



## SHORT COURSE SWIM MEET

SUNDAY, JANUARY 29, 2012 - UNIVERSITY OF OTTAWA

| Name  | Age Team | Finals  | Points |
|---|----------|---------|--------|
| <b>Women 25-29 100 SC Meter Freestyle</b>   |          |         |        |
| -- Patterson, Tiffany                       | 29 TECH  | DQ      |        |
| <b>Women 25-29 50 SC Meter Breaststroke</b> |          |         |        |
| 1 Patterson, Tiffany                        | 29 TECH  | 44.66   | 5      |
| <b>Women 25-29 100 SC Meter IM</b>          |          |         |        |
| 1 Patterson, Tiffany                        | 29 TECH  | 1:23.41 | 5      |
| <b>Women 30-34 50 SC Meter Freestyle</b>    |          |         |        |
| 1 Sauve, Michelle                           | 33 ORCAS | 33.58   | 5      |
| 2 Jones, Aimee                              | 31 NMSC  | 35.20   | 3      |
| <b>Women 30-34 100 SC Meter Freestyle</b>   |          |         |        |
| 1 Sauve, Michelle                           | 33 ORCAS | 1:16.00 | 5      |
| 2 Bourgeois, Anne Marie                     | 32 ORCAS | 1:19.89 | 3      |
| <b>Women 30-34 50 SC Meter Backstroke</b>   |          |         |        |
| 1 Sauve, Michelle                           | 33 ORCAS | 38.79   | 5      |
| 2 Couzens, Christine                        | 31 TECH  | 44.14   | 3      |
| <b>Women 30-34 100 SC Meter Backstroke</b>  |          |         |        |
| 1 Jones, Aimee                              | 31 NMSC  | 1:31.61 | 5      |
| 2 Couzens, Christine                        | 31 TECH  | 1:33.96 | 3      |
| <b>Women 30-34 50 SC Meter Breaststroke</b> |          |         |        |
| 1 Bourgeois, Anne Marie                     | 32 ORCAS | 48.77   | 5      |
| <b>Women 30-34 50 SC Meter Butterfly</b>    |          |         |        |
| 1 Couzens, Christine                        | 31 TECH  | 43.40   | 5      |
| -- Jones, Aimee                             | 31 NMSC  | DQ      |        |
| <b>Women 30-34 100 SC Meter IM</b>          |          |         |        |
| 1 Sauve, Michelle                           | 33 ORCAS | 1:28.53 | 5      |
| 46.31 1:28.53                               |          |         |        |
| 2 Couzens, Christine                        | 31 TECH  | 1:33.11 | 3      |
| 3 Bourgeois, Anne Marie                     | 32 ORCAS | 1:33.51 | 1      |
| <b>Women 30-34 200 SC Meter IM</b>          |          |         |        |
| 1 Jones, Aimee                              | 31 NMSC  | 3:16.87 | 5      |
| <b>Women 35-39 50 SC Meter Freestyle</b>    |          |         |        |
| 1 Pritchard, Jennifer                       | 36 TECH  | 38.71   | 5      |
| <b>Women 35-39 100 SC Meter Freestyle</b>   |          |         |        |
| 1 Pritchard, Jennifer                       | 36 TECH  | 1:24.47 | 5      |
| <b>Women 35-39 50 SC Meter Backstroke</b>   |          |         |        |
| 1 Pritchard, Jennifer                       | 36 TECH  | 44.12   | 5      |

