) Baumann, Alex M45	2) Weekes, Chris M40	
3) Dick, Scott M38	4) Bonneau, Louis David M29	
26.90 54.65 1:20.81 1:20.81		
Men 200-239 200 SC Meter Freestyle Relay		
1 Technosport 'A'	NT	2:06.00
1) Storm, Lee M39	2) McCarthy, Chris M42	
3) Leach, Peter M64	4) Read, Robert M55	

33.83 1:06.68 1:35.71 2:06.00

Men 240-279 200 SC Meter Freestyle Relay

1 Technosport 'A' NT 2:11.37
1) Heath Eves, Mike M67 2) Olsen, Mike M67
3) Leamen, Paull M66 4) Rogers, Phil M59
33.36 1:07.30 1:41.11 2:11.37

Mixed 120-159 200 SC Meter Freestyle Relay

1 Technosport 'A' NT 2:20.94
1) Couzens, Donald M33 2) Khan, Amna W31
3) Beedell, Jeff M51 4) Rowan-Legg, Anne W32
41.65 1:17.77 1:50.49 2:20.94
-- Ottawa Swim Club 'A' NT X2:09.90
1) Woodley, Kevin M34 2)
3) Roberge, Sophie W30 4) Yogi, Alvaro M29
33.40 1:08.43 1:41.65 2:09.90