|  |                      |         |         |           |
|--|----------------------|---------|---------|-----------|
| <b>Women 35-39 100 SC Meter Backstroke</b>   |                      |         |         |           |
| 1  | Pritchard, Jennifer  | 36      | TECH    | 1:34.56 5 |
| <b>Women 35-39 100 SC Meter IM</b>           |                      |         |         |           |
| 1  | Pritchard, Jennifer  | 36      | TECH    | 1:36.45 5 |
| <b>Women 45-49 50 SC Meter Freestyle</b>     |                      |         |         |           |
| 1  | Ladanowski, Caroline | 45      | TECH    | 33.46 5   |
| <b>Women 45-49 100 SC Meter Freestyle</b>    |                      |         |         |           |
| 1  | Ladanowski, Caroline | 45      | TECH    | 1:13.41 5 |
| <b>Women 45-49 50 SC Meter Butterfly</b>     |                      |         |         |           |
| 1  | Ladanowski, Caroline | 45      | TECH    | 37.26 5   |
| <b>Women 45-49 100 SC Meter IM</b>           |                      |         |         |           |
| 1  | Ladanowski, Caroline | 45      | TECH    | 1:23.43 5 |
| <b>Women 45-49 200 SC Meter IM</b>           |                      |         |         |           |
| 1  | Ladanowski, Caroline | 45      | TECH    | 3:04.54 5 |
| <b>Women 50-54 50 SC Meter Freestyle</b>     |                      |         |         |           |
| 1  | Cooper, Tammy        | 50      | ORCAS   | 48.49 5   |
| <b>Women 50-54 100 SC Meter Freestyle</b>    |                      |         |         |           |
| 1  | Marshall, Lynn       | 51      | CAPS    | 1:05.87 5 |
| <b>Women 50-54 50 SC Meter Backstroke</b>    |                      |         |         |           |
| 1  | Cooper, Tammy        | 50      | ORCAS   | 1:02.25 5 |
| <b>Women 50-54 100 SC Meter Backstroke</b>   |                      |         |         |           |
| 1  | Marshall, Lynn       | 51      | CAPS    | 1:14.18 5 |
| <b>Women 50-54 100 SC Meter Breaststroke</b> |                      |         |         |           |
| 1  | Marshall, Lynn       | 51      | CAPS    | 1:30.11 5 |
| <b>Women 50-54 50 SC Meter Butterfly</b>     |                      |         |         |           |
| 1  | Cooper, Tammy        | 50      | ORCAS   | 58.25 5   |
| <b>Women 50-54 200 SC Meter Butterfly</b>    |                      |         |         |           |
| 1  | Marshall, Lynn       | 51      | CAPS    | 2:36.44 5 |
|  | 35.02                | 1:14.36 | 2:36.44 |           |
| <b>Women 50-54 100 SC Meter IM</b>           |                      |         |         |           |
| 1  | Marshall, Lynn       | 51      | CAPS    | 1:15.64 5 |
| 2  | Cooper, Tammy        | 50      | ORCAS   | 2:04.88 3 |
|  | 56.37                | 2:04.88 |         |           |
| <b>Women 50-54 200 SC Meter IM</b>           |                      |         |         |           |
| 1  | Marshall, Lynn       | 51      | CAPS    | 2:39.65 5 |
| <b>Women 55-59 50 SC Meter Freestyle</b>     |                      |         |         |           |
| 1  | Scheffler, Heiki     | 56      | TECH    | 53.69 5   |
| 2  | Tsang, Helen         | 58      | ORCAS   | 1:06.59 3 |
| <b>Women 55-59 100 SC Meter Freestyle</b>    |                      |         |         |           |
| 1  | Scheffler, Heiki     | 56      | TECH    | 2:03.33 5 |
| <b>Women 55-59 50 SC Meter Breaststroke</b>  |                      |         |         |           |
| 1  | Tsang, Helen         | 58      | ORCAS   | 1:06.89 5 |

|  |                  |    |       |           |
|--|------------------|----|-------|-----------|
| <b>Women 55-59 100 SC Meter Breaststroke</b> |                  |    |       |           |
| 1  | Tsang, Helen     | 58 | ORCAS | 2:23.37 5 |
| <b>Women 60-64 50 SC Meter Freestyle</b>     |                  |    |       |           |
| 1  | Rogers, Patricia | 60 | TECH  | 1:02.38 5 |
| <b>Women 60-64 100 SC Meter Freestyle</b>    |                  |    |       |           |
| 1  | Rogers, Patricia | 60 | TECH  | 2:25.02 5 |
| <b>Women 60-64 50 SC Meter Backstroke</b>    |                  |    |       |           |
| 1  | Rogers, Patricia | 60 | TECH  | 1:10.03 5 |
| <b>Women 60-64 50 SC Meter Butterfly</b>     |                  |    |       |           |
| 1  | Rogers, Patricia | 60 | TECH  | 1:14.61 5 |

| Name                                       |                     | Age | Team       | Finals  | Points |
|--|---------------------|-----|------------|---------|--------|
| <b>Men 18-24 50 SC Meter Freestyle</b>     |                     |     |            |         |        |
| 1  | Lightbody, Nicholas | 20  | CFST       | 25.89   | 5      |
| <b>Men 18-24 100 SC Meter Freestyle</b>    |                     |     |            |         |        |
| 1  | Lightbody, Nicholas | 20  | CFST       | 58.39   | 5      |
| <b>Men 18-24 50 SC Meter Butterfly</b>     |                     |     |            |         |        |
| 1  | Lightbody, Nicholas | 20  | CFST       | 27.84   | 5      |
| <b>Men 18-24 200 SC Meter IM</b>           |                     |     |            |         |        |
| 1  | Lightbody, Nicholas | 20  | CFST       | 2:27.87 | 5      |
| <b>Men 25-29 50 SC Meter Freestyle</b>     |                     |     |            |         |        |
| 1  | Nadeau, Mathieu     | 28  | ORCAS      | 29.72   | 5      |
| <b>Men 25-29 100 SC Meter Freestyle</b>    |                     |     |            |         |        |
| 1  | Nadeau, Mathieu     | 28  | ORCAS      | 1:08.42 | 5      |
| <b>Men 25-29 100 SC Meter Breaststroke</b> |                     |     |            |         |        |
| 1  | Nadeau, Mathieu     | 28  | ORCAS      | 1:36.09 | 5      |
| <b>Men 25-29 50 SC Meter Butterfly</b>     |                     |     |            |         |        |
| 1  | Nadeau, Mathieu     | 28  | ORCAS      | 30.86   | 5      |
| <b>Men 30-34 100 SC Meter Freestyle</b>    |                     |     |            |         |        |
| 1  | Delaney, Clayton    | 31  | Unattached | 1:08.84 | 5      |
| <b>Men 30-34 50 SC Meter Breaststroke</b>  |                     |     |            |         |        |
| 1  | Delaney, Clayton    | 31  | Unattached | 31.18   | 5      |
| <b>Men 35-39 50 SC Meter Freestyle</b>     |                     |     |            |         |        |
| 1  | Couzens, Donald     | 36  | TECH       | 33.02   | 5      |
| <b>Men 35-39 100 SC Meter Freestyle</b>    |                     |     |            |         |        |
| 1  | van Atta, Jim       | 38  | OHM        | 1:05.28 | 5      |
| <b>Men 35-39 50 SC Meter Backstroke</b>    |                     |     |            |         |        |
| 1  | Couzens, Donald     | 36  | TECH       | 45.09   | 5      |
| <b>Men 35-39 100 SC Meter Backstroke</b>   |                     |     |            |         |        |
| 1  | van Atta, Jim       | 38  | OHM        | 1:10.37 | 5      |
| <b>Men 35-39 100 SC Meter Breaststroke</b> |                     |     |            |         |        |
| 1  | van Atta, Jim       | 38  | OHM        | 1:21.71 | 5      |

|  |                  |    |       |           |
|--|------------------|----|-------|-----------|
| <b>Men 35-39 50 SC Meter Butterfly</b>     |                  |    |       |           |
| 1  | Couzens, Donald  | 36 | TECH  | 39.29 5   |
| <b>Men 35-39 100 SC Meter Butterfly</b>    |                  |    |       |           |
| 1  | van Atta, Jim    | 38 | OHM   | 1:11.03 5 |
| <b>Men 35-39 100 SC Meter IM</b>           |                  |    |       |           |
| 1  | Couzens, Donald  | 36 | TECH  | 1:27.98 5 |
| <b>Men 35-39 200 SC Meter IM</b>           |                  |    |       |           |
| 1  | Couzens, Donald  | 36 | TECH  | 3:16.64 5 |
| <b>Men 40-44 50 SC Meter Freestyle</b>     |                  |    |       |           |
| 1  | Timmermans, John | 40 | TECH  | 30.75 5   |
| 2  | Gobeil, Gilles   | 41 | TECH  | 41.64 3   |
| <b>Men 40-44 100 SC Meter Freestyle</b>    |                  |    |       |           |
| 1  | Timmermans, John | 40 | TECH  | 1:11.89 5 |
| 2  | Gobeil, Gilles   | 41 | TECH  | 1:39.26 3 |
| <b>Men 40-44 100 SC Meter Breaststroke</b> |                  |    |       |           |
| 1  | Dick, Scott      | 41 | TECH  | 1:18.38 5 |
| <b>Men 40-44 50 SC Meter Butterfly</b>     |                  |    |       |           |
| 1  | Dick, Scott      | 41 | TECH  | 29.89 5   |
| 2  | Timmermans, John | 40 | TECH  | 35.22 3   |
| <b>Men 40-44 100 SC Meter Butterfly</b>    |                  |    |       |           |
| 1  | Dick, Scott      | 41 | TECH  | 1:06.62 5 |
| 2  | Timmermans, John | 40 | TECH  | 1:33.30 3 |
| <b>Men 40-44 100 SC Meter IM</b>           |                  |    |       |           |
| 1  | Dick, Scott      | 41 | TECH  | 1:07.40 5 |
| <b>Men 40-44 200 SC Meter IM</b>           |                  |    |       |           |
| 1  | Dick, Scott      | 41 | TECH  | 2:30.32 5 |
| <b>Men 45-49 50 SC Meter Freestyle</b>     |                  |    |       |           |
| 1  | Blume, Karl      | 49 | TECH  | 48.41 5   |
| <b>Men 45-49 100 SC Meter Freestyle</b>    |                  |    |       |           |
| 1  | Blume, Karl      | 49 | TECH  | 1:57.09 5 |
| <b>Men 50-54 50 SC Meter Freestyle</b>     |                  |    |       |           |
| 1  | Raymond, Marty   | 50 | TECH  | 27.78 5   |
| 2  | Lehmkuhl, Brian  | 51 | TECH  | 32.30 3   |
| 3  | Lorimer, Ian     | 52 | TECH  | 34.22 1   |
| 4  | Smith, Kerry     | 54 | TECH  | 36.48     |
| <b>Men 50-54 100 SC Meter Freestyle</b>    |                  |    |       |           |
| 1  | Raymond, Marty   | 50 | TECH  | 1:01.31 5 |
| 2  | Lorimer, Ian     | 52 | TECH  | 1:14.77 3 |
| 3  | Lehmkuhl, Brian  | 51 | TECH  | 1:17.96 1 |
| 4  | Beauprie, Rod    | 51 | ORCAS | 1:22.21   |
| <b>Men 50-54 50 SC Meter Backstroke</b>    |                  |    |       |           |
| 1  | Smith, Kerry     | 54 | TECH  | 42.95 5   |
| <b>Men 50-54 100 SC Meter Backstroke</b>   |                  |    |       |           |
| 1  | Smith, Kerry     | 54 | TECH  | 1:33.97 5 |
| <b>Men 50-54 50 SC Meter Breaststroke</b>  |                  |    |       |           |
| 1  | Watson, Kevin    | 50 | TECH  | 37.55 5   |

|  |                 |    |       |         |   |
|--|-----------------|----|-------|---------|---|
| 2  | Beauprie, Rod   | 51 | ORCAS | 45.77   | 3 |
| <b>Men 50-54 100 SC Meter Breaststroke</b> |                 |    |       |         |   |
| 1  | Watson, Kevin   | 50 | TECH  | 1:25.63 | 5 |
| <b>Men 50-54 50 SC Meter Butterfly</b>     |                 |    |       |         |   |
| 1  | Raymond, Marty  | 50 | TECH  | 30.81   | 5 |
| 2  | Lorimer, Ian    | 52 | TECH  | 39.75   | 3 |
| 3  | Smith, Kerry    | 54 | TECH  | 40.29   | 1 |
| 4  | Lehmkuhl, Brian | 51 | TECH  | 40.42   |   |
| 5  | Beauprie, Rod   | 51 | ORCAS | 46.95   |   |
| <b>Men 50-54 100 SC Meter Butterfly</b>    |                 |    |       |         |   |
| 1  | Lehmkuhl, Brian | 51 | TECH  | 1:33.73 | 5 |
| 2  | Smith, Kerry    | 54 | TECH  | 1:37.44 | 3 |
| <b>Men 50-54 100 SC Meter IM</b>           |                 |    |       |         |   |
| 1  | Raymond, Marty  | 50 | TECH  | 1:12.59 | 5 |
| 2  | Watson, Kevin   | 50 | TECH  | 1:14.95 | 3 |
| 3  | Lehmkuhl, Brian | 51 | TECH  | 1:31.72 | 1 |
| 4  | Beauprie, Rod   | 51 | ORCAS | 1:35.16 |   |
| <b>Men 50-54 200 SC Meter IM</b>           |                 |    |       |         |   |
| 1  | Raymond, Marty  | 50 | TECH  | 2:39.22 | 5 |
| <b>Men 55-59 50 SC Meter Freestyle</b>     |                 |    |       |         |   |
| 1  | March, John     | 59 | TECH  | 29.09   | 5 |
| 2  | Wilson, Phil    | 57 | TECH  | 31.09   | 3 |
| 3  | Scapillato, Tim | 58 | TECH  | 36.01   | 1 |
| <b>Men 55-59 100 SC Meter Freestyle</b>    |                 |    |       |         |   |
| 1  | Wilson, Phil    | 57 | TECH  | 1:09.12 | 5 |
| 2  | Scapillato, Tim | 58 | TECH  | 1:19.06 | 3 |
| <b>Men 55-59 50 SC Meter Backstroke</b>    |                 |    |       |         |   |
| 1  | March, John     | 59 | TECH  | 33.48   | 5 |
| 2  | Read, Robert    | 58 | TECH  | 37.61   | 3 |
| <b>Men 55-59 100 SC Meter Backstroke</b>   |                 |    |       |         |   |
| 1  | March, John     | 59 | TECH  | 1:11.03 | 5 |
| <b>Men 55-59 50 SC Meter Breaststroke</b>  |                 |    |       |         |   |
| 1  | Read, Robert    | 58 | TECH  | 38.86   | 5 |
| 2  | Scapillato, Tim | 58 | TECH  | 46.67   | 3 |
| <b>Men 55-59 50 SC Meter Butterfly</b>     |                 |    |       |         |   |
| 1  | Wilson, Phil    | 57 | TECH  | 35.36   | 5 |
| 2  | Scapillato, Tim | 58 | TECH  | 46.76   | 3 |
| <b>Men 55-59 100 SC Meter Butterfly</b>    |                 |    |       |         |   |
| 1  | March, John     | 59 | TECH  | 1:09.84 | 5 |
| <b>Men 55-59 100 SC Meter IM</b>           |                 |    |       |         |   |
| 1  | Scapillato, Tim | 58 | TECH  | 1:38.38 | 5 |
| <b>Men 60-64 50 SC Meter Freestyle</b>     |                 |    |       |         |   |
| 1  | Rogers, Phil    | 62 | TECH  | 32.25   | 5 |
| 2  | Kennedy, Don    | 62 | ORCAS | 36.08   | 3 |
| <b>Men 60-64 100 SC Meter Freestyle</b>    |                 |    |       |         |   |
| 1  | Rogers, Phil    | 62 | TECH  | 1:12.68 | 5 |
| 2  | Kennedy, Don    | 62 | ORCAS | 1:25.78 | 3 |

|   |                  |    |       |           |
|---|------------------|----|-------|-----------|
| <b>Men 60-64 50 SC Meter Butterfly</b>    |                  |    |       |           |
| 1   | Rogers, Phil     | 62 | TECH  | 39.34 5   |
| <b>Men 60-64 100 SC Meter IM</b>          |                  |    |       |           |
| 1   | Kennedy, Don     | 62 | ORCAS | 1:39.63 5 |
| <b>Men 60-64 200 SC Meter IM</b>          |                  |    |       |           |
| 1   | Kennedy, Don     | 62 | ORCAS | 3:52.58 5 |
| <b>Men 65-69 50 SC Meter Freestyle</b>    |                  |    |       |           |
| 1   | Leach, Peter     | 67 | TECH  | 33.14 5   |
| 2   | Jowett, Alan     | 65 | OTTY  | 36.24 3   |
| 4   | Chalmers, Jamie  | 69 | CAPS  | 38.67     |
| <b>Men 65-69 100 SC Meter Freestyle</b>   |                  |    |       |           |
| 1   | Leach, Peter     | 67 | TECH  | 1:15.90 5 |
| 2   | Chalmers, Jamie  | 69 | CAPS  | 1:30.33 3 |
| <b>Men 65-69 50 SC Meter Backstroke</b>   |                  |    |       |           |
| 1   | Leach, Peter     | 67 | TECH  | 41.73 5   |
| --  | Chalmers, Jamie  | 69 | CAPS  | DQ        |
| <b>Men 65-69 100 SC Meter Backstroke</b>  |                  |    |       |           |
| 1   | Leach, Peter     | 67 | TECH  | 1:33.00 5 |
| 2   | Chalmers, Jamie  | 69 | CAPS  | 1:42.47 3 |
| <b>Men 65-69 50 SC Meter Breaststroke</b> |                  |    |       |           |
| 1   | Jowett, Alan     | 65 | OTTY  | 45.60 5   |
| <b>Men 65-69 100 SC Meter IM</b>          |                  |    |       |           |
| 1   | Jowett, Alan     | 65 | OTTY  | 1:30.21 5 |
| <b>Men 65-69 200 SC Meter IM</b>          |                  |    |       |           |
| 1   | Jowett, Alan     | 65 | OTTY  | 3:20.77 5 |
| <b>Men 70-74 50 SC Meter Freestyle</b>    |                  |    |       |           |
| 1   | Olsen, Michael   | 70 | TECH  | 33.80 5   |
| 2   | Heath Eves, Mike | 70 | TECH  | 34.49 3   |
| <b>Men 70-74 100 SC Meter Freestyle</b>   |                  |    |       |           |
| 1   | Heath Eves, Mike | 70 | TECH  | 1:21.15 5 |
| 2   | Olsen, Michael   | 70 | TECH  | 1:22.84 3 |
| <b>Men 70-74 200 SC Meter Freestyle</b>   |                  |    |       |           |
| 1   | Heath Eves, Mike | 70 | TECH  | 2:55.38 5 |
| 1   | Olsen, Michael   | 70 | TECH  | 3:09.09 3 |

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**Team**

**Finals**

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**Women 120-159 200 SC Meter Freestyle Relay**

|       |                          |                            |
|-------|--------------------------|----------------------------|
| 1     | Technosport 'A'          | 2:21.84                    |
| 1)    | Couzens, Christine W31   | 2) Pritchard, Jennifer W36 |
| 3)    | Ladanowski, Caroline W45 | 4) Patterson, Tiffany W29  |
| 36.27 | 1:15.29 1:49.01          | 2:21.84                    |

**Men 200-239 200 SC Meter Medley Relay**

|       |                    |                      |
|-------|--------------------|----------------------|
| 1     | Technosport 'A'    | 2:07.43              |
| 1)    | March, John M59    | 2) Watson, Kevin M50 |
| 3)    | Raymond, Marty M50 | 4) Dick, Scott M41   |
| 33.58 | 1:09.59 1:41.15    | 2:07.43              |

**Men 240-279 200 SC Meter Freestyle Relay**

1 Technosport 'A' 2:12.27  
1) Read, Robert M58 2) Olsen, Michael M70  
3) Heath Eves, Mike M70 4) Leach, Peter M67  
29.49 1:03.52 1:39.46 2:12.27

**Mixed 120-159 200 SC Meter Freestyle Relay**

1 Hawkesbury Masters 'A' 2:13.47  
1) Sauve, Michelle W33 2) Bourgeois, Anne Marie W32  
3) Beauprie, Rod M51 4) Nadeau, Mathieu M28  
33.86 1:08.89 1:44.32 2:13.47